

June 2021



June is Recreation & Parks Month

Active living is healthy living!

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		1 Visit the webpage #RecFromHome for lots of fun activities & ideas!	2 Download your JRPM Bingo & Activity book #RecAndParksMonth	3 Participate in our Photo Scavenger Hunt #RecAndParksMonth	4 Download and participate in our colouring contest for Water safety week	5 Decorate your driveway like an art gallery 
6 Create a circuit fitness challenge for your household!	7 Plan outdoor Water Games with your family 	8 Draw a picture of yourself swimming safely and share using #RecAndParksMonth	9 Check out the Lifesaving society's Water Smart Activities for Kids!	10 Family walk around the neighbourhood	11 Enjoy a family game Night #RecAndParksMonth 	12 Sing or write a song about summer #RecAndParksMonth
13 Design your own hopscotch court using chalk or masking tape	14 Learn some origami of your favourite animals	15 Hike the Petersburg Crown Land #RecAndParksMonth 	16 Have a freeze dance party	17 Go Bird Watching #RecAndParksMonth 	18 Collect rocks & sticks, then make a craft out of them	19 Go for a family bike ride
20 Canoe the Nith	21 Get some ice cream & visit a park 	22 Play basketball with family at Scott Park	23 Walk the Baden Hills Trails #RecAndParksMonth	24 Family Picnic at Scott Park	25 Play tennis at Beck Park #RecAndParksMonth	26 Have a family campfire #RecAndParksMonth 
27 Hike Schmidt's Trail #RecAndParksMonth	28 Have a BBQ and spend time outside tonight listening to nature 	29 Nature Scavenger Hunt & Nature Crafts from #RecFromHome	30 Play soccer at your closet park with members of your household			



#JRPM2021



