


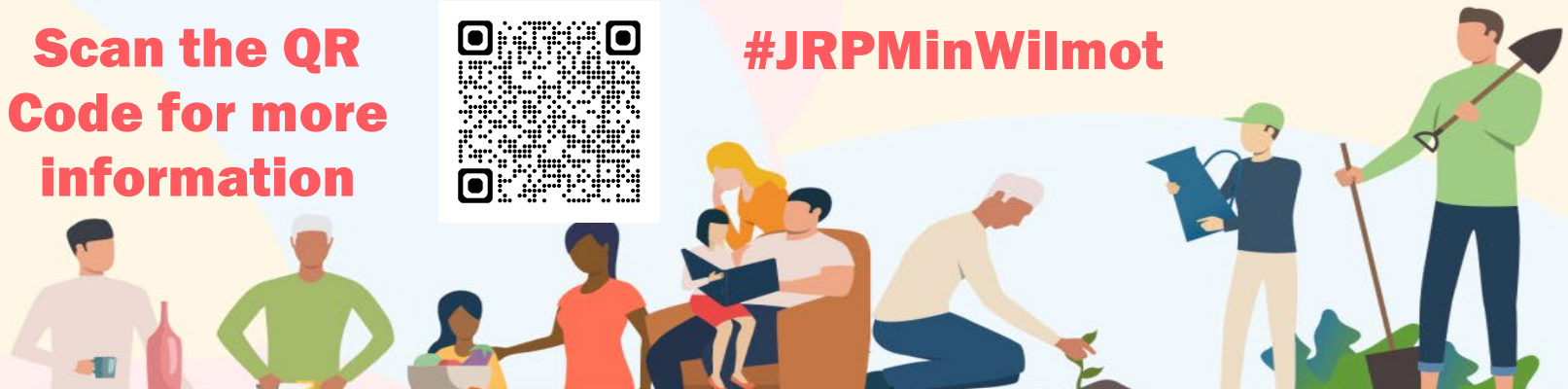


June 2025



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1 Its Recreation and Parks look at the monthly challenges and TRY – IT PROGRAMS .	2 Celebrate Environment Week by exploring the <u>Mike Schout Wetlands Preserve</u> .	3 It's World bicycle Day! Grab your helmet and get some exercise on the <u>Schmidt Woods Trail</u> .	4 Download your JRPM Bingo & colouring page or pick up at the Wilmot Recreation Complex.	5 TRY – IT PROGRAM \$1.00 High Intensity Aquafit 12:10pm – 12:50pm	6 TRY – IT PROGRAM Family Lessons \$23.01 5:00pm – 5:30pm and Evening open swim \$2.50 7:30pm – 9:00pm	7  Enjoy an Afternoon picnic with your family at the Arboretum in New Hamburg.
8 Visit your closest neighborhood park, check out our <u>Interactive Search Tool</u> .	9 Download and participate in our colouring contest for Water safety week LINK	10 TRY – IT PROGRAM \$1.00 High Intensity Aquafit 6:45am – 7:30am	11 Cloud watch of Star Gaze at <u>Haysville Community Park</u> .	12 TRY – IT PROGRAM \$1.00 All Ages Pickleball Register pick up HUB.	13 Visit the outdoor pickleball courts at the <u>New Dundee Community Park</u> .	14 Visit Castle Kilbride for Whimsy and Wonder 10am or 1 pm registration required.
15 Celebrate Dad today by exploring any of our 10 trails here in Wilmot!	16 Complete 5 minutes of meditation to ground yourself.	17 TRY – IT PROGRAM \$1.00 Step and Strength 5:30pm – 6:30pm Wilmot Recreation Complex	18 Visit Livingston Square and <u>Castle Kilbride</u> to learn about the history in our community.	19 TRY – IT PROGRAM \$1.00 FUNdamentals 9:00am – 10:00am Wilmot Recreation Complex	20 Celebrate Summer Solstice by hiking <u>Walker Woods Trail</u> , collect leaves & get creative at home.	21 Pack a picnic dinner at the <u>Petersburg Community Park</u> .
22 Plan a <u>Backyard Family Obstacle Course</u> for some friendly competition.	23 TRY – IT PROGRAM \$1.00 Aquafun 6:30pm – 7:30pm	24 TRY – IT PROGRAM \$1.00 Chair Yoga 10:45am – 11:45am Wilmot Recreation Complex.	25 Bingo and colouring contest due today at 5:00pm.	26 Go for a walk with your family around your neighborhood.	27 The winner announced for colouring contest and Bingo card.	28 Celebrate the end of the school year this week with a visit the <u>Splash Pad</u> .
29 Celebrate Canada Day weekend with an adventure on the Nith river from the boat launch at <u>Scott Park</u> .	30  Celebrate JRPM with your favourite activity and share a photo of you online with the hashtag. #JRPMInWilmot	<div> <div>Scan the QR Code for more information</div> <div>  </div> <div>#JRPMInWilmot</div> </div>				



Bingo 2025

Recreation and Parks Month Active living is healthy living



JUNE IS RECREATION AND PARKS MONTH

Snap a photo of each item as you complete them.

When you get BINGO email
misha.habel@wilmot.ca

for a chance to win a Free Family Swim Pass

#JRPMinWilmot

Go for a swim at the recreation complex.	Go for a walk on the Mike Scout Wetlands.	Go for a bike ride around your neighborhood.
Participate in one of the TRY IT programs.	Get active, play a sport, pickleball or go for a run.	Share a photo of you on participating in recreation #JRPinWilmot.
Have a picnic in the park.	5 min meditation.	Visit the Splash Pad at Wilmot Recreation Complex.

#JRPM2025

