

ALC September 2025

FOR QUESTIONS & SUGGESTIONS EMAIL: ALC@COMMUNITYCARECONCEPTS.CA

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1. ALC Closed - Labour Day	2. 9:00-12:00 - Coffee Club & Billiards 9:00-12:00 - Creation Circle 11:00 -12:00 - Garden Club 1:00-2:00 - Learn Together Workshop 2:15-3:30 - Music Bingo: TV Themes	3. 9:00-9:45 - Free Exercise class by CCC 10:00-10:45- Free Exercise class by CCC 11:00-12:00 - Coffee Club 1:00-3:30 - Billiards 1:00-3:30 - TechKnow	4. 9:00-12:00 - Coffee Club & Billiards 9:00-12:00 - Scrapbooking 9:00-12:00 - Creation Circle 1:00-4:00 - Scrabble & Games 2:00-4:00 - Colouring Club	5. 9:00-9:45 - Free Exercise class by CCC 10:00-10:45 - Free Exercise class by CCC 11:00-12:00 - Coffee Club 1:30-3:30 - Friday Craft: Embroidery Painting Part 2
8. 9:00-9:45 - Free Exercise class by CCC 10:00-10:45- Free Exercise class by CCC 11:00-12:00 - Coffee Club 1:00-4:00 - Billiards 1:00-4:00 - Monday Movie & Chat	9. 9:00-12:00 - Coffee Club & Billiards 9:00-12:00 - Creation Circle: Fleece Blankets 1:00-2:00 - Learn Together Workshop 2:00-3:00 - Phase 10 3:00-4:00 - Bible Study: Acts	10. 9:00-9:45 - Free Exercise class by CCC 10:00-10:45- Free Exercise class by CCC 11:00-12:00 - Coffee Club 1:00-3:30 - Billiards 1:30-3:30 - Crokinole, Chess, and Checkers	11. 9:00-12:00 - Coffee Club & Billiards 9:00-12:00 - Scrapbooking 9:00-12:00 - Creation Circle 11:00 -12:00 - Garden Club 1:00-4:00 - Card Games 2:00-4:00 - Colouring Club	12. 9:00-9:45 - Free Exercise class by CCC 10:00-10:45 - Free Exercise class by CCC 11:00-12:00 - Coffee Club 1:30-3:30 - Friday Craft: Scrapbook Paper Pumpkin
15. 9:00-9:45 - Free Exercise class by CCC 10:00-10:45- Free Exercise class by CCC 11:00-12:00 - Coffee Club 1:00-4:00 - Billiards 1:00-4:00 - Monday Movie & Chat	16. 9:00-12:00 - Coffee Club & Billiards 9:00-12:00 - Creation Circle 11:00 -12:00 - Garden Club 1:00-2:00 - Learn Together Workshop 2:15-3:30- Music Bingo: 60s	17. 9:00-9:45 - Free Exercise class by CCC 10:00-10:45- Free Exercise class by CCC 11:00-12:00 - Coffee Club 12:00-2:00 - Congregate Dining* 1:00-3:30 - Billiards 1:00-3:30 - TechKnow	18. 9:00-12:00 - Coffee Club & Billiards 9:00-12:00 - Scrapbooking 9:00-12:00 - Creation Circle 9:00-12:00 - Birthday Club 1:00-2:00 - Book Club Discussion 2:00-4:00 - Colouring Club	19. 9:00-9:45 - Free Exercise class by CCC 10:00-10:45 - Free Exercise class by CCC 11:00-12:00 - Coffee Club 1:30-3:30 - Friday Craft: Step-by-Step Painting with Jill from Dundee Doodle
22. 9:00-9:45 - Free Exercise class by CCC 10:00-10:45 - Free Exercise class by CCC 11:00-12:00 - Coffee Club 1:00-4:00 - Billiards 1:00-4:00 - Monday Movie & Chat	23. 9:00-12:00 - Coffee Club & Billiards 9:00-12:00 - Creation Circle: Fleece Blankets 1:00-2:00 - Learn Together Workshop 2:00-3:00 - Brain Games 3:00-4:00 - Bible Study: Acts	24. 9:00-9:45 - Free Exercise class by CCC 10:00-10:45- Free Exercise class by CCC 11:00-12:00 - Coffee Club 1:00-4:00 - Billiards 1:30-3:30 - Euchre & Cards	25. 9:00-12:00 - Coffee Club & Billiards 9:00-12:00 - Scrapbooking 9:00-12:00 - Creation Circle 11:00-12:00 - Garden Club 1:00-2:00- Puzzle Club 2:00-4:00 - Colouring Club	26. 9:00-9:45 - Free Exercise class by CCC 10:00-10:45 - Free Exercise class by CCC 11:00-12:00 - Coffee Club 1:30-3:30 - Friday Craft: Stamped Book Decor
29. 9:00-9:45 - Free Exercise class by CCC 10:00-10:45 - Free Exercise class by CCC 11:00-12:00 - Coffee Club 1:00-4:00 - Billiards 1:00-4:00 - Monday Movie & Chat	30. 9:00-12:00 - Coffee Club & Billiards 9:00-12:00 - Creation Circle 11:00 -12:00 - Garden Club 1:00-2:00 - Learn Together Workshop 2:15-3:30- Music Bingo: 80s Music			RED: Registration Required BLACK: Drop in Program BLUE: Special Series GREEN: Guest Speaker * : Fees Associated

BILLIARDS/SNOOKER

Drop in throughout the week for billiards or snooker at no charge.

SMART GENTLE EXERCISE CLASS BY CCC - FREE

Community Care Concepts invites you to attend a FREE 45 minute gentle exercise class for seniors, to aid in the daily tasks of stretching, lifting and reaching. Each class has a capacity of 25 participants on a first come, first served basis.

COFFEE CLUB

Drop in for coffee, tea, and treats weekday mornings at no charge.

BOOK CLUB DISCUSSION

Join us on September 18th as we discuss *The School for Good Mothers* by Jessamine Chan and receive our next book for October.

CONGREGATE DINING

Join us on September 17th for a delicious meal of *Garden Salad, Chicken, Roasted Potatoes, Bean & Carrot Medley, Apple Crisp & Ice Cream, Tea & Coffee*. This lunch will be held the **third Wednesday each month** going forward, and pre-registration is required by **noon September 12th, 2025**. To sign up, call 519-664-1900 or Toll Free: 1-855-664-1900. The fee for this meal is **\$14**.

CREATION CIRCLE

Calling all creatives! This is time for you to work on your knitting, crocheting, embroidery, or any craft you love. We will also crochet (or knit) various items to donate.

GAMES & CARDS

Step right in for exhilarating card and board games – the fun never stops! Beginners and pros are all welcome here.

GARDEN CLUB

Join us alternate Tuesdays and Thursdays for some indoor gardening. Grow micro-greens, herbs, flowers, and other plants that you can enjoy at home.

GUEST SPEAKER

This month our guest speaker is a guest painter! The class will be held on September 19th in the afternoon and pre-registration is required.

LEARN TOGETHER

This series gives us the opportunity to learn about pieces of history we may be unfamiliar with as well as learn different skills, if desired. If you have a skill or topic you'd like to teach or learn, email us at alc@communitycareconcepts.ca. Topics this month will include "The Inca Civilization" (September 2), "Cheese, Chocolate, Pizza and their history" (September 9), "Education Throughout the Ages" (September 16), "History of Great Zimbabwe" (September 23), and "Fashion through the Ages: Part 3" (September 30).

MUSIC BINGO

Join us for bi-weekly on Tuesday afternoons as we revisit some old favourites and discover some new songs.

MONDAY MOVIES & CHAT

Join us as we screen a blockbuster film and indulge in delicious popcorn. This month's movie features are *The Family Stone* (September 8), *Grumpy Old Men*

(September 15), *Bridget Jones's Diary* (September 22) and *Runaway Jury* (September 29).

PUZZLE CLUB

Calling all puzzle enthusiasts! Join us for our social puzzle time as we work through different puzzles together.

SCRAPBOOKING

Come and scrapbook with friends new and old! We have plenty of supplies so bring your scrapbooks and pictures and come here for the rest.

BIRTHDAY CLUB

Join us for this series where we will celebrate all of the birthdays of the month! Come if it's your birthday or to celebrate others! Refreshments will be provided and you are welcome to bring cards or gifts for the birthday individuals if you wish.

COLOURING CLUB

Connect with friends new and old as we relax with adult colouring books. We provide the colouring pages, just bring yourself! No registration required.

TECH-KNOW

Sign up for guidance with your technological troubles! Register in advance in the ALC on the clipboard for timeslot with a general description of assistance needed.

BIBLE STUDY

Please feel free to join us as we dive deeper into the Word of God as a community every other Tuesday afternoon. All backgrounds are welcome to join; passage is provided!

CRAFTS & MINI CRAFTS- Please see flyer for examples

PLEASE NOTE: All CCC Crafts require registration in the ALC, through email at alc@communitycareconcepts.ca, or over the phone 519-634-9225 ext. 9340#.

Embroidery Painting Part 2 - Enjoy an afternoon of creativity by embroidering a image on a canvas. Registration for this craft is meant as the second part of the craft, first half should be completed beforehand due to time constraints.

Step-by-Step Painting with Jill from Dundee Doodle - Join us as we paint a beautiful scene with guest instructor Jill Bossence from Dundee Doodle!

Stamped Book Decor - Come on over to repurpose some old books in need of a new role as cute décor for your home!

Scrapbook Paper Pumpkins - Come and make some fun paper pumpkins with scrapbooking paper! If you have toilet paper rolls, feel free to bring them as they will be used for this craft!