

Bathtub tips

Make the tub fun for younger children – build water confidence to help with swimming!



How to make swimming fun. Bathtubs can be used to help make our young swimmers more comfortable in the water. Bathtub time isn't always about getting clean. It can be used to help with basic swimming techniques.

To help set the environment so that young child or baby knows the difference between bath time and play time:

- Put on your child's swim suit when we are just playing.
- Cool the temperature of the water for play time.
- Bring in water safe toys into the tub.
- **NEVER leave our child unattended**

Fun Activities for the tub:

Blowing bubbles <ul style="list-style-type: none">• Noisy bubbles, quiet bubbles, big bubbles, little bubble, crazy bubbles.• Bubbles while making animal sounds.• Blow bubbles on a cup of water.	Face wet <ul style="list-style-type: none">• Sing songs – Dunk dunk, IF your happy and you know it, dunk dunk, hockey pokey, fishy wishy• Dump a cup of water on your head. (make your hair grow)
Laying on your tummy and putting your eyes in <ul style="list-style-type: none">• Can you see the fish?• Can you blow bubbles at the same time?	Laying on your back and putting your ears in. <ul style="list-style-type: none">• Can you look up? What do you see?

What other fun games can you come up with?