

# Bingo 2025

Recreation and Parks Month Active living is healthy living



JUNE IS RECREATION AND PARKS MONTH

**Snap a photo of each item as you complete them.**

**When you get BINGO email**  
**[misha.habel@wilmot.ca](mailto:misha.habel@wilmot.ca)**

**for a chance to win a Free Family Swim Pass**

**#JRPMinWilmot**

|  |   |   |
|--|---|---|
| Go for a swim at the recreation complex.   | Go for a walk on the Mike Scout Wetlands.             | Go for a bike ride around your neighborhood.                      |
| Participate in one of the TRY IT programs. | Get active, play a sport, pickleball or go for a run. | Share a photo of you on participating in recreation #JRPinWilmot. |
| Have a picnic in the park.                 | 5 min meditation.                                     | Visit the Splash Pad at Wilmot Recreation Complex.                |

