


Outdoor Family Game Night Activity Plan

| ACTIVITIES, RULES AND EXPLANATIONS | SUPPLIES |
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| <p>Lawn Twister</p> <ul style="list-style-type: none"> - Paint a “twister board” onto your lawn and get started! I cut a 10 inch circle out of a pizza box and used it for my template, then made the circles using contractors marking spray paint (that washes off.) - You can use a string or eye ball the placement of the dots to make straight lines  | <ul style="list-style-type: none"> - Pizza box - Scissors - 4 spray paint cans |
| <p>Family Relay</p> <ul style="list-style-type: none"> - Organize into teams that include “real” runners, non-runners and little kids. Everyone on the team runs the distance that works for them while the rest of their team follows along in the team car. Some people might run a few miles, while others a few yards. But <i>everyone</i> cheers each other on whole-heartedly! | <ul style="list-style-type: none"> - Open space |
| <p>DIY Giant Jenga</p> <ul style="list-style-type: none"> - First, you need to buy enough 2×4 boards to cut into forty-eight 10 1/2 inch pieces. - You can cut the boards yourself or have them cut at your local lumber yard. - Try to avoid wood that has large knots or holes in it. - Next, sand all the edges so everything is smooth and can slide easily across each other. | <ul style="list-style-type: none"> - 48 pieces of 2-4-10 1/2 inches - 5 Paint colours |

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| <ul style="list-style-type: none"> - Last, paint the ends in five different colors - Play Jenga! | |
| <p>Water Balloon Dodgeball</p> <ul style="list-style-type: none"> - Like your typical dodgeball game but with Water Balloons - Be sure to fill them large enough to throw like a ball | <ul style="list-style-type: none"> - Water balloons - Water |
| <p>Blanket Drag Race</p> <ul style="list-style-type: none"> - Grab two blankets and the goal is to pull your team mate across the lawn the fastest | <ul style="list-style-type: none"> - Blankets |
| <p>Glow in the dark Lawn Bowling</p> <ul style="list-style-type: none"> - Remove any labels from your water bottles. If water bottles are new and still contain water, pour out a little off the top to allow for the glow stick you'll be adding. - Crack the glow sticks to activate them (according to package directions) and drop one glow stick in each bottle. Replace the lid on the bottle securely. - Line bottles up like bowling pins. The back row should have 4 pins, the next row will have 3, next 2, and finally 1 at the front. - To keep the game fair, especially if you have a range of ages playing, set a distance for each age group. Smaller children are allowed to stand closer to the pins while older kids that need more of a challenge should stand farther back. <p>Glow in the Dark Bowling is a fun game that can be played year round and will provide plenty of giggles and smiles.</p> | <ul style="list-style-type: none"> - 10 Plastic Water bottles - Water - 10 glow sticks - Soccer ball |