



Facilities & Recreation Services

WILMOT Recreation Guide

2019 FALL & WINTER • WILMOT.CA

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- Before and/or after School • Summer Day Camp

Programs are based on Emergent curriculum encompassing the Four Foundations of How Does Learning Happen? Belonging, Expression, Well-Being and Engagement. These are conditions children naturally seek for themselves and we provide profession educators in an environment that fosters that learning.



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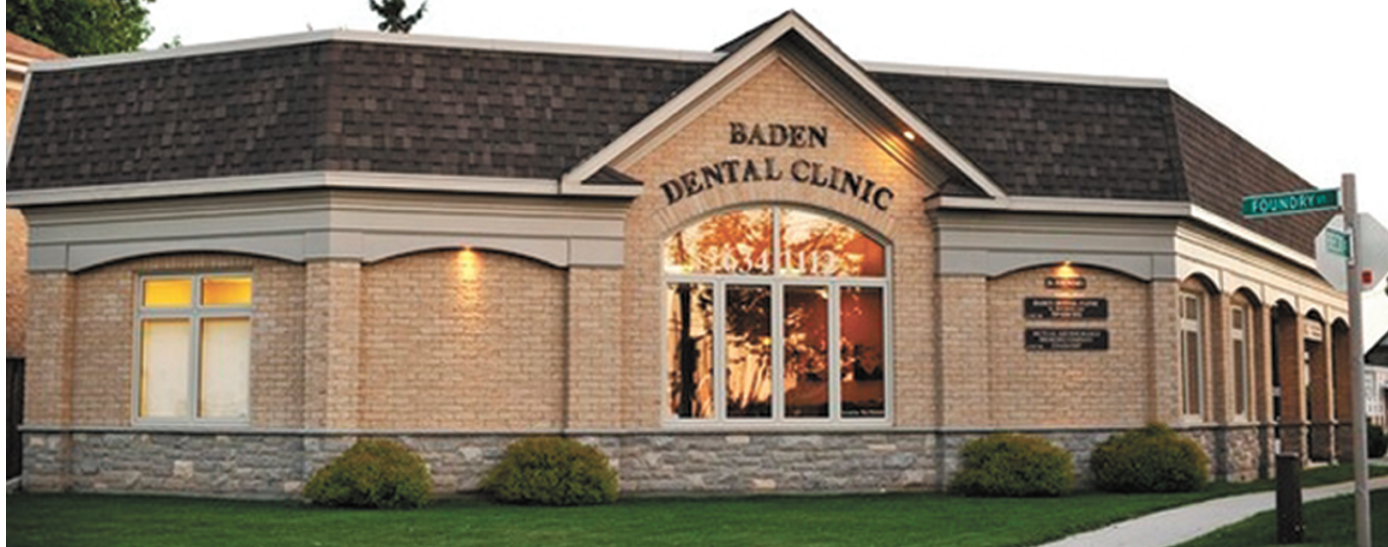


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Sat. & Sun	Closed



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& Nancy Pereira

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Dear Residents:

On behalf of the Township Council, I would like to welcome you to the 2019 & 2020 Fall and Winter Community Recreation Guide.

As the leaves change colour I encourage you to think about how to make our community brighter with your involvement. Within these covers are pages of opportunities to get involved in YOUR Wilmot. We encourage you to visit our parks and trails and celebrate all that our countryside community has to offer. Sports, volunteering, recreation, learning and community engagement opportunities are just a few ways to get involved, but I assure you that there is something for each of you.

Community events and festivals are always in need of volunteers. Even as little as one hour goes a long way in keeping the special events going.

To keep up to date on the great community events be sure to visit our website www.wilmot.ca regularly and check out the Community Calendar. You can also add your meetings and events to the Community Calendar to share with others about the great work that your group or service club are creating that make Wilmot thrive.

Don't forget to follow us on twitter @WilmotTownship.

For now, LIVE WELL, PLAY WELL AND BE SAFE!

Sincerely,
Mayor Les Armstrong

The Corporation of the Township of Wilmot
60 Snyder's Road West, Baden, ON N3A 1A1
Phone: 519-634-8444 Fax: 519-634-5522



2018-2022 Township Council Members

MAYOR

Les Armstrong

COUNCILLOR Ward 1

COUNCILLOR Ward 2

COUNCILLOR Ward 3

COUNCILLORS Ward 4

Chief Administrative Officer

Director of Clerk Services

Business:	519-634-8444
Cell:	226-748-8971
Angie Hallman	519-998-3983
Cheryl Gordijk	519-998-8317
Barry Fisher	519-807-8597
Jeff Gerber	519-496-5769
Jennifer Pfenning	519-998-6029
Grant Whittington	519-634-8444
Dawn Mittelholtz	519-634-8444

Council Meetings

For information, including council agendas, minutes and community news, please access the Township of Wilmot website at www.wilmot.ca

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Disclaimer: Although every effort is taken to ensure accuracy in this book the Township of Wilmot and New Hamburg Independent will not assume any liability for damages due to errors or omissions.

Township Office Departments

Administration

Township Administration
Canine Control
Birth and Death Registration
By-law Enforcement
Council Secretariat
Dog Tags
Municipal Election Information
Kennel Licensing
Land Purchases and Sales
Lottery Licensing
Marriage Licensing/Civil Marriage Services
Municipal Drains
Property Standards
Reception

Finance

Accounting/Financial Analysis
Accounts Receivable – sewer, water & taxes
Accounts Payable
Budget Preparation and Reporting
Purchasing
Tax Information

Fire and Specialized Services

Emergency Planning
Fire Protection & Prevention

Engineering Services

Crossing Guards
Locates
Parking/Traffic Design
Road Maintenance/Construction
Site Plan Review
Water and Sewer Maintenance/Construction

Development Services

Building Permits & Inquiries
Committee of Adjustment
Compliance Letters
Condominium Approvals
Development Charge By-law
Economic Development

Development Services continued

Land Purchases/Sales
Municipal Addressing
Official Plan Amendments
Parkland Development
Planning Inquiries
Property Severance
Site Plan Review
Subdivision Approvals
Website
Zoning – changes, complaints & inquiries

Facilities and Recreation Services

Cemeteries
Community Centres
Community Development
Environmental Services
Facility Scheduling
Grants to Community Groups
Wilmot Recreation Complex
New Hamburg Arena
Park & Facility Operations and Maintenance
Parkland Development
Reforestation
Recreation Services
Wilmot Aquatic Centre
Recreation Programming

Webbing into the Township

Visit the Township of Wilmot web site and get informed of the variety of services.

- 2018-2020 council information
- Read Council Minutes and Agendas
- Castle Kilbride Museum information
- Township Departments
- Information Bulletins
- Check Out Clubs and Services in the Community
- Community Profile
- Embracing Change
- New Hamburg Independent Community Newspaper
- The Baden Outlook
- Well Testing Information
- www.wilmot.ca



Heritage Wilmot

The Heritage Wilmot Advisory Committee preserves and promotes the rich heritage of Wilmot Township. The committee assists with designations of heritage properties, celebrates local and regional heritage days and participates in Doors Open Waterloo Region. Join Heritage Wilmot on Saturday February 22, 2020 at The St Agatha Community Centre from 10am-3pm. Admission is free!
www.heritagewilmot.ca

It's time to re-visit the Oasis in the Centre !

Wilmot Centre features resident Ruth Abernethy's Leap of Faith artistic work on display. Oasis in the Centre was a special project that commemorated the 150th anniversary of Wilmot Township (1850-2000). Enjoy the park and be part of its heritage.

Adopt-A-Road Program

The Township of Wilmot's ADOPT-A-ROAD program has been established as a public service for volunteers to enhance the local litter collection activities of the Township of Wilmot by picking up litter along the Township road right-of-ways.

It is a way environmentally conscious citizens, community and civic organizations, private businesses, and industry can contribute to a cleaner and more beautiful road system.

Contact: 519-634-8444 for more information.

Due to the overwhelming success of online registration, The Township of Wilmot Facilities & Recreation Services Department **will not be offering the Registration Fair.**

Anyone needing **assistance with online registration** should contact **Crystal** at **519-634-8444 ext. 226.** or go to our website at **www.wilmot.ca** for program and contact information, or access the online Recreation Guide.



Recreation Programming Cancellations

Classes may be cancelled in the event of insufficient registration.

We reserve the right to change, cancel or alter class times or instructors if deemed necessary.

Courses will be cancelled no later than **one week prior** to the course start date.

Participants will be contacted via phone in the event of a cancellation.

Fall Leaves and Yard Waste Collection Program

The Region of Waterloo will collect leaves/yard waste from eligible households as part of the yard waste collection program. Items to remember:

- Yard waste collection is every second week, opposite of garbage collection, no limit
- Place all items to the curb by 7 a.m.
- Find collection dates on the app, the waste calendar, or on the website regionofwaterloo.ca

Containers

- Yard waste bags and/or re-useable containers (marked with a bright ribbon or a yard waste sticker - call 519-575-4400 to get yours!) are accepted.
- Containers/yard waste bags must weigh less than 23 kilograms (50 pounds)
- Yard waste will not be collected in plastic bags, blue boxes, green bins or cardboard boxes.



Not accepted in the yard waste program:

- Branches greater than 7.5 centimetres (3 inches) in diameter; stumps of any size; patio stones; plastic/concrete planters; glass, rocks, gravel.

Yard waste to the curb after the program has ended will go to landfill and count towards your garbage bag limit (if bagged or in garbage cans) or bulky item limit (if bundled).

Interested in alternatives to bagging your leaves? Check out our website for more information regionofwaterloo.ca

Snow Removal

Snow Plowing Do's and Don'ts

1) Help Your Hydrant

If your hydrant is buried by drifts or snowbanks, please dig it out or call the Public Works Department at 519-634-8444

2) Remember....You Have 24 Hours

All property owners are required to remove snow and ice on the sidewalks adjacent to their property 24 hours after a winter storm ends.

3) Don't Get the Windrow Woes

We understand your frustration when you clear your driveway and then a plow comes by and leaves a pile of snow – a windrow. Unfortunately it's impossible to plow without leaving one.

4) Overnight Parking – Winter Enforcement

Parking is prohibited between 2:30 a.m. and 6:00 a.m. during the winter season (December 1st to March 31st). By-Law Enforcement will be actively enforcing this provision in order to alleviate any interference with winter maintenance operations. Failure to adhere to the by-law may result in a fine or towing of your vehicle.

5) By-law 84-72

Please remember that it is illegal to deposit snow from driveways / laneways onto the road. Those found to be in contravention of the by-law may be subject to a fine up to \$2,000

6) Be Patient

When plowing operations begin in a snow event the plows have routes to follow that are designed to minimize duplication and maximize efficiency. Plowing operations take approximately 8 hours without an excessive amount of snow, longer with more. Sanding and salting operations commence after plowing.

7) Curbside Basketball Nets

Please ensure that basketball nets are placed well away from the edge of the roadway to allow for safe and efficient plowing operations.

Any questions or concerns regarding snow removal may be directed to the Public Works Department at 519-634-8519 ext 250 or publicworks@wilmot.ca

2020 Summer Day Camp Registration has a New Date!

The Second Monday in November!

Visit RecWEB online to register



Camp Options for ages 4-12

Themes can include:

- Classic Camp
- Sports Camp
- Nature Nut Camp
- And Many More!



Wilmot Active Living Centre

The Wilmot Active Living Centre is a gathering place where older adults of older adults (ages 55+) can participate in recreational, leisure, social and education opportunities which promote their emotional, social, mental and physical well-being.

Located at the Wilmot Recreation Complex, the Wilmot Active Living Centre is a 2500sf facility which is operated in partnership by the Township of Wilmot's Facilities & Recreation Services Department and Community Care Concepts of Woolwich, Wilmot and Wellesley. The Active Living features a billiards area, lounge area, gaming area, lending library and kitchen facilities.

Activities offered include:

- Nintendo Wii • Billiards • Crokinole • Cards & Games • Shuffleboard • Guest Speakers
- Specialty Interest Programs • Community Lunch Program (once per month)
- Crafts • Socials • Gentle Exercise Classes

For more information, drop by the customer service desk at the Wilmot Recreation Complex and pickup a monthly calendar of programs and activities; or phone the Wilmot Recreation Complex at 519-634-9225 to speak to a Customer Service Representative.

Hours of Operation:

Monday, 10:30am to 4:00pm; Tuesday, 9:00am to 12pm
Wednesday, 10:30am to 4:00pm; Thursday, 9:00am to 12pm
Closed on Statutory Holidays

Location & Contact Information:

Wilmot Active Living Centre, 1291 Nafziger Road, Baden, ON N3A 0C4 Phone 519-634-9225 ext. 340



"Is there a program you would like to see offered in your community?"

Please let us know.

Contact Lacey at the Township

**519
634-8444**



How to Create an Account

To create your recWeb account in ActiveNet

- 1) Go to: <http://ca.apm.activecommunities.com/wilmotrecweb>
- 2) Click Create an Account under the heading "Join the Fun"
- 3) Enter your name, address, and mailing address (if applicable) in the applicable boxes, then click next
- 4) Enter a daytime number, evening number and cell number.
- 5) Select your cell phone carrier from the drop-down list to receive texts regarding program cancellations, changes, facility closure information, etc.
- 6) Click Agree to receive texts and emails
- 7) Click Head of Household
- 8) Enter your email address
- 9) Check if you want to receive emails regarding program cancellations, changes, facility closure information, etc. Click "Next"
- 10) Select Gender
- 11) Enter Date of Birth
- 12) Enter Customer Type – Business/Private Individual
- 13) Enter any allergies you may have, click "Next"
- 14) Enter in Emergency Contact Information, click "Next"
- 15) Enter and Confirm your password
- 16) After you have created your account you can add family members by choosing ADD Family Member to Account.

How to Use the recWeb Online Registration

- 1) Go to www.wilmot.ca and click on RecWeb from the home page.
- 2) Click How to Register for Activities
- 3) To find the courses available, either enter the Activity Name or Activity Number in the search box or use the filters on the left side of the screen to find the course you are interested in. For example: to see all swimming lessons, click the arrow next to "Activity Category", the click Aquatics. To narrow the list of available courses to a specific age group such as "Preschool", click on "Age Category" then click on "Preschool." The window will display a list of programs that meet the filter criteria you have selected.
- 4) Once you find the course you are interested in, click on "More" to see the days of week it is being offered.
- 5) When you find the course with the day of the week that works best for you, click "Add to Cart"
- 6) Next select the family member you wish to register in the course. If you forgot to add your family members when you setup the account, click on "Create a New Family Member" to add them to your account. Once you have finished entering their information click "Next."
- 7) Once you have finished selecting the course for registration, you will have the option to either click "Proceed to Shopping Cart" to finish or click "Register Another Person in this Activity" or "Add to Cart and Continue Shopping." Click whichever one is appropriate one.
- 8) Once you have finished selecting all of the courses you wish to register in, click "Proceed to Shopping Cart"
- 9) Next review the items in you cart, enter your payment information
- 10) Click "Pay and Finish" and print your receipt



Program Registration Information

FALL Aquatic Programs

Online and In-Person Registration for Township Residents: Thursday, September 5, 2019 at 9:00 a.m.
The Wilmot Recreation Complex 1291 Nafziger Road, Baden, Ontario N3A 0C4

Online and In-Person Registration for Non-Residents: Thursday, September 12, 2019 at 9:00 a.m.
The Wilmot Recreation Complex 1291 Nafziger Road, Baden, Ontario N3A 0C4

WINTER Aquatic Programs

Online and In-Person Registration for Township Residents: Tuesday, December 3, 2019 at 9:00 a.m.
The Wilmot Recreation Complex 1291 Nafziger Road, Baden, Ontario N3A 0C4

Online and In-Person Registration for Non-Residents: Tuesday, December 10, 2019 9:00 a.m.
The Wilmot Recreation Complex 1291 Nafziger Road, Baden, Ontario N3A 0C4

Payments may be made by either VISA, MasterCard, money order, cheque, debit or cash.

Cheques must be made payable to The Township of Wilmot.

Please note: No posted cheques for programs. *A \$30.00 NSF service fee applies to NSF cheques.



Part-Time Programming Instructors

Do you have a passion that you want to share with the community?
The Township Of Wilmot is currently looking for a Part-Time Programming Instructor to provide recreational classes for groups on a contract basis. Programs are run for one hour a week for duration of six, eight, or ten week periods.

To apply:

Applicants are invited to submit a resume by regular mail or email to

Township of Wilmot
Facilities and Recreation Services Department
60 Snyder's Road West
Baden, ON N3A 1A1
Attention: Recreation Programmer
or to lacey.smith@wilmot.ca



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Owner

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Program Assistance

Wilmot Aquatic Centre will not refuse admission to our Learn-to-swim programs due to lack of funds. Please contact the Aquatics Manager for more information. **All inquiries are confidential. Assistance Applications must be submitted 2 weeks prior to the start date of the course.**

Non-Resident/Ratepayer Fee

An additional 25% will be charged to the total registration fee for participants who reside outside of Wilmot Township. Participants who do not live in the Township but pay taxes to Wilmot Township should bring in their Tax Form when they register, to avoid paying this additional fee.

Refunds/Withdrawals

Requests for refunds will be issued up to the third lesson. A 20% administrative fee and the amount will be prorated based on the number of lessons that have passed in the session, not the number of lessons attended. If the customer decides to leave the financial credit on their account, the 20% administrative fee will be waived. Unused credits will expire after 3 years.

Transfer Requests

Class transfers must occur before the start of the 3rd class and will be based on space availability. After the 3rd class, transfers will only be allowed at the Aquatic Managers discretion.

Program Cancellations

Please be aware, classes may be cancelled due to insufficient registration. Staff members will attempt to reach persons registered in cancelled programs by phone. Participants will be given the option to move to another time, put a credit on their account or a refund.

Absentee Policy

Students must attend only the class in which they are formally registered. We regret we cannot accommodate requests for make up classes at other times.

Lessons in Leisure Pool

The majority of our preschool classes are offered in the leisure pool. However lessons may be moved to the lap pool without notice.

Personal Belongings

Staff are not allowed to accept personal belongings for safekeeping. All patrons are warned that valuables and belongings should not be left unattended. Take precautions by using the lockers, leaving the items at home or take the items to the deck and leave within your view. **The Township of Wilmot is not responsible for lost or stolen items.**

Pool Closure Dates

All Programs and Recreational Swims will be cancelled on the following days:

Maintenance shutdown: August 31 – September 13, 2019; **Thanksgiving Monday** - October 14;

Swim Meet – November 15th from 4:00 pm – Close; **Swim Meet** – November 16th, All day;

Swim Meet – November 17th, All day; **Christmas Eve** – December 24 close at 3:30 pm; **Christmas** - December 25;

Boxing Day – December 26; **New Years Eve** - December 31- close at 3:30 pm; **New Years Day**- January 1;

Family Day – February 17– Limited Hours 11:15 am – 4:00 pm; **Swim Meet** – March 7, 12:00 pm – Close;

Swim Meet – March 8, All day.

Pool Rentals

Wilmot Aquatic Centre rentals are based on one hour of pool use and include the lifeguards and use of pool equipment. Please contact the Aquatic Manager for rental times or to book the pool.

COST: BOTH POOLS \$238.18 plus applicable taxes per hour for groups of 50 or less*

LAP POOL ONLY \$164.64 plus applicable taxes per hour for groups of 50 or less*

LEISURE POOL ONLY \$100.00 plus applicable taxes per hour for groups of 50 or less*

* for groups greater than 50, an extra \$28.50 plus applicable taxes per required lifeguard will be added.

Oops, Accidents Happen !!

Pool foulings cause the pool to be **closed**. Please help us keep our pool germ free by:

- Please don't swim when you have diarrhea or if you feel unwell. This is very important for children in diapers.
- Washing your body thoroughly with soap and water before entering or re-entering the pool.
- Washing your hands with soap and water after using the washroom or changing diapers.
- Do not spit in the pool. In fact, avoid getting water in your mouth.
- Feed your children at least one hour before swimming.
- Take your child to the bathroom before entering the pool, and frequently during your pool visit
- Children not toilet-trained must wear swim pants made for swimming, regular diapers are not permitted. (Swim diapers are available for sale at the front desk.)

The pool will be closed a minimum of 1 hour for formed fecal matter and vomit and 12 hours for Diarrhea (liquid stool).

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Aquatic Leadership Program Information

AQUATIC LEADERSHIP COURSES ... WHERE DO I GO FROM HERE?



Becoming an Instructor	Becoming a Lifeguard
Learn to Swim lessons	L.S.S. Bronze Star (Optional) Prerequisite: 12 years, swim 400 m
L.S.S. Bronze Medallion, Emergency First Aid, CPR Level B Prerequisite: 13 years or 12 years with Bronze Star Certification	
L.S.S. Bronze Cross, CPR Level C Prerequisite: Current Bronze Medallion, Emergency First Aid, CPR Level B	
Standard First Aid & CPR Level C No Prerequisites obtained through Lifesaving Society, Red Cross, St John Ambulance or Canadian Ski Patrol	
L.S.S. Assistant Instructor Prerequisite: 14 Years, Bronze Cross	
L.S.S. Swim Instructor Prerequisite: 16 Years, L.S.S. Assistant Instructor, Bronze Cross or NLS	L.S.S. National Lifeguard Prerequisite: 16 Years, Bronze Cross, Standard First Aid, CPR C from Lifesaving Society, Red Cross, St John Ambulance or Canadian Ski Patrol
L.S.S. Instructor Prerequisite: 16 Years, Current Bronze Cross or NLS , Standard First Aid, CPR C	

Why Become a Lifeguard?

A Lifeguard accepts enormous responsibility. They work hard to master principals and skills crucial to one of the greatest risk management challenges of organized recreation throughout the province. A lifeguard gains life skills that can be transferred to several aspects of life. Skills that a lifeguard gains are: communication, conflict resolution, responsibility, teamwork, public relations, and administration.

Requirements for Leadership Courses

Please review all course requirements carefully. Candidates are required to show course instructors their original certification cards on the first day of the program. Candidates who are unable to show proof of required certifications will not be permitted to continue with the course.

Have you lost a certification card? Please contact the appropriate agency.

Lifesaving Society (LSS): 1-416-490-8844 or www.lifesavingsociety.com and use the [Find A Member](#) tool. You will require your Lifesaving ID number.

Age Requirements

Many of the leadership courses have minimum age requirements. Candidates must meet the age requirement by the last day of the program. Please bring a copy of your ID to the first class as birth dates will be verified. Candidates who do not meet the age requirements will not be permitted to continue with the program.

Attendance

100 % attendance is encouraged for the Bronze level course and mandatory for all leadership courses. Full attendance and participation increase the chance of success in the programs.

Employment at the Wilmot Aquatic Centre

If you are 15 years of age or older and hold a minimum of a current Bronze Cross, Standard First Aid and LSS Assistant Instructors certifications you can apply to be an Assistant Instructor/ Guard. If you hold additional awards such as Swim Instructor and National Lifeguard you can be employed as a Swim Instructor or Lifeguard.

How to apply for employment - Complete an application form (available from the Customer Service Desk) or your resume and cover letter and return it to the facility or email it to hr@wilmot.ca.

Leadership Courses ... Where do I go from here?

LEVEL	PRE-REQUISITES	DAY & TIME	COST	BARCODE
JUNIOR LIFEGUARD CLUB Ideal for 9-13 year olds who love to swim! This action packed program involves lifesaving, fitness, leadership and swimming strokes and skills in a fun atmosphere. Rookie, Ranger and Star Patrol levels are incorporated into the classes.	- 9 Years to 13 Years - Participants must be able to roll into deep water, tread water for 1 minute and swim 50m continuous	Saturday 9:00am-Noon Fall: Sep 28 – Nov 30 (no class on Nov. 16) Winter: Jan 11 – Mar 7 March Break - Mar. 16 - 20 9:00am - 3:00pm	Fall: \$123.75 Winter: \$123.75 March Break \$139.50	Fall 8478
				Winter 8480
				March Break 8481
BRONZE STAR A Pre-bronze course that develops problem-solving and decision-making skills as individuals and in partners.	- 12 Years - ability to swim 400 m.	Friday 5:30 - 6:45 p.m. Fall: Sept 27 – Nov 29 (No class Nov. 15) Winter: Jan 10 – Mar 6	Fall: \$79.92 Winter: \$79.92 **plus exam fee**	Fall 8482
				Winter 8483
BRONZE MEDALLION & EMERGENCY FIRST AID Develops lifesaving & leadership skills including good decision-making. Emergency First Aid and CPR - Level B	- 13 Years OR - 12 Years of age with Bronze Star	Thursday 4:30 - 7:30pm Fall: Oct 3 – Nov 28 Exam - Sat. Nov 30, 4:30pm Winter: Jan 9 – Mar 5 Exam - Fri. Mar. 6, 4:00pm	Fall - \$152.55 Winter - \$152.55 **plus exam fee and materials**	Fall 8484
				Winter 8485
BRONZE CROSS & CPR LEVEL C Develops training that is more advanced. This course is the prerequisite for the Instructors awards.	- Current Bronze Medallion - Emergency First Aid, CPR - Level B	Thursday 4:30 - 7:30pm Fall: Oct 3 – Nov 28 Exam - Sun. Dec. 1, 5:00pm Winter: Jan 9 – Mar 5 Exam - Sat. Mar. 7, 9:00am	Fall: \$152.55 Winter: \$152.55 **plus exam fee and materials**	Fall 8486
				Winter 8487
LIFESAVING SOCIETY ASSISTANT INSTRUCTOR Through classroom learning and in-water practice, the course prepares candidates to help instructors with swimming and lifesaving classes. Candidates are introduced to key principles of learning and teaching while they master basic progressions. The roles and responsibilities of instructors and their assistants are emphasized.	- 14 Years - Bronze Cross - Star Patrol, Swim Kids Level 10 or equivalent <i>Full attendance is required</i>	Friday, Sep. 20, 5:00 – 9:00 PM Saturday, September 21 and Sunday, September 22, 9:00 AM – 6:00 PM Completion of 13 hours of Volunteer hours.	\$141.91 plus materials and exam fees	Fall 8488
LIFESAVING SOCIETY SWIM INSTRUCTOR COURSE This program prepares the instructor to teach and evaluate the swimming strokes and related skills found in the Lifesaving Society Swim for Life program. Candidates acquire proven teaching skills, and a variety of stroke development drills and correction techniques.	- 16 Years - Bronze Cross or NL Award <i>Full attendance is required</i>	Dec. 5, 6, 7 & 8 Thurs. and Fri. 5:00 - 10:00pm Sat. and Sun. 9:00am - 6:00pm	LSS \$178.92 **plus materials and exam fees**	8489
LIFESAVING SOCIETY INSTRUCTOR COURSE This program provides the training required to teach the Lifesaving Swim Patrol and Bronze level course of the LSS	- 16 Years - Current Bronze Cross or NL Award <i>Full attendance is required</i>	Dec. 12,13,14 & 15 Thurs. and Fri. 5:00 - 10:00pm Sat. and Sun. 9:00am - 6:00pm	LSS \$178.92 **plus materials and exam fees**	8490
NATIONAL LIFEGUARD RECERT This exam is for Lifeguards looking to recertify their awards for another 2 years.	- Proof of certification is due to the examiner prior to the exam.	Aug. 11 9:00am - 1:00pm	\$59.73 **plus exam fee**	8491

IMPORTANT - 100% attendance is suggested for all leadership classes. Age requirements are strictly upheld. Exam dates are subject to change



How to have Successfull Swimming Lessons

- Visit the pool before swimming lessons start. Give you child a tour of the facility.
- Have fun and swim with your child during a recreational swim prior to beginning lessons and practice skills they already know.
- Set realistic expectations with your child and allow your child to feel that there are no expectations to complete a level each session. Swimmers often need more than one set of lessons in order to gain the skills that will allow them to complete a level.
- Make sure you bring any concerns to the instructor in a timely manner.
- If your child has a medical concern or a learning challenge, please speak to the instructor at the first lesson. This will allow us to help your child get the most out of their lesson.

Lesson Information

- Please return your most recent progress card to your Swimming Instructor. These will be updated and returned on the last lesson.
- Participants will be screened on the first lesson to ensure they are enrolled in the appropriate level. We will do our best to get your child into the appropriate level. Unfortunately, we cannot guarantee that a space in the level you require will be available during your current lesson time.
- Each swimming level has items that must be completed correctly a minimum of 3 times on separate lessons in order for that item to be complete. (According to the standards set by the Lifesaving Society.) Attendance is important in your child's success in the program.

Volunteers Needed!

Volunteers need to be at least 14 years of age or 13 years of age and completed grade 8 and hold your Star Patrol badge. Volunteers are required to be available for the entire session. Please complete a volunteer application form and submit it at the Customer Service Desk at the Wilmot Recreation Complex. All volunteers are required to attend an Aquatic Volunteer Orientation Clinic yearly.

Aquatic Volunteer Orientation Clinic

Code	Date	Day and Time
8596	Sept 25	Wed 5:30 – 7:00 PM
8597	Dec 18	Wed 5:30 – 7:00 PM



Lifesaving Society Swim For Life Program



Parent and Tot Program

Spend quality time with your child while you both have fun and learn and socialize.

Through structured in-water interaction between parent and child, we stress the importance of play in developing water-positive attitudes and skills. We provide Lifesaving Society Water Smart® tips on keeping your child safe in any aquatic setting. Certified instructors provide guidance and answers to your questions.

Because activities and progressions are based on child development, you register in the level appropriate for your child's age: 4–12 months, 12–24 months, or 2–3 years.

Program	Description
Parent & Tot 1 30 minutes 4 – 12 months with parent	Parent & Tot 1: Designed for the 4 to 12-month-old to learn to enjoy the water with the parent. They will have the opportunity to experience buoyancy and movement through repetitive songs, activities and play in the water.
Parent & Tot 2 30 minutes 12 – 24 months with parent	Parent & Tot 2: Designed for the 12 to 24-month-old to learn to enjoy the water with the parent. The participant and their parent/caregiver will have the opportunity to practice getting their face wet, parent-assisted skills such as front and back floats, movement in the water, and shallow water entries and exits through repetitive songs, activities and play in the water.
Parent & Tot 3 30 minutes 2 – 3 years with parent	Parent & Tot 3: Designed for the 2 to 3-year-old to learn to enjoy the water with the parent. Toddlers and their parent/caregiver will have the opportunity to work on parent-assisted skills such as submersion, front and back floats, glides and kicks, jumping into the water through repetitive songs, activities and play in the water.

Preschool Program

Give your child a head start on learning to swim. The Lifesaving Society Preschool Program develops an appreciation and healthy respect for the water before these kids get in too deep.

In our basic aquatic progressions we work to ensure 3 to 5-year olds become comfortable in the water and have fun acquiring and developing a foundation of water skills. We incorporate Lifesaving Society Water Smart® education in all Preschool levels.

Program	Description
Preschool 1 30 minutes 3 – 5 years with parent	Preschool 1: In this transitional class we encourage the parent to participate until their child lets them know they can do it themselves (generally between lesson 3 and 5). These preschoolers will have fun learning to get in and out of the water. We'll help them jump into chest deep water. They'll float and glide on their front and back and learn to get their faces wet and blow bubbles underwater.
Preschool 2 30 minutes 3 – 5 years Completed Preschool 1	Preschool 2: These preschoolers learn to jump into chest-deep water by themselves, and get in and get out wearing a lifejacket. They'll submerge and exhale underwater. Wearing a lifejacket they'll glide on their front and back.
Preschool 3 30 minutes 3 – 5 years Completed Preschool 2	Preschool 3: These youngsters will try both jumping and a sideways entry into deep water while wearing a lifejacket. They'll recover objects from the bottom in waist-deep water. They'll work on kicking and gliding through the water on their front and back.
Preschool 4 30 minutes 3 – 5 years Completed Preschool 3	Preschool 4: Advanced preschoolers will learn to do solo jumps into deeper water and get out by themselves. They'll do sideways entries and open their eyes underwater. They'll master a short swim on their front wearing a lifejacket and gliding and kicking on their side.
Preschool 5 30 minutes 3 – 5 years Completed Preschool 4	Preschool 5: These youngsters get more adventuresome with a forward roll entry wearing a lifejacket and treading water for 10 sec. They'll work on front and back crawl swims for 5 m, interval training and get a giggle out of whip kick.

Lifesaving Society Swim For Life Program



Parent and Tot Program

Note: Participants must be 5 years of age or the completion of Preschool levels to move into the Swim for Life program. To move up in levels the swimmer must successfully complete the requirements of the previous level.

Program	Description
Swimmer 1 45 minutes 5 years and/or Completion of Preschool levels 1-4	Swimmer 1: These beginners will become comfortable jumping into water with and without a lifejacket. They'll learn to open their eyes, exhale and hold their breath underwater. They'll work on floats, glides and kicking through the water on their front and back.
Swimmer 2 45 minutes Completion of Swimmer 1 or Preschool 5	Swimmer 2: These advanced beginners will jump into deeper water with assistance. They'll be able to support themselves at the surface without an aid 10 seconds, kick 7 m on their front and back, and side. Swim front and back crawl 5m. They will be introduced to flutter kick interval training (2 x 5 m).
Swimmer 3 45 minutes Completion of Swimmer 2	Swimmer 3: These advanced beginners will jump into deeper water, and learn to be comfortable falling sideways into the water wearing a lifejacket. They'll be able to support themselves at the surface without an aid, learn whip kick, swim 10 m on their front and back, and be introduced to flutter kick interval training (4 x 5 m).
Swimmer 4 45 minutes Completion of Swimmer 3	Swimmer 4: These junior swimmers will do in-water front somersaults and handstands. They'll work on 13 m of front crawl, back crawl and 5 m of whip kick. Flutter kick interval training increases to 2 x 15 m.
Swimmer 5 45 minutes Completion of Swimmer 4	Swimmer 5: These junior swimmers will dive and do in-water front somersaults and handstands. They'll work on 15 m of front crawl, back crawl and 10 m of whip kick. Flutter kick interval training increases to 4 x 15 m.
Swimmer 6 45 minutes Completion of Swimmer 5	Swimmer 6: These intermediate swimmers will swim 5 m underwater and lengths of front, back crawl, whip kick, and breaststroke arms with breathing. Their new bag of tricks includes the completion of the Canadian Swim to Survive® Standard. They'll cap it all off with front crawl sprints over 25 m and 4 x 25 m front or back crawl interval training.
Swimmer 7 45 minutes Completion of Swimmer 6	Swimmer 7: These swimmers will master shallow dives, cannonball entries, eggbeater kicks, and in-water backward somersaults. They'll refine their front and back crawl over 50 m swims of each, and breaststroke over 25 m. Then they'll pick up the pace in 25 m sprints and two interval training bouts: 4 x 50 m front or back crawl; and 4 x 15 m breaststroke.
Swimmer 8 45 minutes Completion of Swimmer 7	Swimmer 8: These advanced swimmers will rise to the challenge of sophisticated aquatic skills including stride entries, compact jumps and lifesaving kicks like eggbeater and scissor kick. They'll develop strength and power in head-up breaststroke sprints over 25 m. They'll easily swim lengths of front crawl, back crawl, and breaststroke, and they'll complain about the 300m workout.
Rookie Patrol 1 Hour Completion of Swimmer 8	Rookie Patrol: Swimmers continue stroke development with 50 m swims of front crawl, back crawl and breaststroke. Lifesaving sport skills include a 25 m obstacle swim and 15 m object carry. First aid focuses on assessment of conscious victims, contacting EMS, and treatment for bleeding. Fitness improves in 350 m workouts and 100 m timed swims.
Ranger Patrol 1 Hour Completion of Rookie Patrol	Ranger Patrol: Swimmers develop better strokes over 75m swims of each stroke. They tackle lifesaving sport skills in a lifesaving medley, timed object support and rescue with a buoyant aid. First aid focuses on assessment of unconscious victims, treatment of victims in shock and obstructed airway procedures. Skill drills develop a strong lifesaving foundation.
Star Patrol 1 Hour Completion of Ranger Patrol	Star Patrol: Swimmers are challenged with 600 m workouts, 300m timed swims and a 25 m object carry. Strokes are refined over 100m swims. First aid focuses on treatment of bone or joint injuries and respiratory emergencies including asthma and allergic reactions. Lifesaving skills include defence methods, victim removals and rolling over and supporting a victim face up in shallow water.

Infant and Preschool Learn-to-Swim Programs Fall 2019 Session

*Classes will be cancelled on the following dates. Make up lessons have been scheduled into the dates. Monday, October 14, all lessons; Thursday, October 31 – after school lessons; Friday, November 15th – after school lessons; Saturday, November 16th



Parent and Tot Program

Spend quality time with your child while you both have fun and learn and socialize.

Through structured in-water interaction between parent and child, we stress the importance of play in developing water-positive attitudes and skills. We provide Lifesaving Society Water Smart® tips on keeping your child safe in any aquatic setting. Certified instructors provide guidance and answers to your questions.

Because activities and progressions are based on child development, you register in the level appropriate for your child's age: 4–12 months, 12–24 months, or 2–3 years.

Parent & Tot 1 \$70.47

30 minutes

Designed for the 4 to 12-month-old to learn to enjoy the water with the parent.

Code	Date	Day and Time
8225	Sep 30-Dec 2	Mon 10:30 AM-11:00 AM
8226	Sep 30-Dec 2	Mon 5:30 PM-6:00 PM
8227	Oct 1-Nov 26	Tue 6:15 PM-6:45 PM
8228	Oct 2-Nov 27	Wed 5:45 PM-6:15 PM
8229	Sep 26-Nov 28	Thu 6:15 PM-6:45 PM
8230	Sep 27-Nov 29	Fri 5:30 PM-6:00 PM
8231	Sep 28-Nov 30	Sat 10:00 AM-10:30 AM

Parent & Tot 2 \$70.47

30 minutes

Designed for the 12 to 24-month-old to learn to enjoy the water with the parent.

Code	Date	Day and Time
8233	Sep 30-Dec 2	Mon 4:45 PM-5:15 PM
8234	Sep 30-Dec 2	Mon 6:30 PM-7:00 PM
8235	Oct 1-Nov 26	Tue 10:30 AM-11:00 AM
8236	Oct 1-Nov 26	Tue 6:45 PM-7:15 PM
8237	Oct 2-Nov 27	Wed 6:15 PM-6:45 PM
8238	Sep 26-Nov 28	Thu 5:30 PM-6:00 PM
8239	Sep 27-Nov 29	Fri 6:30 PM-7:00 PM
8240	Sep 28-Nov 30	Sat 9:00 AM-9:30 AM

Parent & Tot 3 \$70.47

30 minutes

Designed for the 2 to 3-year-old to learn to enjoy the water with the parent.

Code	Date	Day and Time
8242	Sep 30-Dec 2	Mon 6:00 PM-6:30 PM
8243	Oct 1-Nov 26	Tue 5:30 PM-6:00 PM
8244	Oct 2-Nov 27	Wed 5:00 PM-5:30 PM
8245	Oct 2-Nov 27	Wed 6:45 PM-7:15 PM
8246	Sep 26-Nov 28	Thu 6:45 PM-7:15 PM
8247	Oct 4-Nov 29	Fri 10:30 AM-11:00 AM
8248	Sep 27-Nov 29	Fri 6:00 PM-6:30 PM
8249	Sep 28-Nov 30	Sat 9:30 AM-10:00 AM
8250	Sep 28-Nov 30	Sat 11:00 AM-11:30 AM

Preschool Program (3 – 5 Years)

Give your child a head start on learning to swim. The Lifesaving Society Preschool Program develops an appreciation and healthy respect for the water before these kids get in too deep.

In our basic aquatic progressions we work to ensure 3 to 5-year olds become comfortable in the water and have fun acquiring and developing a foundation of water skills. We incorporate Lifesaving Society Water Smart® education in all Preschool levels.

Preschool 1 \$72.54

30 minutes

3 - 5 years with parent

In this transitional class we encourage the parent to participate until their child lets them know they can do it themselves (generally between lesson 3 and 5).

Code	Date	Day and Time
8252	Sep 30-Dec 2	Mon 10:30 AM-11:00 AM
8253	Sep 30-Dec 2	Mon 4:45 PM-5:15 PM
8254	Sep 30-Dec 2	Mon 5:00 PM-5:30 PM
8255	Sep 30-Dec 2	Mon 6:00 PM-6:30 PM
8256	Sep 30-Dec 2	Mon 6:45 PM-7:15 PM
8257	Oct 1-Nov 26	Tue 1:00 PM-1:30 PM
8258	Oct 1-Nov 26	Tue 4:30 PM-5:00 PM
8259	Oct 1-Nov 26	Tue 5:00 PM-5:30 PM
8260	Oct 1-Nov 26	Tue 5:45 PM-6:15 PM
8261	Oct 2-Nov 27	Wed 4:30 PM-5:00 PM
8262	Oct 2-Nov 27	Wed 5:30 PM-6:00 PM
8263	Oct 2-Nov 27	Wed 6:00 PM-6:30 PM
8264	Oct 2-Nov 27	Wed 6:30 PM-7:00 PM
8265	Sep 26-Nov 28	Thu 4:30 PM-5:00 PM
8266	Sep 26-Nov 28	Thu 5:00 PM-5:30 PM
8267	Sep 26-Nov 28	Thu 6:30 PM-7:00 PM
8268	Sep 27-Nov 29	Fri 4:45 PM-5:15 PM
8269	Sep 27-Nov 29	Fri 5:45 PM-6:15 PM
8270	Sep 27-Nov 29	Fri 6:30 PM-7:00 PM
8271	Sep 28-Nov 30	Sat 9:00 AM-9:30 AM
8272	Sep 28-Nov 30	Sat 9:45 AM-10:15 AM
8273	Sep 28-Nov 30	Sat 10:45 AM-11:15 AM



Preschool Program (3 – 5 Years) Continued

Preschool 2

\$72.54

30 minutes

3 – 5 years Completed Preschool 1

Code	Date	Day and Time
8275	Sep 30-Dec 2	Mon 1:00 PM-1:30 PM
8276	Sep 30-Dec 2	Mon 4:15 PM-4:45 PM
8277	Sep 30-Dec 2	Mon 5:00 PM-5:30 PM
8278	Sep 30-Dec 2	Mon 6:00 PM-6:30 PM
8279	Sep 30-Dec 2	Mon 7:00 PM-7:30 PM
8280	Oct 1-Nov 26	Tue 10:30 AM-11:00 AM
8281	Oct 1-Nov 26	Tue 4:00 PM-4:30 PM
8282	Oct 1-Nov 26	Tue 4:30 PM-5:00 PM
8283	Oct 1-Nov 26	Tue 5:30 PM-6:00 PM
8284	Oct 1-Nov 26	Tue 7:00 PM-7:30 PM
8285	Oct 2-Nov 27	Wed 4:00 PM-4:30 PM
8286	Oct 2-Nov 27	Wed 5:00 PM-5:30 PM
8287	Oct 2-Nov 27	Wed 6:00 PM-6:30 PM
8288	Oct 2-Nov 27	Wed 7:00 PM-7:30 PM
8289	Sep 26-Nov 28	Thu 4:30 PM-5:00 PM
8290	Sep 26-Nov 28	Thu 5:00 PM-5:30 PM
8291	Sep 26-Nov 28	Thu 5:30 PM-6:00 PM
8292	Oct 4-Nov 29	Fri 10:30 AM-11:00 AM
8293	Sep 27-Nov 29	Fri 4:15 PM-4:45 PM
8294	Sep 27-Nov 29	Fri 4:45 PM-5:15 PM
8295	Sep 27-Nov 29	Fri 5:45 PM-6:15 PM
8296	Sep 27-Nov 29	Fri 7:00 PM-7:30 PM
8297	Sep 28-Nov 30	Sat 9:00 AM-9:30 AM
8298	Sep 28-Nov 30	Sat 10:15 AM-10:45 AM
8299	Sep 28-Nov 30	Sat 11:00 AM-11:30 AM

Preschool 3

\$72.54

30 minutes

3 – 5 years Completed Preschool 2

Code	Date	Day and Time
8301	Sep 30-Dec 2	Mon 10:30 AM-11:00 AM
8302	Sep 30-Dec 2	Mon 4:00 PM-4:30 PM
8303	Sep 30-Dec 2	Mon 4:30 PM-5:00 PM
8304	Sep 30-Dec 2	Mon 5:30 PM-6:00 PM
8305	Sep 30-Dec 2	Mon 6:30 PM-7:00 PM
8306	Sep 30-Dec 2	Mon 7:15 PM-7:45 PM
8307	Oct 1-Nov 26	Tue 1:00 PM-1:30 PM
8308	Oct 1-Nov 26	Tue 4:00 PM-4:30 PM
8309	Oct 1-Nov 26	Tue 4:30 PM-5:00 PM
8310	Oct 1-Nov 26	Tue 5:00 PM-5:30 PM
8311	Oct 2-Nov 27	Wed 4:00 PM-4:30 PM
8312	Oct 2-Nov 27	Wed 5:30 PM-6:00 PM
8313	Oct 2-Nov 27	Wed 6:15 PM-6:45 PM
8314	Oct 2-Nov 27	Wed 7:00 PM-7:30 PM
8315	Sep 26-Nov 28	Thu 4:00 PM-4:30 PM
8316	Sep 26-Nov 28	Thu 4:30 PM-5:00 PM
8317	Sep 26-Nov 28	Thu 5:00 PM-5:30 PM
8318	Sep 26-Nov 28	Thu 7:00 PM-7:30 PM
8319	Oct 4-Nov 29	Fri 10:30 AM-11:00 AM
8320	Sep 27-Nov 29	Fri 4:15 PM-4:45 PM
8321	Sep 27-Nov 29	Fri 4:45 PM-5:15 PM
8322	Sep 27-Nov 29	Fri 6:00 PM-6:30 PM

Code

Date

Day and Time

8323	Sep 27-Nov 29	Fri 7:00 PM-7:30 PM
8324	Sep 28-Nov 30	Sat 9:30 AM-10:00 AM
8325	Sep 28-Nov 30	Sat 10:30 AM-11:00 AM
8326	Sep 28-Nov 30	Sat 11:30 AM-12:00 PM

Preschool 4

\$72.54

30 minutes

3 – 5 years Completed Preschool 3

Code	Date	Day and Time
8328	Sep 30-Dec 2	Mon 1:00 PM-1:30 PM
8329	Sep 30-Dec 2	Mon 4:30 PM-5:00 PM
8330	Sep 30-Dec 2	Mon 5:30 PM-6:00 PM
8331	Sep 30-Dec 2	Mon 6:15 PM-6:45 PM
8332	Sep 30-Dec 2	Mon 7:00 PM-7:30 PM
8333	Oct 1-Nov 26	Tue 10:30 AM-11:00 AM
8334	Oct 1-Nov 26	Tue 5:00 PM-5:30 PM
8335	Oct 1-Nov 26	Tue 7:00 PM-7:30 PM
8336	Oct 2-Nov 27	Wed 4:30 PM-5:00 PM
8337	Oct 2-Nov 27	Wed 5:45 PM-6:15 PM
8338	Oct 2-Nov 27	Wed 6:30 PM-7:00 PM
8339	Oct 2-Nov 27	Wed 7:00 PM-7:30 PM
8340	Sep 26-Nov 28	Thu 4:00 PM-4:30 PM
8341	Sep 26-Nov 28	Thu 5:45 PM-6:15 PM
8342	Sep 26-Nov 28	Thu 7:00 PM-7:30 PM
8343	Sep 27-Nov 29	Fri 4:30 PM-5:00 PM
8344	Sep 27-Nov 29	Fri 5:15 PM-5:45 PM
8345	Sep 27-Nov 29	Fri 6:15 PM-6:45 PM
8346	Sep 28-Nov 30	Sat 9:30 AM-10:00 AM
8347	Sep 28-Nov 30	Sat 10:45 AM-11:15 AM
8348	Sep 28-Nov 30	Sat 11:30 AM-12:00 PM

Preschool 5

\$72.54

30 minutes

3 – 5 years Completed Preschool 4

Code	Date	Day and Time
8350	Sep 30-Dec 2	Mon 1:00 PM-1:30 PM
8351	Sep 30-Dec 2	Mon 4:30 PM-5:00 PM
8352	Sep 30-Dec 2	Mon 5:30 PM-6:00 PM
8353	Sep 30-Dec 2	Mon 6:15 PM-6:45 PM
8354	Sep 30-Dec 2	Mon 7:00 PM-7:30 PM
8355	Oct 1-Nov 26	Tue 10:30 AM-11:00 AM
8356	Oct 1-Nov 26	Tue 5:00 PM-5:30 PM
8357	Oct 1-Nov 26	Tue 7:00 PM-7:30 PM
8358	Oct 2-Nov 27	Wed 4:30 PM-5:00 PM
8359	Oct 2-Nov 27	Wed 5:45 PM-6:15 PM
8360	Oct 2-Nov 27	Wed 6:30 PM-7:00 PM
8361	Oct 2-Nov 27	Wed 7:00 PM-7:30 PM
8362	Sep 26-Nov 28	Thu 4:00 PM-4:30 PM
8363	Sep 26-Nov 28	Thu 5:45 PM-6:15 PM
8364	Sep 26-Nov 28	Thu 7:00 PM-7:30 PM
8365	Sep 27-Nov 29	Fri 4:30 PM-5:00 PM
8366	Sep 27-Nov 29	Fri 5:15 PM-5:45 PM
8367	Sep 27-Nov 29	Fri 6:15 PM-6:45 PM
8368	Sep 28-Nov 30	Sat 9:30 AM-10:00 AM
8369	Sep 28-Nov 30	Sat 10:45 AM-11:15 AM
8370	Sep 28-Nov 30	Sat 11:30 AM-12:00 PM

Child and Youth Learn-to-Swim Programs Fall 2019 Session

*Classes will be cancelled on the following dates. Make up lessons have been scheduled into the dates. Monday, October 14, all lessons; Thursday, October 31 – after school lessons; Friday, November 15th – after school lessons; Saturday, November 16th, all lessons.



The Lifesaving Society's Swimmer program makes sure your children learn how to swim before they get in too deep. We stress lots of in-water practice to develop solid swimming strokes and skills. We incorporate Lifesaving Society Water Smart® education in all Swimmer levels.

Participants must be 5 years of age to move into the Swim for Life program. To move up in levels the swimmer must successfully complete the requirements of the previous level.

Swimmer 1 \$73.80

45 minutes

New swimmer aged 5 years or older or completed Preschool levels 1 - 4

Code	Date	Day and Time
8372	Sep 30-Dec 2	Mon 4:15 PM-5:00 PM
8373	Sep 30-Dec 2	Mon 6:00 PM-6:45 PM
8374	Sep 30-Dec 2	Mon 6:45 PM-7:30 PM
8375	Oct 1-Nov 26	Tue 6:00 PM-6:45 PM
8376	Oct 2-Nov 27	Wed 4:15 PM-5:00 PM
8377	Oct 2-Nov 27	Wed 5:15 PM-6:00 PM
8378	Oct 2-Nov 27	Wed 6:45 PM-7:30 PM
8379	Sep 26-Nov 28	Thu 6:00 PM-6:45 PM
8380	Sep 27-Nov 29	Fri 5:00 PM-5:45 PM
8381	Sep 27-Nov 29	Fri 6:45 PM-7:30 PM
8382	Sep 28-Nov 30	Sat 9:00 AM-9:45 AM
8383	Sep 28-Nov 30	Sat 10:00 AM-10:45 AM
8384	Sep 28-Nov 30	Sat 10:30 AM-11:15 AM

Swimmer 2 \$73.80

45 minutes

Completed Swimmer 1 or Preschool 5

Code	Date	Day and Time
8386	Sep 30-Dec 2	Mon 4:00 PM-4:45 PM
8387	Sep 30-Dec 2	Mon 5:00 PM-5:45 PM
8388	Sep 30-Dec 2	Mon 6:30 PM-7:15 PM
8389	Oct 1-Nov 26	Tue 6:15 PM-7:00 PM
8390	Oct 2-Nov 27	Wed 4:30 PM-5:15 PM
8391	Oct 2-Nov 27	Wed 5:30 PM-6:15 PM
8392	Oct 2-Nov 27	Wed 6:15 PM-7:00 PM
8393	Sep 26-Nov 28	Thu 6:15 PM-7:00 PM
8394	Sep 27-Nov 29	Fri 6:15 PM-7:00 PM
8395	Sep 27-Nov 29	Fri 6:15 PM-7:00 PM
8396	Sep 28-Nov 30	Sat 9:45 AM-10:30 AM
8397	Sep 28-Nov 30	Sat 10:30 AM-11:15 AM
8398	Sep 28-Nov 30	Sat 11:15 AM-12:00 PM

Swimmer 3 \$73.80

45 minutes

Completed Swimmer 2

Code	Date	Day and Time
8400	Sep 30-Dec 2	Mon 4:45 PM-5:30 PM
8401	Sep 30-Dec 2	Mon 5:45 PM-6:30 PM
8402	Sep 30-Dec 2	Mon 6:45 PM-7:30 PM
8403	Oct 1-Nov 26	Tue 6:45 PM-7:30 PM
8404	Oct 2-Nov 27	Wed 4:15 PM-5:00 PM
8405	Oct 2-Nov 27	Wed 5:00 PM-5:45 PM
8406	Oct 2-Nov 27	Wed 6:15 PM-7:00 PM
8407	Sep 26-Nov 28	Thu 6:45 PM-7:30 PM
8408	Sep 27-Nov 29	Fri 4:45 PM-5:30 PM
8409	Sep 27-Nov 29	Fri 6:45 PM-7:30 PM
8410	Sep 28-Nov 30	Sat 9:00 AM-9:45 AM
8411	Sep 28-Nov 30	Sat 10:00 AM-10:45 AM
8412	Sep 28-Nov 30	Sat 11:15 AM-12:00 PM

Swimmer 4 \$73.80

45 minutes

Completed Swimmer 3

Code	Date	Day and Time
8414	Sep 30-Dec 2	Mon 4:00 PM-4:45 PM
8415	Sep 30-Dec 2	Mon 5:00 PM-5:45 PM
8416	Sep 30-Dec 2	Mon 6:45 PM-7:30 PM
8417	Oct 2-Nov 27	Wed 4:00 PM-4:45 PM
8418	Oct 2-Nov 27	Wed 5:00 PM-5:45 PM
8419	Oct 2-Nov 27	Wed 6:45 PM-7:30 PM
8420	Sep 27-Nov 29	Fri 4:00 PM-4:45 PM
8421	Sep 27-Nov 29	Fri 6:00 PM-6:45 PM
8422	Sep 28-Nov 30	Sat 9:30 AM-10:15 AM
8423	Sep 28-Nov 30	Sat 10:45 AM-11:30 AM
8424	Sep 28-Nov 30	Sat 11:15 AM-12:00 PM

Swimmer 5 \$73.80

45 minutes

Completed Swimmer 4

Code	Date	Day and Time
8426	Sep 30-Dec 2	Mon 4:45 PM-5:30 PM
8427	Sep 30-Dec 2	Mon 6:00 PM-6:45 PM
8428	Oct 2-Nov 27	Wed 4:45 PM-5:30 PM
8429	Oct 2-Nov 27	Wed 6:00 PM-6:45 PM
8430	Sep 27-Nov 29	Fri 5:00 PM-5:45 PM
8431	Sep 27-Nov 29	Fri 6:45 PM-7:30 PM
8432	Sep 28-Nov 30	Sat 9:00 AM-9:45 AM
8433	Sep 28-Nov 30	Sat 10:15 AM-11:00 AM



WILMOT RECREATION COMPLEX • Learn to Swim Schedule

Child and Youth Learn-to-Swim Programs

Fall 2019 Session continued

Swimmer 6 \$73.80

45 minutes

Completed Swimmer 5

Code	Date	Day and Time
8435	Sep 30-Dec 2	Mon 4:00 PM-4:45 PM
8436	Sep 30-Dec 2	Mon 7:30 PM-8:15 PM
8437	Oct 2-Nov 27	Wed 4:15 PM-5:00 PM
8438	Oct 2-Nov 27	Wed 6:00 PM-6:45 PM
8439	Sep 27-Nov 29	Fri 4:15 PM-5:00 PM
8440	Sep 27-Nov 29	Fri 6:00 PM-6:45 PM
8441	Sep 28-Nov 30	Sat 10:00 AM-10:45 AM
8442	Sep 28-Nov 30	Sat 10:45 AM-11:30 AM

Swimmer 7 \$73.80

45 minutes

Completed Swimmer 6.

Please note: This course will be combined with Swimmer 8.

Code	Date	Day and Time
8444	Sep 30-Dec 2	Mon 4:15 PM-5:00 PM
8445	Sep 30-Dec 2	Mon 5:45 PM-6:30 PM
8446	Oct 2-Nov 27	Wed 5:00 PM-5:45 PM
8447	Oct 2-Nov 27	Wed 6:45 PM-7:30 PM
8448	Sep 27-Nov 29	Fri 5:15 PM-6:00 PM
8449	Sep 28-Nov 30	Sat 9:45 AM-10:30 AM
8450	Sep 28-Nov 30	Sat 11:15 AM-12:00 PM

Swimmer 8 \$73.80

45 minutes

Completed Swimmer 7

Please note: This course will be combined with Swimmer 7.

Code	Date	Day and Time
8452	Sep 30-Dec 2	Mon 4:15 PM-5:00 PM
8453	Sep 30-Dec 2	Mon 5:45 PM-6:30 PM
8454	Oct 2-Nov 27	Wed 5:00 PM-5:45 PM
8455	Oct 2-Nov 27	Wed 6:45 PM-7:30 PM
8456	Sep 27-Nov 29	Fri 5:15 PM-6:00 PM
8457	Sep 28-Nov 30	Sat 9:45 AM-10:30 AM
8458	Sep 28-Nov 30	Sat 11:15 AM-12:00 PM

Swimmer 9 / Rookie Patrol \$74.97

60 minutes

Completed Swimmer 8

Code	Date	Day and Time
8460	Sep 30-Dec 2	Mon 6:30 PM-7:30 PM
8461	Oct 2-Nov 27	Wed 4:30 PM-5:30 PM
8462	Sep 27-Nov 29	Fri 6:30 PM-7:30 PM
8463	Sep 28-Nov 30	Sat 9:00 AM-10:00 AM

Swimmer 10 / Ranger Patrol \$74.97

60 minutes

Completed Rookie Patrol

Please note: This course will be combined with Star Patrol.

Code	Date	Day and Time
8465	Sep 30-Dec 2	Mon 5:30 PM-6:30 PM
8466	Oct 2-Nov 27	Wed 6:30 PM-7:30 PM
8467	Sep 27-Nov 29	Fri 4:30 PM-5:30 PM

Swimmer 11/Star Patrol \$74.97

60 minutes

Completed Ranger Patrol

Please note: This course will be combined with Ranger Patrol.

Code	Date	Day and Time
8469	Sep 30-Dec 2	Mon 5:30 PM-6:30 PM
8470	Oct 2-Nov 27	Wed 6:30 PM-7:30 PM
8471	Sep 27-Nov 29	Fri 4:30 PM-5:30 PM



Infant and Preschool Learn-to-Swim Programs Winter 2020 Session

Please Note! *Classes will be cancelled on the following dates. Monday, February 17, all lessons. Please consult www.wilmot.ca if you are concerned about whether or not your program is running due to weather conditions.



Parent and Tot Program

Spend quality time with your child while you both have fun and learn and socialize.

Through structured in-water interaction between parent and child, we stress the importance of play in developing water-positive attitudes and skills. We provide Lifesaving Society Water Smart® tips on keeping your child safe in any aquatic setting. Certified instructors provide guidance and answers to your questions.

Because activities and progressions are based on child development, you register in the level appropriate for your child's age: 4–12 months, 12–24 months, or 2–3 years.

Parent & Tot 1 \$70.47

30 minutes

Designed for the 4 to 12-month-old to learn to enjoy the water with the parent.

Code	Date	Day and Time
8493	Jan 6-Mar 9	Mon 6:00 PM-6:30 PM
8494	Jan 7-Mar 3	Tue 10:30 AM-11:00 AM
8495	Jan 7-Mar 3	Tue 5:45 PM-6:15 PM
8496	Jan 8-Mar 4	Wed 6:00 PM-6:30 PM
8497	Jan 9-Mar 5	Thu 6:00 PM-6:30 PM
8498	Jan 10-Mar 6	Fri 5:30 PM-6:00 PM
8499	Jan 11-Mar 7	Sat 9:30 AM-10:00 AM

Parent & Tot 2 \$70.47

30 minutes

Designed for the 12 to 24-month-old to learn to enjoy the water with the parent.

Code	Date	Day and Time
8501	Jan 6-Mar 9	Mon 10:30 AM-11:00 AM
8502	Jan 6-Mar 9	Mon 5:30 PM-6:00 PM
8503	Jan 7-Mar 3	Tue 6:15 PM-6:45 PM
8504	Jan 8-Mar 4	Wed 4:30 PM-5:00 PM
8505	Jan 8-Mar 4	Wed 6:30 PM-7:00 PM
8506	Jan 9-Mar 5	Thu 5:30 PM-6:00 PM
8507	Jan 10-Mar 6	Fri 6:30 PM-7:00 PM
8508	Jan 11-Mar 7	Sat 9:00 AM-9:30 AM

Parent & Tot 3 \$70.47

30 minutes

Designed for the 2 to 3-year-old to learn to enjoy the water with the parent.

Code	Date	Day and Time
8510	Jan 6-Mar 9	Mon 4:45 PM-5:15 PM
8511	Jan 6-Mar 9	Mon 6:30 PM-7:00 PM
8512	Jan 7-Mar 3	Tue 7:00 PM-7:30 PM
8513	Jan 8-Mar 4	Wed 5:30 PM-6:00 PM
8514	Jan 9-Mar 5	Thu 6:30 PM-7:00 PM
8515	Jan 10-Mar 6	Fri 10:30 AM-11:00 AM
8516	Jan 10-Mar 6	Fri 6:00 PM-6:30 PM
8517	Jan 11-Mar 7	Sat 10:00 AM-10:30 AM
8518	Jan 11-Mar 7	Sat 11:30 AM-12:00 PM

Preschool Program (3 – 5 Years)

Give your child a head start on learning to swim. The Lifesaving Society Preschool Program develops an appreciation and healthy respect for the water before these kids get in too deep.

In our basic aquatic progressions we work to ensure 3 to 5-year olds become comfortable in the water and have fun acquiring and developing a foundation of water skills. We incorporate Lifesaving Society Water Smart® education in all Preschool levels.

Preschool 1 \$72.54

30 minutes

3 - 5 years with parent

In this transitional class we encourage the parent to participate until their child lets them know they can do it themselves (generally between lesson 3 and 5).

Code	Date	Day and Time
8520	Jan 6-Mar 9	Mon 10:30 AM-11:00 AM
8521	Jan 6-Mar 9	Mon 5:00 PM-5:30 PM
8522	Jan 6-Mar 9	Mon 6:00 PM-6:30 PM
8523	Jan 6-Mar 9	Mon 6:30 PM-7:00 PM
8524	Jan 7-Mar 3	Tue 10:30 AM-11:00 AM
8525	Jan 7-Mar 3	Tue 4:30 PM-5:00 PM
8526	Jan 7-Mar 3	Tue 5:00 PM-5:30 PM
8527	Jan 7-Mar 3	Tue 5:30 PM-6:00 PM
8528	Jan 8-Mar 4	Wed 4:15 PM-4:45 PM
8529	Jan 8-Mar 4	Wed 5:15 PM-5:45 PM
8530	Jan 8-Mar 4	Wed 6:00 PM-6:30 PM
8531	Jan 8-Mar 4	Wed 6:45 PM-7:15 PM
8532	Jan 9-Mar 5	Thu 4:30 PM-5:00 PM
8533	Jan 9-Mar 5	Thu 5:00 PM-5:30 PM
8534	Jan 9-Mar 5	Thu 6:45 PM-7:15 PM
8535	Jan 10-Mar 6	Fri 4:30 PM-5:00 PM
8536	Jan 10-Mar 6	Fri 5:15 PM-5:45 PM
8537	Jan 10-Mar 6	Fri 6:30 PM-7:00 PM
8538	Jan 11-Mar 7	Sat 9:30 AM-10:00 AM
8539	Jan 11-Mar 7	Sat 10:15 AM-10:45 AM
8540	Jan 11-Mar 7	Sat 11:00 AM-11:30 AM



WILMOT RECREATION COMPLEX • Learn to Swim Schedule

Preschool Program (3 – 5 Years)

Preschool 2

\$72.54

30 minutes

3 – 5 years Completed Preschool 1

Code	Date	Day and Time
8542	Jan 6-Mar 9	Mon 1:00 PM-1:30 PM
8543	Jan 6-Mar 9	Mon 4:00 PM-4:30 PM
8544	Jan 6-Mar 9	Mon 5:30 PM-6:00 PM
8545	Jan 6-Mar 9	Mon 6:45 PM-7:15 PM
8546	Jan 7-Mar 3	Tue 10:30 AM-11:00 AM
8547	Jan 7-Mar 3	Tue 4:00 PM-4:30 PM
8548	Jan 7-Mar 3	Tue 4:30 PM-5:00 PM
8549	Jan 7-Mar 3	Tue 5:00 PM-5:30 PM
8550	Jan 8-Mar 4	Wed 4:15 PM-4:45 PM
8551	Jan 8-Mar 4	Wed 5:00 PM-5:30 PM
8552	Jan 8-Mar 4	Wed 6:00 PM-6:30 PM
8553	Jan 8-Mar 4	Wed 7:00 PM-7:30 PM
8554	Jan 9-Mar 5	Thu 4:00 PM-4:30 PM
8555	Jan 9-Mar 5	Thu 4:30 PM-5:00 PM
8556	Jan 9-Mar 5	Thu 5:00 PM-5:30 PM
8557	Jan 9-Mar 5	Thu 5:30 PM-6:00 PM
8558	Jan 10-Mar 6	Fri 10:30 AM-11:00 AM
8559	Jan 10-Mar 6	Fri 4:15 PM-4:45 PM
8560	Jan 10-Mar 6	Fri 4:45 PM-5:15 PM
8561	Jan 10-Mar 6	Fri 6:00 PM-6:30 PM
8562	Jan 10-Mar 6	Fri 7:00 PM-7:30 PM
8563	Jan 11-Mar 7	Sat 9:00 AM-9:30 AM
8564	Jan 11-Mar 7	Sat 9:45 AM-10:15 AM
8565	Jan 11-Mar 7	Sat 10:30 AM-11:00 AM
8566	Jan 11-Mar 7	Sat 10:45 AM-11:15 AM

Preschool 3

\$72.54

30 minutes

3 – 5 years Completed Preschool 2

Code	Date	Day and Time
8568	Jan 6-Mar 9	Mon 10:30 AM-11:00 AM
8569	Jan 6-Mar 9	Mon 4:15 PM-4:45 PM
8570	Jan 6-Mar 9	Mon 5:00 PM-5:30 PM
8571	Jan 6-Mar 9	Mon 6:15 PM-6:45 PM
8572	Jan 6-Mar 9	Mon 7:00 PM-7:30 PM
8573	Jan 7-Mar 3	Tue 1:00 PM-1:30 PM
8574	Jan 7-Mar 3	Tue 4:00 PM-4:30 PM
8575	Jan 7-Mar 3	Tue 4:30 PM-5:00 PM
8576	Jan 7-Mar 3	Tue 5:30 PM-6:00 PM
8577	Jan 8-Mar 4	Wed 4:00 PM-4:30 PM
8578	Jan 8-Mar 4	Wed 4:45 PM-5:15 PM
8579	Jan 8-Mar 4	Wed 5:30 PM-6:00 PM
8580	Jan 8-Mar 4	Wed 7:00 PM-7:30 PM
8581	Jan 9-Mar 5	Thu 4:00 PM-4:30 PM
8582	Jan 9-Mar 5	Thu 5:00 PM-5:30 PM
8583	Jan 9-Mar 5	Thu 5:30 PM-6:00 PM
8584	Jan 9-Mar 5	Thu 7:00 PM-7:30 PM
8585	Jan 10-Mar 6	Fri 10:30 AM-11:00 AM
8586	Jan 10-Mar 6	Fri 4:15 PM-4:45 PM
8587	Jan 10-Mar 6	Fri 4:45 PM-5:15 PM
8588	Jan 10-Mar 6	Fri 6:15 PM-6:45 PM
8589	Jan 11-Mar 7	Sat 9:30 AM-10:00 AM

Preschool 3 continued

8590	Jan 11-Mar 7	Sat	10:30 AM-11:00 AM
8591	Jan 11-Mar 7	Sat	11:00 AM-11:30 AM
8592	Jan 11-Mar 7	Sat	11:30 AM-12:00 PM

Preschool 4

\$72.54

30 minutes

3 – 5 years Completed Preschool 3

This program is combined with Preschool 5

Code	Date	Day and Time
8594	Jan 6-Mar 9	Mon 1:00 PM-1:30 PM
8595	Jan 6-Mar 9	Mon 4:30 PM-5:00 PM
8598	Jan 6-Mar 9	Mon 6:30 PM-7:00 PM
8599	Jan 6-Mar 9	Mon 7:00 PM-7:30 PM
8600	Jan 7-Mar 3	Tue 1:00 PM-1:30 PM
8601	Jan 7-Mar 3	Tue 5:00 PM-5:30 PM
8602	Jan 7-Mar 3	Tue 6:00 PM-6:30 PM
8603	Jan 7-Mar 3	Tue 7:00 PM-7:30 PM
8604	Jan 8-Mar 4	Wed 4:45 PM-5:15 PM
8605	Jan 8-Mar 4	Wed 5:15 PM-5:45 PM
8606	Jan 8-Mar 4	Wed 6:30 PM-7:00 PM
8607	Jan 9-Mar 5	Thu 4:30 PM-5:00 PM
8608	Jan 9-Mar 5	Thu 6:00 PM-6:30 PM
8609	Jan 9-Mar 5	Thu 7:00 PM-7:30 PM
8610	Jan 10-Mar 6	Fri 4:30 PM-5:00 PM
8611	Jan 10-Mar 6	Fri 5:45 PM-6:15 PM
8612	Jan 10-Mar 6	Fri 7:00 PM-7:30 PM
8613	Jan 11-Mar 7	Sat 9:45 AM-10:15 AM
8614	Jan 11-Mar 7	Sat 10:45 AM-11:15 AM
8615	Jan 11-Mar 7	Sat 11:30 AM-12:00 PM

Preschool 5

\$72.54

30 minutes

3 – 5 years Completed Preschool 4

This program is combined with Preschool 4

Code	Date	Day and Time
8617	Jan 6-Mar 9	Mon 1:00 PM-1:30 PM
8618	Jan 6-Mar 9	Mon 4:30 PM-5:00 PM
8619	Jan 6-Mar 9	Mon 6:30 PM-7:00 PM
8620	Jan 6-Mar 9	Mon 7:00 PM-7:30 PM
8621	Jan 7-Mar 3	Tue 1:00 PM-1:30 PM
8622	Jan 7-Mar 3	Tue 5:00 PM-5:30 PM
8623	Jan 7-Mar 3	Tue 6:00 PM-6:30 PM
8624	Jan 7-Mar 3	Tue 7:00 PM-7:30 PM
8625	Jan 8-Mar 4	Wed 4:45 PM-5:15 PM
8626	Jan 8-Mar 4	Wed 5:15 PM-5:45 PM
8627	Jan 8-Mar 4	Wed 6:30 PM-7:00 PM
8628	Jan 9-Mar 5	Thu 4:30 PM-5:00 PM
8629	Jan 9-Mar 5	Thu 6:00 PM-6:30 PM
8630	Jan 9-Mar 5	Thu 7:00 PM-7:30 PM
8631	Jan 10-Mar 6	Fri 4:30 PM-5:00 PM
8632	Jan 10-Mar 6	Fri 5:45 PM-6:15 PM
8633	Jan 10-Mar 6	Fri 7:00 PM-7:30 PM
8634	Jan 11-Mar 7	Sat 9:45 AM-10:15 AM
8635	Jan 11-Mar 7	Sat 10:45 AM-11:15 AM
8636	Jan 11-Mar 7	Sat 11:30 AM-12:00 PM

Child and Youth Learn-to-Swim Programs Winter 2020 Session

Please Note! *Classes will be cancelled on the following dates. Monday, February 17, all lessons. Please consult www.wilmot.ca if you are concerned about whether or not your program is running due to weather conditions.



The Lifesaving Society's Swimmer program makes sure your children learn how to swim before they get in too deep. We stress lots of in-water practice to develop solid swimming strokes and skills. We incorporate Lifesaving Society Water Smart® education in all Swimmer levels. Participants must be 5 years of age to move into the Swim for Life program. To move up in levels the swimmer must successfully complete the requirements of the previous level.

Swimmer 1 \$73.80

45 minutes

New swimmer aged 5 years or older or completed Preschool levels 1 - 4

Code	Date	Day and Time
8638	Jan 6-Mar 9	Mon 4:00 PM-4:30 PM
8639	Jan 6-Mar 9	Mon 5:00 PM-5:30 PM
8640	Jan 6-Mar 9	Mon 6:00 PM-6:30 PM
8641	Jan 7-Mar 3	Tue 6:15 PM-6:45 PM
8642	Jan 8-Mar 4	Wed 4:30 PM-5:00 PM
8643	Jan 8-Mar 4	Wed 6:00 PM-6:30 PM
8644	Jan 8-Mar 4	Wed 6:45 PM-7:15 PM
8645	Jan 9-Mar 5	Thu 6:00 PM-6:30 PM
8646	Jan 10-Mar 6	Fri 4:45 PM-5:15 PM
8647	Jan 10-Mar 6	Fri 6:45 PM-7:15 PM
8648	Jan 11-Mar 7	Sat 9:00 AM-9:30 AM
8649	Jan 11-Mar 7	Sat 10:00 AM-10:30 AM
8650	Jan 11-Mar 7	Sat 11:15 AM-11:45 AM

Swimmer 2 \$73.80

45 minutes

Completed Swimmer 1 or Preschool 5

Code	Date	Day and Time
8652	Jan 6-Mar 9	Mon 4:15 PM-5:00 PM
8653	Jan 6-Mar 9	Mon 5:45 PM-6:30 PM
8654	Jan 6-Mar 9	Mon 6:30 PM-7:15 PM
8655	Jan 7-Mar 3	Tue 6:30 PM-7:15 PM
8656	Jan 8-Mar 4	Wed 4:00 PM-4:45 PM
8657	Jan 8-Mar 4	Wed 5:45 PM-6:30 PM
8658	Jan 9-Mar 5	Thu 6:15 PM-7:00 PM
8659	Jan 10-Mar 6	Fri 4:00 PM-4:45 PM
8660	Jan 10-Mar 6	Fri 6:00 PM-6:45 PM
8661	Jan 11-Mar 7	Sat 9:45 AM-10:30 AM
8662	Jan 11-Mar 7	Sat 10:30 AM-11:15 AM
8663	Jan 11-Mar 7	Sat 11:15 AM-12:00 PM

Swimmer 3

45 minutes

Completed Swimmer 2

Code	Date	Day and Time
8665	Jan 6-Mar 9	Mon 4:00 PM-4:45 PM
8666	Jan 6-Mar 9	Mon 4:45 PM-5:30 PM
8667	Jan 6-Mar 9	Mon 6:00 PM-6:45 PM
8668	Jan 7-Mar 3	Tue 6:45 PM-7:30 PM
8669	Jan 8-Mar 4	Wed 5:00 PM-5:45 PM
8670	Jan 8-Mar 4	Wed 6:45 PM-7:30 PM
8671	Jan 9-Mar 5	Thu 6:45 PM-7:30 PM
8672	Jan 10-Mar 6	Fri 5:00 PM-5:45 PM
8673	Jan 10-Mar 6	Fri 6:45 PM-7:30 PM
8674	Jan 11-Mar 7	Sat 9:00 AM-9:45 AM
8675	Jan 11-Mar 7	Sat 10:15 AM-11:00 AM

Swimmer 4

45 minutes

Completed Swimmer 3

Code	Date	Day and Time
8677	Jan 6-Mar 9	Mon 4:15 PM-5:00 PM
8678	Jan 6-Mar 9	Mon 5:30 PM-6:15 PM
8679	Jan 6-Mar 9	Mon 6:45 PM-7:30 PM
8680	Jan 8-Mar 4	Wed 4:00 PM-4:45 PM
8681	Jan 8-Mar 4	Wed 6:00 PM-6:45 PM
8682	Jan 10-Mar 6	Fri 4:15 PM-5:00 PM
8683	Jan 10-Mar 6	Fri 6:00 PM-6:45 PM
8684	Jan 11-Mar 7	Sat 9:45 AM-10:30 AM
8685	Jan 11-Mar 7	Sat 10:45 AM-11:30 AM

Swimmer 5

45 minutes

Completed Swimmer 4

Code	Date	Day and Time
8687	Jan 6-Mar 9	Mon 4:00 PM-4:45 PM
8688	Jan 6-Mar 9	Mon 5:15 PM-6:00 PM
8689	Jan 6-Mar 9	Mon 7:30 PM-8:15 PM
8690	Jan 8-Mar 4	Wed 4:45 PM-5:30 PM
8691	Jan 8-Mar 4	Wed 5:45 PM-6:30 PM
8692	Jan 10-Mar 6	Fri 5:00 PM-5:45 PM
8693	Jan 10-Mar 6	Fri 6:45 PM-7:30 PM
8694	Jan 11-Mar 7	Sat 9:00 AM-9:45 AM
8695	Jan 11-Mar 7	Sat 11:15 AM-12:00 PM

WILMOT RECREATION COMPLEX • Learn to Swim Schedule

Child and Youth Learn-to-Swim Programs Winter 2020 Session Continued

Swimmer 6

\$73.80

45 minutes
Completed Swimmer 5

Code	Date	Day and Time
8697	Jan 6-Mar 9	Mon 4:30 PM-5:15 PM
8698	Jan 6-Mar 9	Mon 6:00 PM-6:45 PM
8699	Jan 8-Mar 4	Wed 4:15 PM-5:00 PM
8700	Jan 8-Mar 4	Wed 6:15 PM-7:00 PM
8701	Jan 10-Mar 6	Fri 4:00 PM-4:45 PM
8702	Jan 10-Mar 6	Fri 6:15 PM-7:00 PM
8703	Jan 11-Mar 7	Sat 10:00 AM-10:45 AM
8704	Jan 11-Mar 7	Sat 11:15 AM-12:00 PM

Swimmer 7

\$73.80

45 minutes
Completed Swimmer 6.
Please note: This course will be combined with Swimmer 8.

Code	Date	Day and Time
8706	Jan 6-Mar 9	Mon 4:45 PM-5:30 PM
8707	Jan 6-Mar 9	Mon 6:45 PM-7:30 PM
8708	Jan 8-Mar 4	Wed 5:15 PM-6:00 PM
8709	Jan 8-Mar 4	Wed 6:45 PM-7:30 PM
8710	Jan 10-Mar 6	Fri 5:15 PM-6:00 PM
8711	Jan 11-Mar 7	Sat 9:00 AM-9:45 AM
8713	Jan 11-Mar 7	Sat 10:30 AM-11:15 AM

Swimmer 8

\$73.80

45 minutes
Completed Swimmer 7
Please note: This course will be combined with Swimmer 9.

Code	Date	Day and Time
8715	Jan 6-Mar 9	Mon 4:45 PM-5:30 PM
8716	Jan 6-Mar 9	Mon 6:45 PM-7:30 PM
8717	Jan 8-Mar 4	Wed 5:15 PM-6:00 PM
8718	Jan 8-Mar 4	Wed 6:45 PM-7:30 PM
8719	Jan 10-Mar 6	Fri 5:15 PM-6:00 PM
8720	Jan 11-Mar 7	Sat 9:00 AM-9:45 AM
8721	Jan 11-Mar 7	Sat 10:30 AM-11:15 AM

Swimmer 9 / Rookie Patrol

\$74.97

60 minutes
Completed Swimmer 8

Code	Date	Day and Time
8723	Jan 6-Mar 9	Mon 5:30 PM-6:30 PM
8724	Jan 8-Mar 4	Wed 5:45 PM-6:45 PM
8725	Jan 10-Mar 6	Fri 6:30 PM-7:30 PM
8726	Jan 11-Mar 7	Sat 9:30 AM-10:30 AM

Swimmer 10 / Ranger Patrol

\$74.97

60 minutes
Completed Rookie Patrol
Please note: This course will be combined with Star Patrol.

Code	Date	Day and Time
8728	Jan 6-Mar 9	Mon 6:30 PM-7:30 PM
8729	Jan 8-Mar 4	Wed 4:45 PM-5:45 PM
8730	Jan 10-Mar 6	Fri 5:00 PM-6:00 PM

Swimmer 11 / Star Patrol

\$74.97

60 minutes
Completed Ranger Patrol
Please note: This course will be combined with Ranger Patrol.

Code	Date	Day and Time
8732	Jan 6-Mar 9	Mon 6:30 PM-7:30 PM
8733	Jan 8-Mar 4	Wed 4:45 PM-5:45 PM
8734	Jan 10-Mar 6	Fri 5:00 PM-6:00 PM



Due to the overwhelming success of online registration, The Township of Wilmot Facilities & Recreation Services Department will not be offering the Registration Fair.

Anyone needing assistance with online registration should contact **Crystal** at **519-634-8444 ext. 226**, or go to our website at **Wilmot.ca** for program and contact information, or access the online Recreation Guide.



Teen and Adult Learn-to- Swim Programs Private Lessons Fall 2019 & Winter 2020 Sessions



Please Note!

*Classes will be cancelled on the following dates. Make up lessons have been scheduled into the dates. Monday, October 14, – all lessons; Thursday, October 31 – after school lessons; Friday, November 15th – after school lessons; Saturday, November 16th, – all lessons; Monday, February 17, – all lessons.

Please consult our website www.wilmot.ca if you are concerned about whether or not your program is running due to weather conditions.

FALL 2019 SESSION

Teen Lessons

\$83.39

45 minutes

Code	Date	Day and Time
8473	Sep 30-Dec 2	Mon 6:45 PM-7:30 PM
8474	Sep 27-Nov 29	Fri 6:45 PM-7:30 PM

Adult Lessons

\$83.39

45 minutes

Code	Date	Day and Time
8476	Sep 30-Dec 2	Mon 7:30 PM-8:15 PM
8477	Sep 27-Nov 29	Fri 6:15 PM-7:00 PM

WINTER 2020 SESSION

Teen Lessons

\$83.39

45 minutes

Code	Date	Day and Time
8736	Jan 6-Mar 9	Mon 6:45 PM-7:30 PM
8737	Jan 10-Mar 6	Fri 6:45 PM-7:30 PM

Adult Lessons

\$83.39

45 minutes

Code	Date	Day and Time
8739	Jan 6-Mar 9	Mon 7:30 PM-8:15 PM
8740	Jan 10-Mar 6	Fri 6:00 PM-6:45 PM

DROP-IN LESSONS

These ½ hour classes are ideal for those swimmers 3 to 13 years who are unable to participate in the formal swimming lessons. Participants in these classes will not be working towards a swimming badge. Participants will be assigned to a class based on swim ability, beginners, shallow-water swimmers and deep-water swimmers. Spaces may be booked in advance by calling 519-634-9225. If you choose to drop in for a class, arrive early, as space is limited for each class time. COST: \$7.26/ lesson



FALL

Wednesday December 4, 11 & 18, 6:00 and 6:30 pm

Friday, December 6, 13 & 20, 6:00 and 6:30 pm

PRIVATES AND SEMI-PRIVATES

You can now register for Privates on-line recWeb.

(Semi-privates must be done in person.)

A private lesson may be what your child needs to complete a badge or learn a new skill. Please ensure that you speak to your child's instructor at the start of the lesson to set-out your goals and what you are hoping to accomplish for your child. Minimum age for private lessons is 3 years of age.

If you are interested in semi-private lessons, it is your responsibility to find the other participant. When registering for semi-private lessons, register one of the participants to hold the space. Please contact the Customer Service Desk to then add the second person to the semi-private. To ensure quality instructions both participants must be in similar levels. Privates and semi-privates must be pre-paid and are subject to the absentee policy.

****If all private spots are full and you are still interested in a lesson please contact the Wilmot Recreation Centre and we can add you to a waiting list.**

Cost:

Private lessons age 3 and up

Private Lessons - \$28.00 per ½ hour

Semi-private Lessons – \$ 21.00 per person per ½ hour

Lessons are booked in 4 or 5 lesson blocks – you **MUST** book all 4 or 5 Lessons (if you only want one for an assessment please contact the Wilmot Recreation Complex 519-634-9225



WILMOT RECREATION COMPLEX • Learn to Swim Schedule

Private Lessons Fall 2019 & Winter 2020 Sessions Continued

Fall 2019 – Block of 5 Lessons

Code	Date	Day and Time
8742	Sep 30 – Nov 4	Monday 4:00 PM *
8743	Sep 30 – Nov 4	Monday 5:15 PM *
8744	Sep 30 – Nov 4	Monday 7:00 PM *
8745	Sep 30 – Nov 4	Monday 7:30 PM *
8746	Sep 30 – Nov 4	Monday 7:30 PM *
8747	Oct 2 - 30	Wednesday 4:00 PM
8748	Oct 2 - 30	Wednesday 4:00 PM
8749	Oct 2 - 30	Wednesday 7:00 PM
8750	Oct 2 - 30	Wednesday 7:00 PM
8751	Sep 27 – Oct 25	Friday 4:00 PM
8752	Sep 27 – Oct 25	Friday 4:00 PM
8753	Sep 27 – Oct 25	Friday 7:00 PM
8754	Sep 27 – Oct 25	Friday 7:00 PM
8755	Sep 28 – Oct 26	Saturday 9:00 AM
8756	Sep 28 – Oct 26	Saturday 11:30 AM
8757	Sep 28 – Oct 26	Saturday 11:30 AM

Winter 2020 – Block of 5 Lessons

Code	Date	Day and Time
8776	Jan 6 – Feb 3	Monday 4:00 PM
8777	Jan 6 – Feb 3	Monday 7:00 PM
8778	Jan 6 – Feb 3	Monday 7:00 PM
8779	Jan 6 – Feb 3	Monday 7:15 PM
8780	Jan 6 – Feb 3	Monday 7:30 PM
8781	Jan 8 – Feb 5	Wednesday 4:00 PM
8782	Jan 8 – Feb 5	Wednesday 7:00 PM
8783	Jan 8 – Feb 5	Wednesday 7:00 PM
8784	Jan 10 – Feb 7	Friday 4:00 PM
8785	Jan 10 – Feb 7	Friday 4:00 PM
8786	Jan 10 – Feb 7	Friday 4:45 PM
8787	Jan 10 – Feb 7	Friday 7:00 PM
8788	Jan 10 – Feb 7	Friday 7:00 PM
8789	Jan 11 – Feb 8	Saturday 9:00 AM
8790	Jan 11 – Feb 8	Saturday 9:00 AM
8791	Jan 11 – Feb 8	Saturday 11:00 AM
8792	Jan 11 – Feb 8	Saturday 11:30 AM

Fall 2019 – Block of 4 Lessons

Code	Date	Day and Time
8759	Nov 11 – Dec 2	Monday 4:00 PM
5760	Nov 11 – Dec 2	Monday 5:15 PM
8761	Nov 11 – Dec 2	Monday 7:00 PM
8762	Nov 11 – Dec 2	Monday 7:30 PM
8763	Nov 11 – Dec 2	Monday 7:30 PM
8764	Nov 6 - 27	Wednesday 4:00 PM
8765	Nov 6 - 27	Wednesday 4:00 PM
8766	Nov 6 - 27	Wednesday 7:00 PM
8767	Nov 6 - 27	Wednesday 7:00 PM
8758	Nov 1 – 29	Friday 4:00 PM*
8769	Nov 1 – 29	Friday 4:00 PM*
8770	Nov 1 – 29	Friday 7:00 PM*
8771	Nov 1 – 29	Friday 7:00 PM*
8772	Nov 2 – 30	Saturday 9:00 AM*
8773	Nov 2 – 30	Saturday 11:30 AM*
8774	Nov 2 – 30	Saturday 11:30 AM*

Winter 2020 – Block of 4 Lessons

Code	Date	Day and Time
8794	Feb – 10 – Mar 9	Monday 4:00 PM *
8795	Feb – 10 – Mar 9	Monday 7:00 PM *
8796	Feb – 10 – Mar 9	Monday 7:00 PM *
8797	Feb – 10 – Mar 9	Monday 7:15 PM *
8798	Feb – 10 – Mar 9	Monday 7:30 PM *
8799	Feb 12 – Mar 4	Wednesday 4:00 PM
8800	Feb 12 – Mar 4	Wednesday 7:00 PM
8801	Feb 12 – Mar 4	Wednesday 7:00 PM
8802	Feb 14 – Mar 6	Friday 4:00 PM
8803	Feb 14 – Mar 6	Friday 4:00 PM
8804	Feb 14 – Mar 6	Friday 4:45 PM
8805	Feb 14 – Mar 6	Friday 7:00 PM
8806	Feb 14 – Mar 6	Friday 7:00 PM
8807	Feb 15 – Mar 7	Saturday 9:00 AM
8808	Feb 15 – Mar 7	Saturday 9:00 AM
8809	Feb 15 – Mar 7	Saturday 11:00 AM
8810	Feb 15 – Mar 7	Saturday 11:30 AM



FALL SCHEDULE - Effective September 2019

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Length Swim Lap Pool ONLY * Shared Pool	6:45-7:45AM* 9:00-10:30AM* 11:15-12:40PM 7:35-9:30PM*	9:30-10:30AM* 11:15-12:40PM 7:35-9:30PM*	6:45-7:45AM* 9:00-10:30AM* 11:15-12:40PM 7:35-9:30PM*	9:30-10:30AM* 11:15-12:40PM 7:35-9:30PM*	6:45-7:45AM 9:00-10:30AM* 11:15-12:40PM	12:00-1:00PM	1:30-2:45PM
Adult/ Seniors Swim	Leisure Pool Only Swimmers must be 18 years of age or older			10:30-11:15AM Leisure pool only			
Family Swim*	Youth 17 years and younger are required to be accompanied by and an Adult 18 years or older. Leisure Pool Only!		10:30-11:15AM Leisure pool only	12:45-1:30PM Leisure pool only	12:45-1:30PM	3:30-4:30PM Leisure pool only	1:30-2:45PM Leisure pool only
Open Swim					7:30 - 9:00PM	1:00 -3:00PM	3:00 - 5:00PM
AquaFit *Shared pool	S - 9:00-9:45AM* D - 9:45-10:30AM C-7:35-8:30PM*	C - 9:30-10:30AM* C - 7:35-8:30PM	D - 9:00-9:45AM* S - 9:45-10:30AM* C - 7:35 - 8:30PM	C - 9:35-10:30AM* C - 7:35-8:30PM	S - 9:00-9:45AM D - 9:45-10:30AM	S - Shallow D - Deep C - Combo	
Easy Does It AquaFit	8:45 - 9:30AM 7:30 - 8:15PM*	8:45 - 9:30AM 7:30 - 8:15PM	8:45 - 9:30AM 7:30 - 8:15PM	8:45 - 9:30AM 7:30 - 8:15AM	8:45 - 9:30AM	Participants will perform mild to moderate exercises in the warm water pool. Focus will be on muscle and stretch.	
Aqua Fun		6:00-7:00PM	AquaFun is ideal for 8-13 yr olds who love to swim! This action packed drop-in class involves 40 mins of aquafit and 20 mins of watersport! Swim test card required for 8-10 yr olds.				
Holiday Swims	Dec 23 & 30 1:00-3:00 PM Family Day Open Swim 1:00-4:00pm	Dec 24 & 31 1:00-3:00 PM Pool Closed 3:00 PM	Dec 25 Jan 1 Pool Closed	Dec 26 Pool Closed Jan 2 1:00 – 3:00 PM	Dec 27 & Jan 3 1:00 – 3:00 PM		

****Swims are subject to change without notice** SAFE SWIMMING IS IMPORTANT TO US!**

NEW PROGRAM - THERAPEUTIC DROP IN

Drop in and work through your own Doctor or therapist prescribed exercises in the warm-water leisure pool. No formal class instruction but equipment is available. If attending with a personal therapist, the therapist and client must pay the admission fee. Leisure pool water features will not be in operation during this time.

Monday 1:45 – 2:45 PM

Cost: Adult \$5.60, Senior \$4.85 or purchase a Swim Pass.

POOL CLOSURE DATES

All Programs and Recreational Swims will be cancelled on the following days:

Maintenance shutdown: August 31 – September 13, 2019; **Thanksgiving Monday** - October 14;

Swim Meet – November 15th from 4:00 pm – Close; **Swim Meet** – November 16th, All day;

Swim Meet – November 17th, All day; **Christmas Eve** – December 24 close at 3:30 pm; **Christmas** - December 25;

Boxing Day- December 26; **New Years Eve** - December 31- Close at 3:30 pm; **New Years Day**- January 1;

Family Day – February 17 – Limited Hours 11:15 am – 4:00 pm; **Swim Meet** – March 7, 12:00 pm – Close;

Swim Meet – March 8 – All day

WILMOT RECREATION COMPLEX • Learn to Swim Schedule

Recreational Swim Admission Prices

Pay-as-you-go		Admission Tickets		Membership		Aquafit	
Under 3 years	Free	Youth 10 Visit	\$34.45	Youth 3 Month	\$114.80	Youth 3 Month	\$114.80
Youth (3 to 17 yrs.)	\$3.85	Youth 50 Visit	\$133.90	Senior 3 Month	\$145.35	Senior 3 Month	\$145.35
Adult (18 to 54 yrs.)	\$5.60	Youth 100 Visit	\$229.60	Adult 3 Month	\$168.40	Adult 3 Month	\$168.40
Seniors (55+)	\$4.85	Senior 10 Visit	\$43.60			Pay-as-you-go	\$7.65
Family (2 adults & 2 children under 18)	\$15.80	Senior 50 Visit	\$169.60				
Each additional child	\$1.50	Senior 100 Visit	\$290.75				
Weekday Family & Adult Swim	\$2.25/ person	Adult 10 Visit	\$50.50				
		Adult 50 Visit	\$196.45				
		Adult 100 Visit	\$336.80				

Prices include HST. Prices are subject to change

Early morning swimmers - please pay by cash or a previously purchased swim pass.
Staff do not have access to a debit machine.



Admission Policy for Recreational Swims

WAC staff members are experts trained in aquatic emergencies. They are required to supervise all patrons in the pool and cannot act in a child care capacity. Parental supervision of all children under 10 years of age is strongly recommended during all pool visits.

Children aged 7 and under and children 8 – 10 years who are weak or non- swimmers

- Must be accompanied by a responsible parent or guardian 13 years of age or older who is responsible for their direct supervision. A Maximum of 2 children for each parent/ guardian
- Children wearing personal flotation devices (water wings, lifejackets etc) must be supervised at all times

Children aged 8 to 10 years of age who are strong swimmers (NEW STANDARD)

- May be admitted into the pool without direct supervision provided they are able to demonstrate the ability to pass the Aquatic Swim test. This test consists of a 20 meter swim on the front putting the face into the water at least once, 15 second tread and a 20 meter swim on the front or back. This must be completed comfortably by the swimmer without stopping or putting their feet on the bottom.
- Parents/ Guardians must remain in the facility until the swim test is completed successfully. If the child is unable to complete the swim test, the Parent/ Guardian will be required to participate with the child.

“Direct supervision” is defined as being in the water within arms reach and able to render immediate assistance.

Persons who have known seizure disorders or other serious medical disorders are at greater risk while swimming. Those individuals should be accompanied and supervised by another individual knowledgeable on their condition.

Wrist Band Policy

In conjunction with our admission policy we will be issuing wrist bands to young swimmers.

- **Children 7 years of age or younger** will be given a RED ribbon for their wrist. These children must be accompanied in the water at all times by a parent or guardian 13 years of age or older who must remain within arm’s reach at all times.
- **Children 8 – 10 years of age** will be given a YELLOW ribbon for their wrist if they wish to perform a swim test to see if they can swim unaccompanied. Parents or the guardian must be in the facility until the child has performed the swim test to ensure the child is able to swim alone.
- If the child passes the swim test, they can have their wrist band removed and will be issued a swim test card. Swim test cards must be presented to the customer service representative each visit.
- If they do not pass the swim test, they will be issued a RED ribbon for their wrist and will be required to swim within arm’s reach of a parent or guardian 13 years of age or older who is in the pool.

Wilmot ADULT DAY PROGRAM

COMMUNITY
CARE CONCEPTS

Monday - Friday
9:30am - 3:00pm

200 Boullee Street,
Community Room
of Nithview

Socialize • Music
Activities • Games
Reminisce
Lunch &
Transportation Provided



519-662-9395

PHARMASAVE

Specialty
Compounding

Baden Village Pharmacy

18 Synder's Road, Baden, Ontario P. 519-214-4000 F. 519-214-4001

PHARMASAVE

Home
Health Care

Town Square Pharmacy

100 Mill Street Unit K, New Hamburg P. 519-662-9995 F. 519-662-9984

Together We Provide...

Front Store

- Cosmetics
- Cards and Gifts
- Vitamins and Supplements
- Special Orders
- Mail and Receiving Parcels
- Processing Postal Transactions

Pharmacy Services

- Phone, Online, and Mobile Refills
- Medication Sync
- Compliance Packaging
- Injection Administration
- Specialty Compounding

Home Health Care

(New Hamburg Location)

- Assisted Device Vendor (ADP)
- Bath Safety
- Mobility Aids
- Hospital Beds
- Personal Aids to Daily Living
- Lift Chairs
- Ostomy

**RENTAL OR
PURCHASE**



It's easy to transfer your prescriptions here!

Come in and see our newly expanded Baden store.

Arts & Entertainment

Children & Youth Dryland Training Room - Wilmot Recreation Complex

Hip Hop Dance+iPad Music Video Creation (5+)

Children will discover the latest in Hip Hop dance, music and iPad technology all within a fun, inclusive and energy filled environment. Children explore being a director, dancer, choreographer, DJ, or producer, while working together to create a one-of-a-kind music video! Your child will build confidence, develop social skills, and discover the power of team work! This is an amazing creative outlet to channel physical and mental energy! For ages 5-12 years.

Code	Date	Day	Time	Fee
8139	Oct 2-Dec 4	Wed	5:30 PM-6:30 PM	\$81.50 R \$20.38 NR +HST
8828	Jan 8-Mar 11	Wed	5:30 PM-6:30 PM	\$81.50 R \$20.38 NR +HST

Mini's Combo Dance (5-7yrs) Dryland Training Room - Wilmot Recreation Complex

These purposefully designed classes allow children to be introduced to preliminary ballet technique and basic dance movements utilizing age appropriate songs and nursery rhymes through the visionary Paula Morgan Technique. This program stimulates the body and mind connection while exploring fun and creative movement. Children also explore and have fun making music with their feet! Tap dance allows children to develop a keen sense of timing, rhythm, coordination and musicality essential for dance. Classes offered by Centre Stage Dance Studio.

Code	Date	Day	Time	Fee
8196	Sep 28-Dec 7	Sat	9:00 AM-10:15 AM	\$69.89 R \$17.47 NR +HST
8835	Jan 4-Mar 14	Sat	9:00 AM-10:15 AM	\$69.89 R \$17.47 NR +HST

Movin' Mini's (2-4years) Wayne Roth Meeting Room - Wilmot Recreation Complex

These purposefully designed classes allow children to be introduced to preliminary ballet technique and basic dance movements utilizing age appropriate songs and nursery rhymes through the visionary Paula Morgan Technique. This program stimulates the body and mind connection while exploring fun and creative movement. Children also explore and have fun making music with their feet! Tap dance allows children to develop a keen sense of timing, rhythm, coordination and musicality essential for dance. Classes offered by Centre Stage Dance Studio.

Code	Date	Day	Time	Fee
8195	Sep 28-Dec 7	Sat	10:30 AM-11:30 AM	\$69.89 R \$17.47 NR +HST
8836	Jan 4-Mar 14	Sat	10:30 AM-11:30 AM	\$69.89 R \$17.47 NR +HST

Video Game Design Wayne Roth Meeting Room - Wilmot Recreation Complex

Learn how to program your own real working video games from start to finish. In this program, participants will learn how to create video games from scratch, which they will be able to take home and play with friends and family. This program will introduce basic computer programming skills the fun way! Learn to create Arcade Games, Platform and RPG Games. All materials provided by Progressive Music and Art.

Code	Date	Day	Time	Fee
8192	Oct 1-Dec 3	Tue	6:45 PM-8:15 PM	\$135.00 R \$33.75 NR +HST
8846	Jan 7-Mar 10	Tue	6:45 PM-8:15 PM	\$135.00 R \$33.75 NR +HST

Wonder Kids Dance (2.5-4 yrs) Dryland Training Room - Wilmot Recreation Complex

Join us for a fun filled introductory dance class! This program is designed by local dance studio, Innovative Dance as an introductory program to the exciting world of dance. Learn the "fun" fundamentals of dance as we bop, jump, and twirl over this 10 week program.

Code	Date	Day	Time	Fee
8193	Oct 3-Dec 5	Thu	5:15 PM-5:45 PM	\$35.70 R \$8.93 NR +HST
8847	Jan 9-Mar 12	Thu	5:15 PM-5:45 PM	\$35.70 R \$8.93 NR +HST

Arts & Entertainment - Children & Youth con't

Wonder Kids Dance (5-7yrs) Dryland Training Room - Wilmot Recreation Complex

Join us for a fun filled introductory dance class! This program is designed by local dance studio, Innovative Dance as an introductory program to the exciting world of dance. Learn the "fun" fundamentals of dance as we bop, jump, and twirl over this 10 week program.

Code	Date	Day	Time	Fee
8194	Oct 3-Dec 5	Thu	6:00 PM-6:45 PM	\$50.37 R \$12.59 NR +HST
8848	Jan 9-Mar 12	Thu	6:00 PM-6:45 PM	\$50.37 R \$12.59 NR +HST

Fitness - Adult

Body Sculpt Dryland Training Room - Wilmot Recreation Complex

This 60 minute class uses weights, balls and other equipment to tone and sculpt. This is a full body strength class with upper body, lower body and core work, and is meant for all levels. You won't find high intensity cardio segments here, but with ever changing challenging formats and options you won't get bored with this one! Course instructor is Carol.

Code	Date	Day	Time	Fee
8134	Sep 30-Dec 9	Mon	7:15 PM-8:15 PM	\$81.50 R \$20.38 NR +HST
8825	Jan 6-Mar 16	Mon	7:15 PM-8:15 PM	\$81.50 R \$20.38 NR +HST

Core altes Dryland Training Room - Wilmot Recreation Complex

This is a class you don't want to miss! Core altes is unique and designed for all levels of fitness. This class is low-impact focusing on strengthening the core muscles as well as the lower back and glutes. We are well prepared to accommodate all fitness levels to ensure everyone has a terrific and personalized workout. Exercises are performed on a floor mat and are designed to enhance flexibility, improve physical fitness and posture while stabilizing muscles of the abdomen. Brought to you by Personally Fit and instructed by Nicola Serapiglia.

Code	Date	Day	Time	Fee
8822	Oct 1-Dec 3	Tue	6:15 PM-7:15 PM	\$81.50 R \$20.38 NR +HST
8826	Jan 7-Mar 10	Tue	6:15 PM-7:15 PM	\$81.50 R \$20.38 NR +HST

Fitness - Children & Youth

Girls Only Multi-sport (6-12 Years) Steinmann Mennonite Church - 1316 Snyder's Rd. W, Baden

This program is designed to build confidence and create a positive atmosphere for girls to learn the skills for 8 different sports. Promoting physical literacy is important in our youth, and the goal of this program is to help girls develop a love for sports and see the value in being part of team and being active.

Code	Date	Day	Time	Fee
8150	Oct 1-Nov 19	Tue	6:55 PM-7:55 PM	\$126.10 R \$31.53 NR +HST
8827	Jan 7-Feb 25	Tue	6:55 PM-7:55 PM	\$126.10 R \$31.53 NR +HST

Junior Gymnastics 7+

A unique Level System will be provided and be consistent across all locations, along with reports that help each youth progress to higher levels each time they participate! Our Personally Fit Staff will be facilitating the programming throughout the different locations within the Township of Wilmot. Gymnastics provides a great foundation for all sports and helps develop strength, flexibility, balance, agility and coordination all in one which are all skills required in every physical activity!

Locations:

Fall will be offered at the St. Agatha Community Centre and Winter will be at the New Hamburg Community Centre.

Code	Date	Day	Time	Fee
8852	Oct 1-Dec 3	Tue	6:30 PM-7:15 PM	\$135.00
8866	Jan 6-Mar 16	Mon	6:30 PM-7:15 PM	\$135.00

• NO CLASSES on Saturday, October 12 & February 15 or Monday October 14 & February 17 •

Fitness - Children & Youth con't

Kids Fit Program Room - Wilmot Recreation Complex

This high energy class helps ages 4-10 build stamina, improve coordination, body awareness, core strengthening and encourages a healthy body image in a positive and fun environment. Participants learn the fundamentals for a variety of sports, play lots of fun team building games, and get in a great "workout" just like Mom or Dad! Brought to you by the Coaches at Personally Fit.

Code	Date	Day	Time	Fee
8821	Oct 1-Dec 3	Tue	6:15 PM-7:15 PM	\$69.89 R \$17.47 NR +HST
8833	Jan 7-Mar 10	Tue	6:15 PM-7:15 PM	\$69.89 R \$17.47 NR +HST

Kinder Gym (3-6 years)

A unique Level System will be provided and be consistent across all locations, along with reports that help each youth progress to higher levels each time they participate. Our Personally Fit Staff will be facilitating the programming throughout the different locations within the Township of Wilmot. Gymnastics provides a great foundation for all sports and helps develop strength, flexibility, balance, agility and coordination all in one which are all skills required in every physical activity.

Locations:

Fall will be offered at the St. Agatha Community Centre and Winter will be at the New Hamburg Community Centre.

Code	Date	Day	Time	Fee
8851	Oct 1-Dec 3	Tue	5:45 PM-6:30 PM	\$135.00 R
8867	Jan 6-Mar 16	Mon	5:45 PM-6:30 PM	\$135.00 R

Multi-Sport Drop Off (3.5-5 years) Steinmann Mennonite Church - 1316 Snyder's Rd. W, Baden

In our Drop-Off Indoor Multi-Sport classes, children learn the fundamentals of eight different sports in a fun, stress-free, non-competitive setting. Drop-Off Multi-Sport classes keep children moving and engaged and send them home with a new skill from a different sport each class. If you're looking for a way to give your child a well-rounded sports-base, that promotes their independence and leaves room for specialization later, look no further. *Please note: Aside from the first class, and the parent participation class, it is expected that parents remain outside the gym area while the class is taking place.

Code	Date	Day	Time	Fee
8149	Oct 1-Nov 19	Tue	5:00 PM-6:00 PM	\$126.10 R \$31.53 NR +HST
8837	Jan 7-Feb 25	Tue	5:00 PM-6:00 PM	\$126.10 R \$31.53 NR +HST

Multi-Sport Parent & Child (2-3 years) Steinmann Mennonite Church - 1316 Snyder's Rd. W, Baden

In our Parent & Child classes, children are introduced to the fundamental skills associated with eight different sports. Structured around a play-based curriculum, these classes are a fantastic kick start for an active life. This is a great program to get your special little one to follow simple instructions, share with other children, and develop their gross motor skills. The role of the parent/guardian is to be the personal trainer for their child. You are directly involved in each class led by one of the Sportball coaches.

Code	Date	Day	Time	Fee
8838	Jan 7-Feb 25	Tue	6:05 PM-6:50 PM	\$126.10 R \$31.53 NR +HST
8151	Oct 1-Nov 19	Tue	6:05 PM-6:50 PM	\$126.10 R \$31.53 NR +HST

Zumba Kids Dryland Training Room - Wilmot Recreation Complex

Zumba Kids is designed exclusively for kids ages 4-12 to combine movement, music and community in a class for children. This class is a rockin', high-energy dance parties packed with specially choreographed, kid-friendly routines and all the music kids love, like hip-hop, reggaeton, cumbia and more. Zumba® Kids inspire kids to express themselves through movement and play while effectively improving their overall health and well-being. Kids love it because it's on the cutting edge and fun, and parents love it because it's active, fun, and for the effects it has on kids - increasing their focus and self-confidence, boosting metabolism, and enhancing coordination. Course Instructor is Jen.

Code	Date	Day	Time	Fee
8153	Oct 5-Dec 7	Sat	10:30 AM-11:30 AM	\$69.89 R \$17.47 NR +HST
8849	Jan 4-Mar 14	Sat	10:30 AM-11:30 AM	\$69.89 R \$17.47 NR +HST

Preschool

Parent & Tot Gymnastics (18 months - 2 years)

A unique Level System will be provided and be consistent across all locations, along with reports that help each youth progress to higher levels each time they participate. Our Personally Fit Staff will be facilitating the programming throughout the different locations within the Township of Wilmot. Gymnastics provides a great foundation for all sports and helps develop strength, flexibility, balance, agility and coordination all in one which are all skills required in every physical activity.

Locations:

Fall will be offered at the St. Agatha Community Centre and Winter will be at the New Hamburg Community Centre.

Code	Date	Day	Time	Fee
8850	Oct 1-Dec 3	Tue	5:00 PM-5:45 PM	\$135.00
8868	Jan 6-Mar 16	Mon	5:00 PM-5:45 PM	\$135.00

Health & Wellness - Adult

Take Charge - Chronic Pain FREE

Do you live with ongoing Neck or Back Pain? Other Chronic Pain? This 6-week self-management program includes:

- Exercises for maintaining and improving strength and flexibility
- Techniques to deal with stress, tension, anger and depression
- Learning about the use of pain medication and treatments

For more information or to register please call, 1-866-337-3318 or visit www.selfmanagement.ca

Children & Youth

Home Alone Safety Wayne Roth Meeting Room - Wilmot Recreation Complex

Is your child prepared to take the first steps towards staying home alone? The Home Alone Safety for Kids program helps children gain confidence to, and skills to stay at home alone successfully. This safety program is designed for children aged 9 through 12 years old. Safety and awareness are the common themes in this program. All information is current so it reflects what today's children are facing when home alone. The unique delivery model of our Home Alone Safety for Kids program is suitable for children with different learning styles. Innovative digital and traditional gaming techniques provide a fun and positive learning environment. Engaged participants learn valuable life skills to help them make safer choices when on their own. Each child receives a take home manual and a certificate of participation. Participants are to bring their own lunch and NUT FREE Snacks. Supervised breaks are provided throughout the day. Course is offered in partnership with Safety Tree and adheres to their Behaviour Policy, Pick Up Waivers and a 48 hour cancellation policy.

Code	Date	Day	Time	Fee
8141	Sep 20	Fri	9:00 AM-4:00 PM	\$75.38 R \$18.84 NR +HST
8142	Nov 15	Fri	9:00 AM-4:00 PM	\$75.38 R \$18.84 NR +HST
8830	Mar 17	Tue	9:00 AM-4:00 PM	\$75.38 R \$18.84 NR +HST
8831	Apr 3	Fri	9:00 AM-4:00 PM	\$75.38 R \$18.84 NR +HST

My Safe Life Wayne Roth Meeting Room - Wilmot Recreation Complex

My Safe Life is a personal safety program created for children 7 - 10 years. The program uses traditional gaming, digital media, video, role play and repetition to teach children. Children learn life skills that will keep them safe and make caring and respectful decisions in their everyday lives. Children will take home a manual and a certificate of participation. Participants are to bring their own lunch and NUT FREE Snacks. Supervised breaks are provided throughout the day.

Code	Date	Day	Time	Fee
8145	Oct 26	Sat	9:00 AM-4:00 PM	\$75.38 R \$18.84 NR +HST
8840	Feb 29	Sat	9:00 AM-4:00 PM	\$75.38 R \$18.84 NR +HST

Hobbies & Interests - Children & Youth

Digital Superhero Training Meeting Room B - Wilmot Recreation Complex

This interactive seminar was specially designed for students ages 8-11yrs. Using our Cyber Smart Canada's SMART model, we empower kids with a super digital mindset that will help them avoid almost any digital issue (both now and in the future). Each student will receive a certificate for completing the course and parents will be given access to the Cyber Smart's "Safe & Sane Parent Portal". Safety Tree is a certified training partner for Cyber Smart Canada. Topics include; How children/youth can safeguard their identity • How lurking predators use common apps & game features • How to avoid being a predators target • How students can protect their online reputation • How to deal with cyber-bullying • Includes a fun and interactive superhero theme. Course is offered in partnership with Safety Tree and adheres to their Behaviour Policy, Pick Up Waivers and a 48 hour cancellation policy.

Code	Date	Day	Time	Fee
8854	Sep 28	Sat	8:30 AM-12:30 PM	\$55.00 R \$13.75 NR +HST

Digital Survival Training! Meeting Room B - Wilmot Recreation Complex

Your young teen will love this screen free workshop full of interactive challenges designed to teach them about cyber safety awareness. Will they win immunity, survive the digital jungle, and earn their certification? This interactive seminar was specially designed for students ages 12-14 yrs. using Cyber Smart Canada's SMART model. Each student will earn a certificate for completing the course and parents will be given access to the Cyber Smart "Safe & Sane Parent Portal". Safety Tree is a certified training partner for Cyber Smart Canada. Topics include; how to safeguard themselves in the digital jungle • how to protect themselves from online predators • how to effectively build resiliency even while dealing with cyberbullies • the legal ramifications they could face by sharing intimate images • information to build self esteem through media literacy • how to avoid the digital pest of misinformation. Course is offered in partnership with Safety Tree and adheres to their Behaviour Policy, Pick Up Waivers and a 48 hour cancellation policy.

Code	Date	Day	Time	Fee
8856	Sep 28	Sat	1:00 PM-5:00 PM	\$55.00 R \$13.75 NR +HST

Lego Robotics Machines and Motors Meeting Room B - Wilmot Recreation Complex

Participants will have fun making their own Lego creations, using Lego's Robots, Machines and Motors. In this program, participants will be able to have fun creating free style builds, or use machines, motors and robots to promote their fundamental STEM understanding of simple machines, structures and mechanisms. All materials supplied by Progressive Music and Art.

Code	Date	Day	Time	Fee
8191	Oct 1-Dec 3	Tue	5:00 PM-6:30 PM	\$135.00 R \$33.75 NR +HST
8834	Jan 7-Mar 10	Tue	5:00 PM-6:30 PM	\$135.00 R \$33.75 NR +HST

Red Cross Babysitting Course Wayne Roth Meeting Room - Wilmot Recreation Complex

The Red Cross Babysitting Course will provide the training they need. This Babysitter training course is designed for youth aged 11 - 14. Participants learn how create and manage a babysitting business and how to supervise younger siblings or other children in a safe and responsible manner. Aspiring babysitters also learn basic first aid skills. Topics include; how to find clients and make money babysitting • caring for children of all ages • creating safe environments and preventing accidents • fire safety and prevention • what to do in an emergency • good decision-making and leadership skills • Basic First Aid. Course is offered in partnership with Safety Tree and adheres to their Behaviour Policy, Pick Up Waivers and a 48 hour cancellation policy.

Code	Date	Day	Time	Fee
8812	Oct 25	Fri	9:00 AM-4:00 PM	\$75.38 R \$18.84 NR +HST
8842	Mar 19	Thu	9:00 AM-4:00 PM	\$75.38 R \$18.84 NR +HST
8875	Jan 24	Fri	9:00 AM-4:00 PM	\$75.38 R \$18.84 NR +HST

Leadership - Children & Youth

YouthForce Workshops Optimist Youth Centre - Wilmot Recreation Complex

YouthForce is an employment program for youth ages 15-29 who live in the Region of Waterloo. We connect, engage and empower youth by providing workshops, training's and paid opportunities year-round. Starting in October YouthForce will be offering workshops, the first Wednesday of every month, at the Wilmot Recreation Complex in the Youth Centre starting at 7pm.

Code	Date	Day	Time	Fee
8858	Oct 2	Wed	7:00 PM-8:00 PM	FREE
8859	Nov 6	Wed	7:00 PM-8:00 PM	FREE
8860	Dec 4	Wed	7:00 PM-8:00 PM	FREE
8870	Jan 8	Wed	7:00 PM-8:00 PM	FREE
8871	Feb 5	Wed	7:00 PM-8:00 PM	FREE
8872	Mar 4	Wed	7:00 PM-8:00 PM	FREE

Mind & Body - Adult

Beginner Yoga - Monday Program Room - Wilmot Recreation Complex

Beginner Yoga is designed towards learning how to incorporate Yoga into your lifestyle, as well as the benefits that come with it. This 1 hour yoga class combines Hatha, Vinyasa, Ashtanga and Kundalini styles, which will allow for participants to find a space to relax and enjoy connecting their mind and body. During this 10 week introductory course participants will learn and practice basic movements and techniques that will help them to relax and connect their mind with their body. Space is limited so please register early. Participants are encouraged to bring their own mats, however mats will be available for use. Course Instructor is Ryan.

Code	Date	Day	Time	Fee
8132	Sep 30-Dec 9	Mon	5:00 PM-6:00 PM	\$81.50 R \$20.38 NR +HST
8824	Jan 6-Mar 16	Mon	5:00 PM-6:00 PM	\$81.50 R \$20.38 NR +HST

Relaxation Yoga - Monday Program Room - Wilmot Recreation Complex

Come join us for an evening of relaxation! Relaxation Yoga will provide you with the opportunity to learn and practice movements and techniques that will help you relax and de-stress at the end of the day and become connected with your inner self through Hatha and Pranayama styles. It is suitable for beginners as well as those with previous yoga experience. Participants are encouraged to bring their own mats, however mats will be available for use. Course instructor is Ryan.

Code	Date	Day	Time	Fee
8147	Sep 30-Dec 9	Mon	6:15 PM-7:15 PM	\$81.50 R \$20.38 NR +HST
8843	Jan 6-Mar 16	Mon	6:15 PM-7:15 PM	\$81.50 R \$20.38 NR +HST

Mind & Body - Children & Youth

Interactive Kids Yoga + Mindfulness (5+) Dryland Training Room - Wilmot Recreation Complex

We explore the foundations of Yoga through interactive stories, games, music and props, all with an emphasis on compassion, gratitude and empathy. Children learn strategies to relax, ease anxiety and become more aware of their breath and body, while focusing on mindfulness and meditation. For ages 5-12 years.

Code	Date	Day	Time	Fee
8143	Oct 2-Dec 4	Wed	6:45 PM-7:45 PM	\$81.50 R \$20.38 NR +HST
8832	Jan 8-Mar 11	Wed	6:45 PM-7:45 PM	\$81.50 R \$20.38 NR +HST

Public Skating:

Starts September 1, 2019 until the end of March, Sundays 2:30 – 4:15pm ****Cancellations – March 29**

Additional Sponsored Skate

Suicide Awareness Free Public Skate – Wilmot Family Resource Centre September 10, 2019 7:00pm-8:00pm

Holiday Skating:

Monday, December 23 – 2:00 – 3:45pm – Regular Admission Fees Apply

Tuesday, December 24 – 1:00 – 1:50pm FREE – Sponsored by Township of Wilmot

Friday, December 27 – 2:00 – 3:45pm – Regular Admission Fees Apply

Monday, December 30 – 2:00 – 3:45pm – Regular Admission Fees Apply

Tuesday, December 31 – 1:00 – 1:50pm FREE – Sponsored by Township of Wilmot

Friday, January 3 – 2:00 – 3:45pm – Regular Admission fees Apply

Family Day :

Monday, February 17, 2020 FREE Public Skate from 11:00am – 1:45pm

Parent and Tot:

Starts September 3, 2019 until the end of March. Tuesdays 10:00-10:50am, Wednesdays 11:00-11:50am, Thursdays 10:00-10:50am. ****Cancellations – December 25 and 26, January 1**

Shinny:

Starts September 3, 2019 until the end of March. Tuesdays 12:00-12:50pm, Thursdays 12:00-12:50pm

****Cancellations – December 26**

Adult Skate:

Starts September 4, 2019 until the end of March. Wednesdays 12:00-12:50pm, Fridays 12:00-12:50pm

****Cancellations – December 25, January 1, January 10**

March Break and PD Days:

March Break – March 16-20, 2020

PD Days: September 20 • October 25 • November 15 • December 6 • January 24 • January 31 • April 3 • May 29

***** All March break and PD Day dates: Public Skating 1:30-2:20pm and Youth Shinny 2:30-3:20pm**

Public Skating Fees:

Individual - \$3.67 • Family of 4 - \$12.00 • Adult Noon Hour Shinny - \$7.50





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We are open Mon. to Fri. between 9:00 am and 5:00 pm; Sat. 9:00 am to 1:00 pm

The New Hamburg Board of Trade represents and serves local business interests in the rural Township of Wilmot, Ontario.

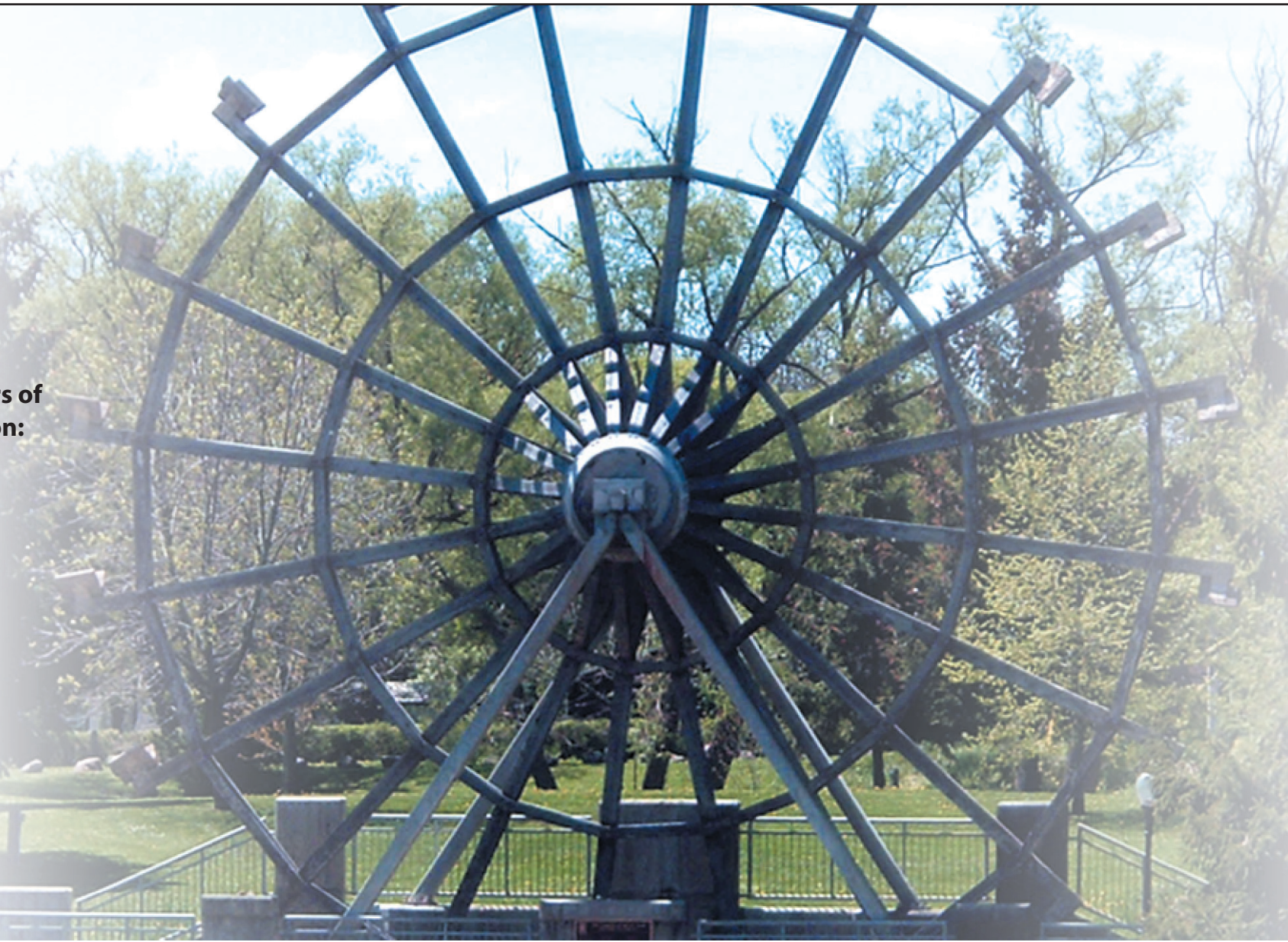
Our membership is active in the community and contributes to a thriving business environment. We invite companies of any size to add to our rich history of entrepreneurship and fresh, inspirational ideas.

The New Hamburg Board of Trade provides numerous networking and marketing opportunities to its members.

Why should you join the Board of Trade?
Here are some of the benefits to members of this key community business organization:

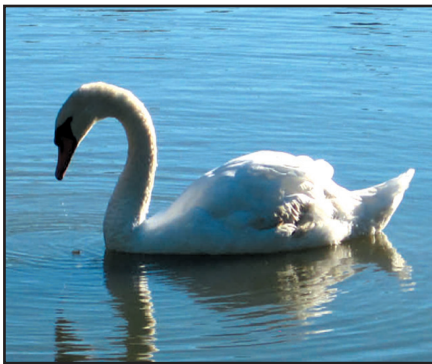
Opportunities to network with local business, political and community leaders. Monthly meetings (January to May, September to November, fourth Wednesday of the month) with informative guest speakers. Listing on the New Hamburg business directory. Opportunities to provide input on community and business issues and projects. Regular opportunities to present and promote your organization to community leaders. Special events, such as the annual New Hamburg Board of Trade Golf Tournament. Dinner at regular membership meetings.

The Board of Trade Helps



Past and ongoing New Hamburg Board of Trade projects include:

- New Hamburg Flood Relief Fund
- Canada Day Duck Dive
- Sidewalk Sale Days
- Moparfest Cruise Night Celebrations
- Santa Claus Parade
- Heritage waterwheel
- New Hamburg Community Centre
- Community Meeting Rooms at 121 Huron Street
- New Hamburg Arena
- Scott Park field house
- New Hamburg Dam reconstruction
- Financial support for Canada Day Celebrations
- Summertime flower planters
- Historic mural on the Fire Hall
- Election-time meet-the-candidates sessions
- Tourism advertising
- William Scott Festival
- Harvest Dinner
- Downtown Beautifcation
- New Hamburg Hiway Sign
- Festive Lights uptown and downtown
- Downtown trash receptacles



Find out more at www.nhbot.ca

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The Big Picture



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Youth Programs

Optimists' Youth Centre

Located on the upper level of the Wilmot Recreation Complex, the Optimists' Youth Centre is a 2000 sf facility dedicated to youth (8 – 16 yrs of age) in our community.

The Centre, which is operated in partnership by the Township of Wilmot's Facilities & Recreation Services Department and Wilmot Family Resource Centre, will provide a space for youth to gather, socialize, and play games in a safe, non-threatening, supervised environment. The Centre is equipped with a pool table, air hockey table, large flat screen TV and gaming systems.

Programming at the Optimists' Youth Centre is proudly supported by the Optimist Clubs of New Hamburg and Petersburg. For more information, drop by the customer service desk at the Wilmot Recreation Complex and pickup a monthly calendar of activities and programs or phone the Wilmot Recreation Complex at 519-634-9225 to speak to Customer Service.

Wilmot Recreation Complex: 1291 Nafziger Road, Baden, Ontario N3A 0C4 Phone: 519-634-9225

Hours of Operation: Tuesdays, 6 – 9 pm; Fridays, 5:30 – 9:30 pm; Saturdays, 12 – 5 pm; Closed on Statutory Holidays



Wilmot's Youth Action Council

Wilmot's Youth Action Council (Y.A.C.) is a group of local youth volunteers, high school aged (ages 14 through 19) who have come together to find opportunities to become involved in the community and create a voice for the youth. Through the involvement with the Youth Action Council, youth will learn and develop leadership, communication and organizational skills as well as provide relative input into the programs and opportunities available to youth. The Youth Action Council aims at creating partnerships and working relationships with members of our community to create and strengthen community capacity. The Youth Action Council meets every Monday evening from 7:00pm-9:00pm. New Members are always welcome. First meeting is to be held on Monday September 9, 2019.

Y.A.C.'s Ultimate Goal; To create a self-sustaining Youth Action Council, where all youth ages have a safe space to become involved members of the Community, and better themselves in the process.

Wilmot's Jr. Youth Action Council

Wilmot's Jr. Youth Action Council is a group of local youth volunteers, grades 6 – 8 (ages 10 through 14) who have come together to provide an opportunity to become involved in the community and create a voice for the youth. Jr. Youth Action Council is a branch off of Wilmot's Youth Action Council, and was designed specifically for grade 7 and 8 students whom are looking to development their leadership skills, as well creating change in their community. The Jr. Youth Action Council meets bi-weekly on Mondays from 6:00pm-7:00pm. New members are always welcome.

First meeting is to be held on Monday September 9, 2019.

Phone: 519-634-9225 **E-mail:** wilmotsyouthactioncouncil@gmail.com

Walking for Exercise

WRC Indoor Walking/Running Track

Where: Wilmot Recreation Complex, 1291 Nafziger Rd, Baden

Regular Hours: September 1 to June 30, Sun. to Sat. 6am - 9pm

*Please Note: Hours are subject to change without notice.

Cost: Free

Reminders:

- Clean indoor shoes only on the track
- Anyone under the age of 16 must be accompanied by an adult
- Track users whom are being disruptive to other track users and unsupervised teams and clubs will be asked to leave the track immediately.
- Please obey track rules and regulations posted at the Wilmot Recreation Complex

"Walking is a man's best medicine" – Hippocrates

Free Poles to use for walking!

Visit the Customer Service Desk at WRC to rent a pair of Walking Poles FREE of charge! We will exchange a pair of poles for your keys or a piece of Photo Identification.

Rules:

1. Poles are for use at the Wilmot Recreation Complex ONLY.
2. Poles are to be returned after your use.
3. Poles cannot be booked in advance; they are on a first come first serve basis.
4. Any damage done to the Poles while on your watch will be reported to the Staff upon return.



Castle Kilbride National Historic Site



Step back into the lavish Victorian era! Visit the 1877 grand home of James Livingston, Canada's "Flax Mill King" boasting the best example of trompe l'oeil ("fools the eye") wall and ceiling murals in Canada. Come out and see us today!

Open: Tuesday through Sunday 1:00 p.m. to 4:00 p.m. (until November 19) After November 19th Tuesday through Sunday noon – 4:00 p.m. (until Jan 5, 2020)

Where: 60 Snyder's Road West, Baden

Web: www.castlekilbride.ca

Cost: Adults \$7, Senior/Student \$6, Children \$5, Families \$20

*Groups Rates available for 10 or more people, please inquire.

SPECIAL EVENTS

New* Castle Kilbride -Ghost Walks

A spirited, after dark tour of the Castle by costumed guides. In partnership with Ghost Walks. Dates: September 28 and October 25. Tickets available at www.ghostwalks.com

New* We've Arrived at 25! Open House

September 22 from 1 – 4 p.m.

Come celebrate 25 years as a community museum! Open house from 1-3 p.m. followed by opening remarks and a concert on the front lawn. Everyone welcome.

Christmas at the Castle

November 19, 2019 – January 5, 2020

What is your favourite recipe for Christmas? Here at Castle Kilbride we like to take a whole lot of old and a little bit of new and mix it together for the perfect holiday setting. This is the best time of year to visit the 1877 home and marvel at the lavish décor adorned in festive attire. Beginning November 19th the Castle will be fully decorated.

Herner Victorian Village- featuring over 130 miniature Christmas-themed buildings, figurines, famous London landmarks from Dickens' novels. (Nov.19- Jan. 5)

A Merry Victorian Christmas

Thursday November 28, 2019

Time: 6 p.m. – 8:30 p.m.

Cost: \$10 p.p. Evening tour, cider, silent auction.

New* Castle Glow Evening Tours

Two evening tours offered December 5 and 6th from 6pm to 9pm. Costumed guides will take guests on an intimate tour of the decorated mansion. Limited tickets. **Cost:** TBA.

New* Robbie Burns Evening

Friday January 24th, 2020. Tickets required. In celebration of Catstle Kilbride's Scottish heritage, join us for a tour, food, drink... and of course haggis!

Time: 6 p.m. – 9:00 p.m. **Cost:** TBA.

For more information on exhibits, programs or museum hours, please visit www.castlekilbride.ca.

Music

The New Hamburg Concert Band

We invite any resident who plays an instrument or would like to learn, to join us for practice and upcoming events. Practices are held on Tuesday evenings, 7:30 p.m. at the New Hamburg Community Centre above the old arena at 251 Jacob Street, New Hamburg.

Contact: Steve Wagler at 519-662-1644 for further information.

Nith Valley Singers

Join us in creating community through song with our new conductor Ms. Amy Di Nino. Our mission is to provide an opportunity for members of a mixed community choir to improve their musical skills, enhance their appreciation for all genres of music and enrich the artistic landscape of community through performances We wish Alf & Dana Kunz a wonderful and happy retirement.

When: Wednesdays, 7:15 to 9:30 pm

Where: Calvin Presbyterian Church, 248 Westmount Rd. E., Kitchener

Cost: Adults \$160.00 for the Fall and Winter Season

Community Theatre

www.thecommunityplayers.com

Since 1984, The Community Players of New Hamburg have presented high-calibre musical theatre to the residents of Wilmot Township and beyond. TCP's productions are made possible by the dedication and energy of hundreds of volunteers and supporters.

Firmly grounded in the community, TCP's theatres at the New Hamburg Community Centre come to life every spring and fall, celebrating Community Theatre at its Very Best.

Join us for our Fall 2019 production of Calendar Girls at the New Hamburg Community Centre in November. And, stay tuned for announcements about our 2020 season, coming soon!

Check out our website for exciting ways to get involved with one of Wilmot's most unique community groups and for more information about our productions. We have many volunteer positions available and welcome your involvement. For more information, please contact: info@thecommunityplayers.com

Heritage

Wilmot Heritage Brigades

The Wilmot Heritage Fire Brigades preserves artifacts from Wilmot's firefighting history, including photos, uniforms, records, equipment — and even antique fire trucks — all from the Baden, New Hamburg, and New Dundee stations, and spanning over a hundred years. See the newly- restored 1940 Fargo, unveiled in 2017 and now on display at the WHFB museum on Bell Drive in Baden (behind the Baden Fire Station). Visit our website at wilmotfiremuseum.com, or see information below about drop-ins and tours.

When: Drop in Wednesdays (year-round) 6:30 pm – 9:00 p.m. Drop in Saturdays (June to Labour Day weekend) 9:00 a.m. – 1:00 p.m.

Where: 10 Bell Drive, Baden (behind the Baden fire station)

Meeting: 3rd Wednesday of each month. All are welcome!

Cost: Tours by donation; special events please inquire.

Membership is \$10.00 per year, open to everyone.

Contact: Blain Bechthold at 519-634-8153 or Bruce Gerber at 519-634-8597 or Peter Gingrich at 519-572-2811



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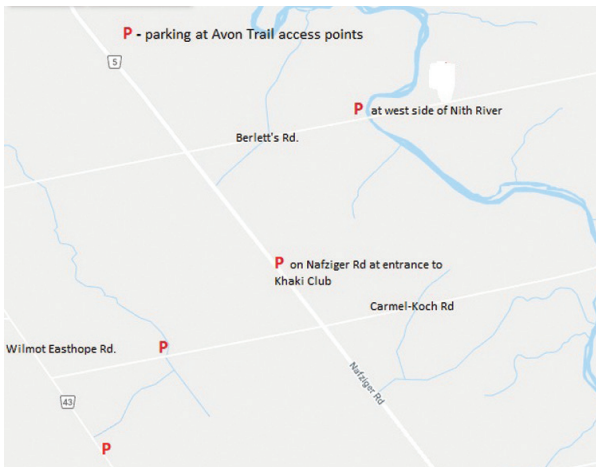
519-568-3352

RQuesnel@rogers.com

Hiking

The Avon Trail

The Avon Trail is a 119 km hiking trail connecting St. Marys to Conestogo on mostly private property. It was established in 1975 and is possible because of many generous landowners. The trail follows streams and rivers, travels along the edge of cropped fields and ventures into mature woodlots and reforested acreage. Wilmot Township is host to about 15 km of the Avon Trail.



The accompanying map indicates four Access points to the Trail where parking is available at roadside. Hikers using the trail do so at their own risk and are expected to abide by the Trail Users' Code. Read the Assumption of Risk and the Trail Users' Code here

For more information about the Avon Trail, please visit avontrail.ca

Leisure Opportunities

Gentle Friends Reading Group

Participants in Trinity's Gentle Friends Reading Group gather monthly for fellowship and conversation around a particular book chosen and read in advance. Books are usually placed on reserve at the New Hamburg Library to ensure accessibility for all.

When: 3rd Tuesday - 7:00 p.m.
September through June

Contact: Donna Rich-Bradie 519-390-6636 convenor

Wilmot Horticultural Society Program

Email: wilmothortsociety@gmail.com

Web: gardenontario.org/society-listing/entry/65/
Meetings are held at the Wilmot Recreation Complex, 1291 Nafziger RD, Baden, Meeting Room A, 2nd Floor unless otherwise noted.

*Everyone is welcome to attend our general meetings:
No Admission Charge. Annual membership fee: \$12.*

Monday, September 9, 2019, 7:30 pm

TOPIC: Get set to grow: Forest gardening

SPEAKER: Nicola Thomas

Monday, October 7, 2019, 7:30 pm

TOPIC: **Wildlife Gardening:** relationships between native flora and fauna and ways to make your garden buzz with life.

SPEAKER: Crystal Bradford & Liam Kijewski

Monday, November 11, 2019, *6:00 pm*

WHS Christmas Program.

Potluck Dinner: please bring your own dishes and cutlery, lug a mug.

TOPIC: **Stop moping and start coping** - A Canadian response to winter in the garden

SPEAKER: Paul Knowles, humourist.

Monday, January 13, 2020, 7:30 pm

TOPIC: **Valentines Floral Arrangement:** Learn how to create a floral arrangement for Valentine's Day and how floral judges assess them in competition. There will be a limited number of chances to create your own arrangement.

SPEAKER: Rose Odell

There will be a brief Annual General Meeting.

Monday, February 10, 2020, 7:30 pm

TOPIC: Growing Nut Trees

SPEAKER: Elisabeth Burrow, Jewels under the Kilt Nut Farm, Fergus

Monday, March 9, 2020, 7:30 pm

TOPIC: **Environmentally sensitive areas in Waterloo**

Region: The Region has policies to protect over 15,000 hectares of land within 4 Environmentally Sensitive Landscapes. Learn where they are and why they are special and important.

SPEAKER: Kevin Thomason

Monday, March 21, 2020, 9:00-3:00 pm

GARDEN EXPLOSION at Steinmann Mennonite Church, Baden: Our annual event has excellent speakers on garden related topics, vendors, door prizes and a silent auction. Catered lunch included.

SPEAKERS: Paul Zammit, Andrew Judge, Lisa Clifford

Contact: wilmothortsociety@gmail.com

Monday, April 13, 2020, 7:30 pm

TOPIC: **Rain gardens:** Safeguard surface and groundwater resources. Practical solutions to reduce the quantity and improve the quality of the water that flows from your property will be shown and the same time, having a beautiful yard.

SPEAKER: Rebecca Robinson of REEP

Monday, May 11, 2020, *7:00 pm*

GARDENERS' SHOW & SHARE ~WHS YOUTH COMPETITION
Bring a plant, idea or photo to share!

TOPIC: **Mennonite historical four-square gardens** are a traditional form that combines vegetables, flowers and herbs in an attractive and practical design.

SPEAKER: Bob Wildfong

For more information on the Youth Competition see the Youth Section in this guide.

Agricultural Clubs

Wilmot Agricultural Society

Gather up your family and come out to discover your country roots at the 2019 New Hamburg Fall Fair, taking place the weekend of September 12-15, 2019.

The theme for this year's Agricultural Fair is "Plant It, Grow It, Show It"! We are pleased to be bringing back the tractor pull on Friday night so come out and cheer on the drivers. Along with this, we'll have all the favourites back too. Toonie rides and admission on Thursday, and ride to your hearts content with midway passes on Saturday and Sunday with Townsends Amusements, our livestock competition, horse shows, Home Craft exhibits, demolition derbies (Saturday night and Sunday afternoon), and our Ambassador of the Fair competition on Friday night. We are bringing back the well received petting zoo and play area, along with some new events for the ultimate family fun!

We encourage the young and old alike to check out the prize list, and bring your own baking, crafts, flowers, photographs and so much more to enter into the Home Craft competition. Entry takes place Thursday, September 12th, 2019. Are you a young adult interested in being our Ambassador for a year, learning public speaking skills, stage presentation skills, and gaining some Agricultural knowledge? If so, please contact Marg Snyder (519-662-3897) to sign up!

Volunteers and input are always welcome from members of our community. We love new ideas to keep our fair fun and fresh for all! No need to join the board to volunteer with the fair--just contact us with your talents and interests, and we will find the perfect spot for you, to fit your own schedule! For those interested in serving on the board of directors, our meetings are held monthly on the first Tuesday of the month at Castle Kilbride, at 7:30pm. (Note: No meetings March, May, December). We are located in the basement through the back doors.

Contact info@newhamburgfallfair.ca for more info

Website: www.newhamburgfallfair.ca

Phone: Stephanie Szusz 519-569-9859



German Canadian Hunting & Fishing Club

Social club with various functions ie: dances, picnics, fish fry's, Oktoberfest. Rifle range, archery range, fishing pond available for members use.

When: Various / Membership meeting 1st Wednesday of month.

Location: 1605 Bleams Rd, Mannheim

Cost: Varies

Information: For more information contact club at 519-624-8491.

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Healthy Wilmot

Creating a Healthy Community, One Generation at a Time

We work with local businesses, community groups, churches and citizens to improve our community's health through better eating and physical activity, as well as mental and environmental health initiatives.

Join us for our annual LIVING WELL FESTIVAL

- Coffee House: Thursday, April 23, 2020
- Free roller-skating: Friday, April 24, 2020
(Wilmot Recreation Complex)
- Community Corner and Tradeshow: Saturday, April 25, 2020 (Wilmot Recreation Complex)

Make a Difference

Help make a difference in our community by joining the mission to make Wilmot healthier. Get in touch if you have something to offer.

- Visit www.healthywilmot.ca
- Email info@healthywilmot.ca
- Call Cheryl at 519-573-8161

Outdoor Sport Clubs

Wilmot Township Rod & Gun Club

of 2607 Bleams Road, Baden, N3A 3J2 was organized in 1950.

The Club's objectives are to promote general knowledge of firearms, the safe handling of guns and ammunition along with promoting the conservation of fish, wildlife, forests, and sportsmanship.



The Club Activities:

Trap Shooting on Sunday mornings at 9:30a.m. All newcomers are welcome. We are willing to teach the game of Trap Shooting.

Mixed Darts on Wednesday nights at 7:00 p.m. from November to April. Mixed Horseshoes on Wednesday nights at 7:00 p.m. from June to September.

The Club also has Archery, Social functions, and Family Picnic area.

The newly decorated Banquet Hall is air conditioned and has a full service audio-visual centre with a cordless P.A. system.

The Banquet Hall has a capacity of 160 people and is available for rent along with the picnic area.

The rental fees for the Banquet Hall start at \$400 for non-members and \$300 for members of the Club.

Outdoor storage is also available at \$20 per month.

General Meetings are the first Tuesday of the month at 7:00p.m.

Membership is open to everyone. Fees are \$90.00 per year.

For Club rentals call Doug Ribey at 519-496-4443

For Trap Shooting call Rod Bieman at 519-634-8614

For further information call the Club at 519-634-8252

Email at wilmotrodandgun@gmail.com

Check us out on face book Wilmot Rod and Gun



Advertising Opportunities

Do you want to see your group's information in our Recreation Guides?

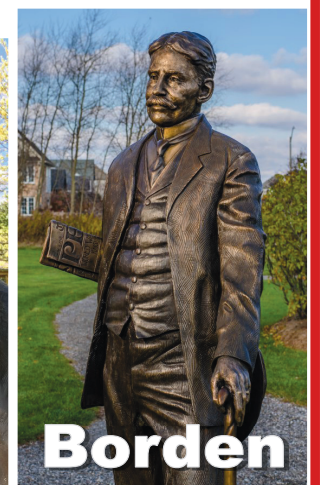
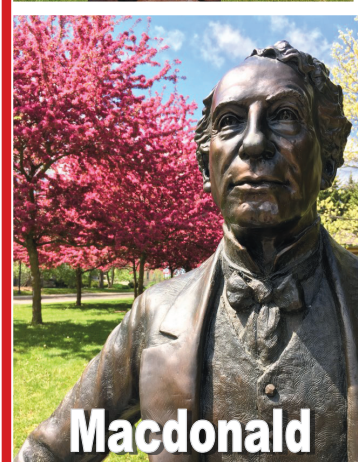
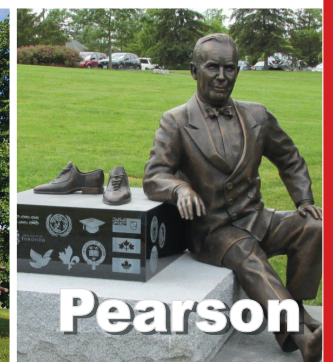
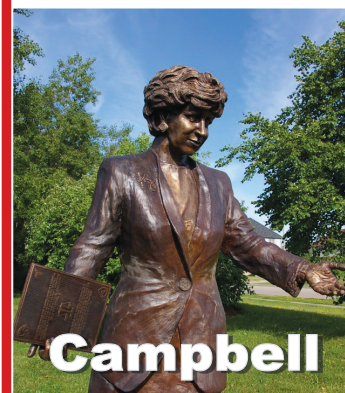
Are you already in the Rec Guide but want to add or update your information?

Please contact **Crystal Brenneman** at

519-634-8444, ext. 226

or by email at crystal.brenneman@wilmot.ca

"If we don't know, we can't change it"



Meet all the faces on the Prime Ministers Path!



Township of Wilmot
60 Snyder's Road West Baden, ON
www.wilmot.ca



The Region of Waterloo Library (RWL) offers free resources and programs throughout the year.

Highlights include:

- One Book One Community in the fall,
- Family Literacy Day celebrations in January,
- March Break events, and
- Adult Programs and Events.

Join us for core literacy and STEAM (Science, Technology, Engineering, Arts, and Math) programs including:

- Li'l STEAM
- Family Storytime
- Maker Club
- Book Clubs

Many programs and events are drop in, but in some cases, registration is required. Register online, by phone or in person. Visit rwlibrary.ca for program and event details.



Are you interested in gardening? At the end of the fall growing season, gather seeds from your garden and plantings and donate them to the free Seed Library. Others can grow them in the spring! The RWL Seed Library is located in the New Hamburg Branch and includes free access to seeds for heirloom vegetables, herbs, and flowers. For more information, visit www.rwlibrary.ca.

Let RWL be your source for all things tech-related. Access e-services, read online or download a multitude of resources all at your fingertips.

- Freegal – Listen to music and download up to five songs a week.
- PressReader – Access over 2,000 English language newspapers and magazines with publications in more than 60 languages.
- Kanopy – Stream the world's finest documentaries, indie and art films, and some television programs.
- DownloadLibrary – Connect with eAudio and eBooks.
- Online Library Catalogue – Renew items, place holds, search for books, CDs, DVDs and magazines.

Technology Training

Get your technology-related questions answered. Adults can register for a free one-on-one session with a friendly RWL professional.

RWL branches have free Wi-Fi; use your mobile device, tablet or laptop to access the Internet. Alternatively, computer stations with Internet access are also available. Reserve your time by logging on with your library card.

You can also borrow the Internet from the library and take it with you! Use your library card to access the Internet with a Mobile Hotspot. A Hotspot provides Internet access to Wi-Fi enabled smartphones, tablets and PCs through the Bell Canada cellular network.

Experience a branch near you!

Baden:

115 Snyder's Rd., E.,
519-634-8933,
badenlib@regionofwaterloo.ca

New Dundee:

1176 Queen St.,
519-696-3041,
ndlib@regionofwaterloo.ca

New Hamburg:

145 Huron St.,
519-662-1112,
nhlib@regionofwaterloo.ca



Pre-School

M.O.P.S. - Mothers of Preschoolers

Moms meet informally for refreshments and visiting as well as visits from the health nurse, crafts and special speakers on parenting topics. Children meet in our childcare area which is divided into age groups for fun and learning. Song and story time are also a regular part of children's program. There is a full staff on duty taking care of the children and their needs.

MOPS at Nith Valley

Where: Nith Valley Mennonite Church, corner of Walker Rd. & Bean Rd., New Hamburg

When: Every 2nd and 4th Wednesday, September to June 9:00 am – 11:15 am.

Cost: \$5 per family/week (for cost of refreshments, child care, crafts and guest speakers)

Contact: office@nithvalleymennonite.com

Wellesley & District Co-Operative Preschool

The program is run by an experienced E.C.E teacher and assisted by parent volunteers. Our day includes crafts, songs, games, stories, dress-up, special days, and the occasional field trip. Snacks are provided. The program runs from September until June.

Ages: 2 1/2 years to 5 years

When: Tues & Thurs or Wed & Fri from 9am - 11:30am. The availability of programs is dependent upon demand.

Where: Wellesley Mennonite Church, 157 David St., Wellesley

Cost: Please contact us or refer to our website for pricing information. We have full, partial and non-participating options available.

Contact: Wellesley Preschool at 519-656-3132

Spots available for all classes. We also take children in January that come of age if spots are still available. If you would like to tour our preschool, please contact us any time.

New Hamburg and Area Co-Operative Preschool

Program is run by an E.C.E. teacher, assisted by parent volunteers. Our day includes crafts, games, songs & stories. The program runs beginning of September to the end of June.

Ages: 2 1/2 years to 5 years

When: Monday and Wednesday, 9:30 - 12:00 p.m., Tuesday and Thursday, 9:30 - 12:00 p.m. or 1:00 - 3:30 p.m.

Where: Haysville Community Centre

Cost: Monthly fees, call to inquire: participating, partial-participating, non-participating

Contact: 519-662-4655 (preschool)

Childcare

Creative Beginnings Childcare Centres

- Licensed under the Ministry of Education providing exceptional childcare through vibrant play-based programs that foster individualism, creativity and socialization and are on the cutting edge of progressive educational practices such as Emergent Curriculum and Seeds of Empathy.
- Follow the progress of your child's development with Storypark, a secure online service that helps Early Childhood Educators and families work together to record, share and extend children's learning.
- Our knowledgeable, professional team of Registered Early Childhood Educators support children in a fun, nurturing and safe environment.
- All RECE's have First Aid and Child CPR training
- Special Activities and Field Trips

Two locations:

- **Sir Adam Beck Public School** – 519-634-4915
- **Baden Public School** – 519-634-5223

Programs*:

- Infant 0-18 months
- Toddler 18 months to 2.5 years
- Preschool 2.5 to 5 years
- Before and After School Programs Kindergarten to Grade 6
- Summer Day Camp
- PD Days
- Youth Development (Grades 3 to Grade 6)

*Open all year around from 7am to 6pm (extended care available for extra cost).

Not all programs available at all centres. Call for details and rates.

For more information, please visit www.creativebeginningschildcare.ca



Licensed childcare centre for children ages

3 months to 5 years.

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As we are not yet part of the Waterloo Region OneList

please contact us directly.

To enroll contact us by email at info@happyexplorers.ca

or by phone at

519-390-8000

Before you can change the world you have to explore it!

Restless Seniors

This is a group of seniors over 50. They meet for fun and social activities. They play cards, darts, cribbage and try to hold a pot luck lunch at least twice a year. All members and new members welcome. Come out and enjoy an afternoon of playing darts or cards.

When: Wednesdays from 1:30 to 3:30 p.m.

Where: New Hamburg Legion, Branch #532
65 Boullee Street, New Hamburg

Contact: Larry Roth 519-696-9719



Joy Fellowship

JOY FELLOWSHIP offers a time of fun, fellowship and focus for seniors at our monthly meetings.

"Fun and Fellowship" are provided through games, special events and out-of-town excursions, while "Focus" is provided through various speakers representing groups and/or programs of interest to seniors.

Each meeting includes a noon hour luncheon.

When: The first Thursday of the month beginning at 10:30 a.m. (coffee is always waiting when you arrive!)

Where: Wellesley Alliance Church,
3158 Nafziger Road (just south of Wellesley)

Cost: A donation of \$6.00 is appreciated to defray costs

Contact: Don Leiskau 519-662-9016

St. Agatha Seniors

Our group of friendly folk meet once a week to play solo. We celebrate birthdays on an irregular basis with best wishes and goodies. A Christmas Party in mid December concludes the years activities. Come join us - you'll be warmly welcomed!

Cost: .50¢

When: Every Thursday from 1:00 to 4:00 p.m.

Where: St. Agatha Community Centre

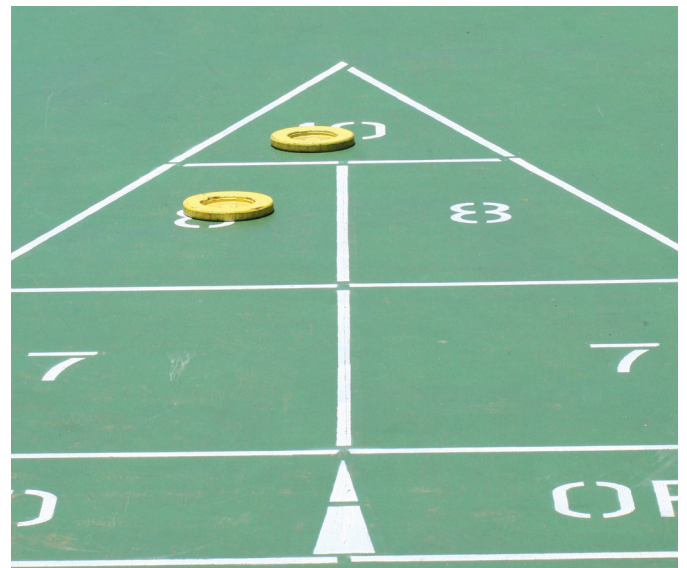
Contact: Bert Lichti at 519-634-8411

Wilmot Senior Shuffleboard

When: Tuesday and Wednesday from 9:30 - 11:30 a.m. and Tuesday 1:00 - 4:00 p.m.

Where: Wilmot Recreation Complex

Contact: Guy Sisco 519-662-2077,
George Schmitt 519-696-3037



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New Hamburg Lanes

We have 6 lanes of 5-pin bowling, computerized scoring, leagues for ALL ages and ANY skill level.

When:

Foxboro (a mixed, social league):
Mondays 1:00-3:00pm
Stonecroft (a mixed, social group):
Tuesdays 1:00-3:00pm
Morningside Village (a mixed, social league):
Tuesdays 9:15-12:00pm

Where: 182 Union Street, New Hamburg

Phone: 519-662-1938

Email: info@newhamburglanes.ca

Web: www.newhamburglanes.ca

Alzheimer Society

Alzheimer Society Waterloo Wellington

A non-profit organization dedicated to providing support for people who have Alzheimer's disease or another dementia and their partners in care.

Support includes:

- Supportive Counseling
- Family Learning Series and Public Education
- Support Groups
- Resources

Rural Support Group: First Tuesday of each month, (except July & August) 6:30 to 8:00pm at Nithview, New Hamburg. Registration required.

Contact: Social Worker at 519-742-1422 x2012
ldrudge@alzheimerww.ca
website: www.alzheimerww.ca

The Rook Players

We are a group of 24 to 36 seniors who meet Monday evenings to play progressive Rook. All are welcome.

When: Monday evenings 6:00-10:00 p.m.
September 10, 2018 to April 29, 2019

Where: Wilmot Recreation Complex
(Wayne Roth Room)

Cost: No charge

Contact: Cecil Wagler 519-662-2758



Wilmot Seniors

Our goal is to minister to the body, soul and spirit as we provide an opportunity for fellowship around tables as everyone enjoys a hot lunch followed by a variety of special speakers and singing groups. Over the year special events can include a special soup day, pancakes & sausage lunch, birthday celebration event, indoor picnic, Christmas banquet, etc.

Visitors are certainly welcome!

When: 2nd Wednesday of each month (except July & August) 12 – 2 p.m.

Where: Wilmot Centre Missionary Church,
2463 Bleams Rd., Petersburg, On.

Cost: A free will offering is taken at each meeting.

Contact: Rev. Wayne Domm, Pastor of Congregational Care
Phone: 519-634-8687

Email: w.domm@wcmc.ca

Wilmot Senior's Woodworking & Craft Club

Woodworking, Stained Glass, Quilting, Wood Carving and Computer Classes. There is a foreman available each day for anyone who would like assistance in woodworking. Great opportunity for seniors to meet other seniors. Learn and use new skills

When: Weekly, Monday to Friday
9 a.m. - 5 p.m., Sat. 9 a.m. - noon

Where: 27 Beck St., Baden

Cost: Initial Membership \$80, yearly \$60

Contact: Diana Gruhl at 519-634-5357

Nithview Community

Nithview Community, a division of Tri-County Mennonite Homes (TCMH), is a not-for-profit service agency located in New Hamburg that has provided leadership in service to seniors for over 35 years.

Our continuum of care seniors' complex includes a Long-Term Care Home, Retirement Home Suites, Supported Living Apartments and Independent Living Units.

A range of volunteering opportunities include: visiting, reading, tea room host, dining room assistance and recreational programs.

Contact: Stacey Zehr Director of Resident Services

Email: szehr@tcmhomes.com

Website: www.tcmhomes.com

Location: 200 Boullee St., New Hamburg



Follow the Township on
Twitter@wilmottownship

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of Woolwich, Wellesley and Wilmot



Helping Seniors and
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Elmira, Ontario, N3B 2M6

519-669-2090
mike.harrisco@pc.ola.org
mikeharrismpp.ca

Board of Trade

New Dundee Board of Trade

Meetings are held on the first Tuesday of each month with an interesting guest speaker or tour. We have fundraising activities such as the Pancake Breakfast, Victoria Day Celebration & Fish Fry.

Our group supplies and installs Christmas lights in the village and also maintains road cleanup extending beyond the village. Great community spirit amongst our members. Call and join us!

When: 1st Tuesday of the month 6:30 pm, except July & August

Where: New Dundee Community Centre

Cost: \$220/year includes 10 meals

Contact: John Scott 519-696-2020 or through our website at newdundee.ca

New Hamburg Board of Trade

Executive meetings are held on the second Wednesday of every month at 5:30 p.m. at the old New Hamburg Municipal Office, 121 Huron St, New Hamburg.

Member Dinner Meetings are held on the fourth Wednesday of each month at the old New Hamburg Community Centre or Puddicombe Hall.

Cost: \$30 dinner to basic members

Baden and District Chamber of Commerce

The Baden & District Chamber of Commerce is dedicated to promoting local businesses and fostering a vibrant commercial sector that benefits all residential and business concerns.

Some benefits associated with BCC: Savings of Group Insurance Rates, Reduced merchant fees for Visa, MC and Interac, Esso gas discount. Business listing in our annual brochure, available at all business establishments, Networking opportunities. Our annual community BBQ (last Thursday of August) and the Baden Santa Claus parade (first Saturday in December)

When: 1st Tuesday of every month

Where: Wilmot Recreation Complex - Community Room

Cost: Annual Fee of \$60 (there is no charge to become a director)

Contact: Elaine Bechthold at 519-634-5205

Service Clubs

Baden Community Association

The BCA's motto is "Bringing People Together, Beautifying Our Community." Since its formation in 2012, the BCA continues to realize these goals through organizing Community Clean-Up days, operating as Hallowe'en safety patrols, helping with the Santa Claus parade and Chamber of Commerce Barbecue, and much more, including acting as the driving force behind Wilmot Township's newest summer event, the Baden Corn Festival! We welcome new members - bring your ideas for making Baden even better!

When: Last Wednesday of the month

Where: Wilmot Administration Building Meeting Room (behind Castle Kilbride)

Contact: Maureen Edwards at 226-747-7559 or <https://www.facebook.com/BadenCommunityAssociation>

New Hamburg Lions Club

A community service organization looking after local, national and international needs. We have two dinner meetings per month and the Lions Club is committed to community service work, which is evident in our motto "We Serve."

We actively raise funds throughout the year through our involvement with Moparfest, the Woodstock Farm Show, various charity barbeques and other events. We give back to the community by participating in student eye screening, programs at local public schools, offer support for youth exchange programs, student bursaries at Waterloo Oxford D.S.S. and a pledge of \$75,000.00 to the Wilmot Recreation Complex. Our Lions club has always been available to lend a helping hand to individuals and groups in our community.

When: 2nd and 4th Thursday of each month at 7 p.m.

Where: New Hamburg Legion

Contact: Jim Arkell at 519-662-1199 for more information.

St. Agatha & District Lions Club

We are a service club working for the betterment of our community. New members are always welcome.

We are sponsors of the Santa Claus parade and Strawberryfest. Each year we install the village Christmas lights. Our club provides bursaries to Waterloo Oxford High School. As fund raisers, we recycle pop cans and barbecues.

When: First & third Tuesday of each month

Where: Kennedy's, St. Agatha

Contacts: Bert Lichti at 519-634-8411, Joe Hergott at 519-883-4153 or David Falconer at 519-634-5826 for more information.

New Hamburg Lioness Club

We always welcome NEW members. If you enjoy working as a team, assisting in local fund raising events, having fun, enjoy meeting new people, maybe joining our 'great ladies group' might be for you!

The New Hamburg club has been serving the community for 38 years. You will see us fundraising for the Tree of Light in December, participating in the Santa Claus Parade, working for Interfaith with a Bake Table at the Silent Auction in April, either hosting a Fashion Show or the Welcome Home Tour in the Spring, helping at our Fall Blood Donor Clinic, assisting the New Hamburg Lions Club with Moparfest, Woodstock Farm Show or wherever they need a helping hand.

"Aside from serving, being a Lioness develops long standing friendships and personal satisfaction of knowing that the time and energy spent has served to make our community a better place."

Dinner Meeting: 1st Tuesday of the month, 6:30 pm at Scran & Dram, 338 Waterloo Street, New Hamburg

Business Meeting: 3rd Thursday of the month, 7:00 pm at Wilmot Rec Complex - main floor meeting room

Contact: President Karren Faulkner 519 742-9706



Transportation for seniors (65+) and physically challenged residents of WELLESLEY, WILMOT & WOOLWICH TOWNSHIPS

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Saturday 9am-3pm
Sunday Closed

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New Hamburg Legion Branch 532

Our Mission is "To serve Veterans and their dependents, promote remembrance and act in the service of Canada and its communities"

The Legion is a non-profit organization that provides support for Veterans and their spouses. We are a community that sponsors youth and senior's programs. We supply crutches, wheel chairs, walkers and canes to members and the general public, free of charge. We offer hall rentals and catering for up to 125 people. For further information call: Terri Taylor 519-662-3834



When: General Meetings are held the first Thursday of the month, with the exception of July & August. There are many kinds of membership available. If interested in becoming a member, please call the branch at 519-662-3770. The membership cost is \$50.00 per year.

Women's Institute New Dundee

An organization for personal growth and community action.

WHAT WE OFFER: fellowship, fun and education through guest speakers, tours and stimulating activities

WHAT WE DO:

- Encourage responsible citizenship through knowledge and education
- Promote good family life skills and responsible consumerism
- Initiate and support community events
- Compile community histories in TWEEDSMUIR HISTORY books
- Website: <http://images.ourontario.ca/wilmot/search>
- Encourage development of leadership skills
- Identify local, national and global issues and lobby various levels of government through resolutions, briefs and letters
- Participate in projects on agriculture, industry and education
- Work towards safer, healthier communities and the environment
- Discover more about international affairs, culture and related issues

COME AND BE INFORMED, INTERESTED, INSPIRED and INVOLVED with the NEW DUNDEE WOMEN'S INSTITUTE

When: Every 3rd Tuesday evening at 7:30pm. Check website for details

Where: New Dundee Community Centre

Contact: Public Relations Officer Luanne Kaster 519 696 2974 or luannekaster@gmail.com

www.newdundeewomensinstitute.ca

Optimist Club of Wilmot

The Optimist Club of Wilmot is an all female club striving to provide opportunities for the residents of Wilmot Township with an emphasis on the youth in our community.

Our projects include but are not limited to an Easter Egg Hunt; Youth Appreciation Dinner and Family Fun Day. We sponsor students and sports teams and an Ambassador of the Fair Contestant at the New Hamburg Fall Fair.

We hold Craft and Bake Sales at Christmas (first Sat in Dec) and in the spring (St. Patrick's Day). We also hold other fundraisers throughout the year (firestarters and mint smoothies sales for example). As well, we participate in three Santa Claus parades as well as the parade on Victoria Day in New Dundee.

The benefits of membership are fellowship; the satisfaction of helping others; the chance to develop personal skills and lifelong friendships.

Contact: Darlene Vorstenbosch 519-591-7760

vorstenbosch@rogers.com follow us on Facebook

Optimist Club of Mannheim

The Mannheim Optimist Club provides many activities. The Club offers many activities for children. Such activities are Easter Egg Hunt, Fishing Derby, Pumpkin Carving Contest, Breakfast with Santa, and Soccer/Baseball during May and June. The Club also offers yoga classes for adults.

We do have fundraisers in order to finance the Club's activities. They are food booth at the Mannheim Garage Sale (first Saturday of May), Colour Paradise Gift Cards, Colour Paradise BBQ and Christmas Raffle.

Contact: Carl Davey at 519-570-1889, cmdavey@rogers.com

Optimist Club of Petersburg

Optimist club members, known as "Friends of Youth", show their interest in the community by supporting programs that shape young lives, such as drug abuse and law enforcement education. Other programs include assisting handicap children, organizing oratorical contests, golf tournaments, bike safety rodeos and youth appreciation week.

When: 2nd Tuesday of the month

Where: Local restaurants

Cost: Annual membership \$75.00

Contact: Warren Bechthold 519-634-8925 for more information or if you want to join the 105,000 Optimists of North America.



Optimist Club of New Dundee

Our organization is geared to being "Friend of Youth". Our activities encourage Respect for Law, Youth Appreciation, and Youth Safety. We fundraise to provide Youth Activities in New Dundee such as our Kids Christmas Party, Youth Appreciation Night, Easter Egg Hunt, Bike Safety Rodeo, Baseball Hit /Run and Throw, May long weekend festivities, and Scholarships for Post High School education. We support Childhood Cancer Campaigns, the Hugh O'Brian Youth Leadership Program, and more. We also have programs for the betterment of our Community.

Together we strive to "Encourage Youth – Secure our Future"

When: Executive meeting, 1st Tuesday of every month (except July and August) 7:00 p.m. Dinner meeting 4th Tuesday of the month (except June, July, and August) 7:00 p.m.

Where: New Dundee Community Centre

Contact: Mark Hammer 519-696-3618

Optimist Club of New Hamburg

The Optimist Club of New Hamburg provides volunteers and programs that are geared to the youth of our community.

These volunteers work selflessly on our major fundraisers including Car Draw, Xmas tree sales, food booth at Canada Day and Fall Fair and our Annual Charity Golf Event to provide and support programs such as Youth Appreciation Week (hockey, swimming, bowling, skating), financial support for numerous sports teams in Wilmot Township, 4H, Wilmot Family Resource Centre, Interfaith, Xmas food hamper delivery, Adopt-a-Road, Santa Claus Parade and Community Breakfast to mention a few.

When: Dinner Meeting: 1st Monday of each month @ 7:00 pm at the New Hamburg Legion

Business Meeting: 3rd Monday of each month @ 7:00 pm.

Location: Optimist Hall, 367 Victoria Street, Unit A2, New Hamburg

Contact: Doug Miller at 519-662-2623
mvmiller@sympatico.ca

Advertising Opportunities

Do you want to see your group's information in our Recreation Guides?

Are you already in the Rec Guide but want to add or update your information?

Please contact **Crystal Brenneman** at
519-634-8444, ext. 226
or by email at crystal.brenneman@wilmot.ca

"If we don't know, we can't change it"

The Township of Wilmot



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Our pledge is to work with you to make your ceremony a significant and meaningful part of your special day.

- Customized wedding ceremony services performed Monday to Friday during office hours
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Contact :
clerks@wilmot.ca
www.wilmot.ca
 519-634-8444 or
 1-800-469-5576



Rotary Club of Wilmot

When: 1st, 3rd and 5th Thursdays, 7:15-8:15am

Where: Wilmot Recreational Complex, Activities Room

Cost: \$130 quarterly

Rotary Wilmot is a service club dedicated to improving the lives of others in our community and around the world.

Locally we work to make our community a better place to live. Internationally we are working to eradicate Polio by raising awareness and funds.

Rotarians practice the Four-Way Test, which measures words and actions by their truthfulness, fairness, goodwill, and benefits to all.

An opportunity to meet people, for personal growth, friendship.

We bring you BrewHaHa!

Contact: Rick Skimson rickskimson@rogers.com
www.rotarywilmot.org/

Where are you having your family reunion?



The Township of Wilmot has different parks and community centres to meet your needs.

For more information contact
 Facility Scheduling at **519-634-9225**

**Dates are as of press time and subject to change*

Special Events in the Community 2019

August 16 - Cruise Night, New Hamburg

For more information contact Cheryl Gordijk at 226-791-2672 or www.nhbot.ca

September 12th - 15th - New Hamburg Fall Fair

Norm Hill Park, New Hamburg for more information contact 519-569-9859

September 15th - Terry Fox Run

at Scott Park New Hamburg please see www.terryfox.org for more information

September 18th - New Dundee Annual Fish Fry

for more information contact: John Scott 519-656-2020

September 19th - ACES Pre-teen Dance

New Hamburg Community Centre 7 pm to 10 pm - Grades 5 to 8 only! Admission: \$10 Music supplied by DJ. Fundraiser for the Wilmot Aquatic Aces Swim Team. For more information visit www.aceswim.ca

September 21st - The New Hamburg Art Tour

10:00 am to 4:00 pm. Various locations in downtown New Hamburg (maps will be available at various locations throughout the area and on our facebook page)

Find us on facebook at New Hamburg Art Tour or Instagram nharttour. For more information call 519-577-8523.

September 26th - Poor Boys Luncheon

11:30 - 1:30 pm Lunch, 5:00 - 7:00 pm Dinner at the New Hamburg Community Centre

October 24th - ACES Pre-teen Dance

New Hamburg Community Centre 7 pm to 10 pm - Grades 5 to 8 only! Admission: \$10 Music supplied by DJ. Fundraiser for the Wilmot Aquatic Aces Swim Team. For more information visit www.aceswim.ca

November 11th - 11:00 a.m. - Remembrance Day Ceremony

New Hamburg Community Centre For more information contact the New Hamburg Legion at 519-662-3770

November 27th & 28th - Gingerbread House Contest

Fairy Tale Christmas". Wednesday, November 27th, drop off between 6:30 - 7:30pm at the New Apostolic Church, Waterloo St. New Hamburg. (Entry forms must be completed at that time) Thursday, November 28th, public viewing from 6:00 - 7:00pm (awards ceremony 7pm)

November 28th - A Merry Victorian Christmas at Castle Kilbride 6:00 p.m. See page 38 for more details

November 29th - Tree of Light Ceremony

New Hamburg Lioness 35th Tree of Light Ceremony with the New Hamburg Band, downtown at the fountain. Enjoy hot dogs and hot apple cider, all available for any donation. For more information call: Joan Billinsky, 519-662-2275

December 1st - New Hamburg Santa Claus Parade

6:30 p.m.

December 7th - Baden Santa Claus Parade

1:30 p.m.

December 7th - Craft Sale

sponsored by the Wilmot Optimists, 10:00 am - 3:00 pm. For more information contact Darlene at 519-634-5617

December 14th - St. Agatha Santa Claus Parade

1:00 pm.

December 15th - New Dundee Santa Claus Parade

12:30 pm. For more information contact John Scott 519-696-2832

2020

January 23rd - ACES Pre-teen Dance

New Hamburg Community Centre 7 pm to 10 pm - Grades 5 to 8 only! Admission: \$10 Music supplied by DJ. Fundraiser for the Wilmot Aquatic Aces Swim Team. For more information visit www.aceswim.ca

February 22nd - Heritage Day

Celebrating three decades, join Heritage Wilmot as they host Heritage Day at the St. Agatha Community Centre. Wilmot residents, organizations, business owners as well as area heritage groups, have an opportunity to showcase the unique heritage and culture on this day. Admission is always free. www.heritagewilmot.ca

April 4th - "A Women's Day" for All Women

Bethel Evangelical Missionary Church, New Dundee. For more information please contact Ruth D. Jones at 519-578-9876

April 2nd - ACES Pre-teen Dance

New Hamburg Community Centre 7 pm to 10 pm - Grades 5 to 8 only! Admission: \$10 Music supplied by DJ. Fundraiser for the Wilmot Aquatic Aces Swim Team. For more information visit www.aceswim.ca

April 23rd - 24th - Living Well Festival

Wilmot Healthy Communities Coalition will be sponsoring this 2 day family event at the Wilmot Recreation Complex. Times TBA.



Baden Santa Claus Parade

Wilmot Aquatic Aces Swim Team

Welcome to the Wilmot Aquatic ACES Club. Our programs are designed to accommodate all levels of swimmers, from "learn-to-swim" to those competing at provincial, national and international competitions. Swimmers develop skills, improve their strokes and compete in a fun yet challenging environment. The ACES are an inclusive team taking pride in our diversity in the water and on the deck! All levels have some competitions. The level of competition is determined by the level the swimmer is in. The best way to see the improvement is to watch the child swim at a meet. Our season run from September to June each year.

ACES program:

This program is an introductory or house league level of swimming. It is geared at swimmers 3 years of age to 16 years who are new to swimming or just want to stay in shape. All groups are two times per week in water. New this year, the program will run in two sessions; Session 1 from Sept 16th to Dec 20th, Session 2 from Jan 6th to May 1st.

ACES 1: Active Start is for swimmers aged 3- 6 years of age. The main goal of the program is to build self confidence and positive self esteem while teaching the fundamentals of swimming.

This group does not compete in swim meets

ACES 2: Fundamentals is for swimmers aged 5 to 8 for females and 6 to 9 for males. The main goals are to develop all four strokes, start some aerobic conditioning, work on co-ordination and the basics of dryland training. This group will compete in Aqua 7 meets only

ACES 3: Learn to Train will continue to work on all four strokes while improving technique, and start to work on core body strength and speed work.

Ages: 8 to 11 year old females and 9-12 year old males. This group also includes the opportunity to do a dryland class once a week. This level will compete in Aqua 7 meets and two invitationals

ACES 4: Train to Train is geared at the 11-14 year old female and 12 to 15 year old male. (plus or minus 2 years) This group is perfect for the swimmer who doesn't have a lot of time but still wants to improve in the sport of swimming. This group will compete in Aqua 7 meets and two Invitationals

ACES REP LEVELS

The ACES swim in 6 levels (Bronze, Bronze 1, Bronze 2, Silver 1, Silver 2 and Gold), allowing our athletes to progress to the best of their abilities and compete at various levels from introductory to national level meets. This program runs from Sept 18th to end of June.

Proper technique in all four competitive strokes, starts, turns, and streamlining skills are taught by our coaching staff. Swimmers practice three to seven days per week depending on level. All levels will have a dryland class as well. Allowing the ACES to continue developing a positive role in the health and well being of our youth.

Masters

This program is for mature swimmers, 18 years and older who wish to swim for exercise & conditioning. All four strokes will be covered. Participants may choose to compete at Masters meets. The program is offered 5 days a week with your choice of one to five sessions per week (1 hour per session).

Para-Swimmers

For swimmers who have intellectual or physical disabilities we have something for you as well. Wilmot Aquatic Aces proudly supports PARA-sports and was proud to have had 2012 Paralympian Michael Heath on our team.

Registration

For more information about the ACES or to register online with the club:

- visit the club's website at www.aceswim.ca or
- email coaches@aceswim.ca

Trial Swims begin the week of Aug 19th-22nd 2019. Please contact coaches@aceswim.ca to set up a trial swim. We welcome new swimmers throughout the season, however you must arrange for a trial swim.

Head Coach: Joni Maerten-Sanders (ChPC)



Soccer

Wilmot Soccer

Any Fall and Winter skill development programs will be announced through our website and our mailing list. To be added to the mailing list, please email info@wilmotsoccer.com.

Registration for the 2020 outdoor season will open in January.

Website: wilmotsoccer.com

Contact: 519-998-2729 or email: info@wilmotsoccer.com

New Hamburg Skating Club

Fall and Winter Sessions

Fall - September 4, 2019 to October 12, 2019

Winter - October 16, 2019 to March 30, 2020

**** Be sure to take advantage of our Early Bird Discounts!!**

Come out and learn to skate with our Nationally Certified coaching staff. Sessions available for children ages 3+.

Website: <http://www.newhamburgskating.com/>

Email: newhamburgskating@gmail.com



New Hamburg Power Skating Sessions

Fall - September 4, 2019 to October 9, 2019

Winter Session 1 -

October 31, 2019 to December 23, 2019

Winter Session 2 -

January 6, 2020 to March 30, 2020

Be the best skater on your team, come and train with NHP today!

Website: <http://www.newhamburgpower.com/>

Email: newhamburgskating@gmail.com



Wilmot Girls Hockey Association

The Wilmot Girls Hockey Association provides an opportunity for girls from 5-18 to play organized girls hockey under the banner of the Wilmot Wolverines.

Teams compete in the Kitchener Area House League and the Lower Lakes Female Hockey League.

For more information on playing Wilmot Girls Hockey or to volunteer your time contact: Yolanda Galambos-Deep (President) at 519-498-5637, Christine Honderich (Registrar) at 519-500-0358 or visit the Home of the Wolverines at www.wilmotgirlshockey.com



New Hamburg Firebirds - Jr. C Hockey

The New Hamburg Firebirds are looking forward to an exciting 2019-2020 season. Their home games are Friday and Saturday nights, start time 7:30 at the Wilmot Recreation Complex.

Adult Season Passes are available for \$75.00 each. You can watch all 20 home games for under \$4.00 per game. (Actually it works out to \$3.75 per game.) Public school students 13 and under \$35.00 Pre-school are free. The Firebirds are always welcoming new volunteers and additional executive members to help out the team with various duties.

Contact: Bernie Shantz at 519-662-2253 if you are interested in becoming a part of the Firebird organization, or if you would like to donate some of your valuable time to help build a great 2019/2020 team.



New Hamburg Hockey Association

The New Hamburg Hockey Association promotes, encourages and governs all age categories (4 years old - 20 years old) of minor hockey in New Hamburg and surrounding area.

The Association is divided into three sections:

• INITIATION 4-6 YRS.

A program for beginners to learn the skills and confidence in the game.

• RECREATION Local League

Players participate in a program to seek fun and fellowship.

• COMPETITIVE Representative and Additional entry leagues

Players test their limits and compete for regional and provincial championships.

Registration:

registration@newhamburghockey.com

President: David Mark

For further information check our website:

www.newhamburghockey.com



Wilmot Old Timers Hockey

Looking to play some hockey? We are looking for players.

When: Thursdays at 6 am – 7 am

Location: Wilmot Recreation Complex

Contact: Greg Roth 519-748-8227

Email: groth@erbgroup.com

Snowmobile Club - Nith Valley Sno-Surfers

The Nith Valley Sno Surfers, a member club of both the Golden Triangle Snowmobile Association and the OFSC, are a volunteer based organization with the goals of providing and promoting the sport of snowmobiling within Baden, New Hamburg and the surrounding areas.

Working with the area's landowners and businesses we endeavour to provide an extensive, safe and enjoyable trail system for both the local snowmobiling enthusiasts and visitors to the area.

Our social activities include dances, poker runs and fundraising for local charities. Our clubhouse is open to everyone through the winter season.

Become a member to aid us in achieving our goals of keeping the sport of snowmobiling a healthy, family oriented winter activity.

Meetings: 3rd Wednesday of month at 7:30 p.m. Sept. thru April

Location: Wilmot Recreation Complex, Baden

Cost: \$15.00 single or family

Contact: Paul Ming 519-503-4023

Email: nithvalleysnosurfers@hotmail.com

Website: nithvalleysnosurfers.com

Martial Arts - Self Defense Classes

Wilmot Jujitsu - Professional Self Defense

Wilmot Jujitsu abides by the traditional values of Jujitsu, where the passing of knowledge of the art is of primary importance. We believe that the true values of Jujitsu transcend its technical aspects of training; more important are the developments of mental and moral characteristics such as: Patience, Courage, Self Control, Self Confidence and Humility.

At Wilmot Jujitsu we practice the following arts: Shinki Ryu Jujitsu, Genbukan Ninpo (tai jutsu), International Motobu Ha Shito Ryu Karate, and Hiden Mugai Ryu Iaido.

Shinki Ryu Jujitsu is an effective self defense system and is the foundation of what is taught. It is designed to enhance the confidence of the practitioner while training in a friendly, relaxed and non-competitive atmosphere. Advanced Practitioners are allowed to train in both Karate/Kobujutsu and Iaido/Kenjutsu.

Genbukan Ninpo is offered to advanced students of Shinki Ryu or to students that are specifically interested in Genbukan Ninpo. Ninpo Bugei focuses on teaching the illumination, awareness and defense of mind, body and spirit. It is the essence of traditional Ninjutsu techniques. This is restricted to adult students ages 14 and up. Wilmot Jujitsu teaches young children (ages 5-9), youth (ages 9-13) and adults (ages 14 and up).

Contact: Neil Calhoun at 519-590-4946

23 Snyder's Rd. E., Baden

Email: nncalhoun@hotmail.com

Web: www.wilmotjujitsupsd.com

Martial Arts

New Hamburg Karate Club

2019 celebrates 40 years of Chito-Ryu karate for the N.H.K.C.

Current head Sensei; Richard Hesck Black Belt, offers two FREE classes and a special introductory rate for all new students.

Come enjoy the many benefits of karate. In addition to self defence, the student will gain balance & co-ordination, strength & flexibility,

personal discipline, focus & concentration. With these and other skills learned, the student will have confidence, inner peace and self control. Both children and adult classes are available on Monday and Thursday evenings.

The N.H.K.C. is a member of The National Karate Association, The Canadian Chito-Kai Association and Ontario Karate Federation.

Contact: Richard Hesck at 519-662-4364

email: hesch@rogers.com

or visit our website: www.newhamburgkarate.com for additional information.

Fastball

Church Men's Fastball League

For more information contact Marlin Lichti at 519-662-2351 or Ryan Roth at 519-662-4588



Softball

Wilmot Softball Association (WSA)

The Wilmot Softball Association offers T-Ball, Coach Pitch and Softball for boys and girls ages 4-18. Our T-Ball (4+5 year olds) and Coach Pitch (6+7 year olds) programs are played only in Wilmot and offer a fun combination of practices and games to develop skills and game sense. Tykes through Midget teams play other teams within the local Softball leagues. Volunteer coaches and Executive Members are always needed.

Registration is available online from January to mid-March, and in-person at the Spring Leisure Fair.

Also, please be sure to check out our Spring Clinic for pre-season development.

Visit wilmotsoftballassociation.com for more information!

Registration Contact:

registrar@wilmotsoftballassociation.com

General Questions: info@wilmotsoftballassociation.com



Support Services

Community Care Concepts

Could you use a little help with household tasks or maybe a ride to your next appointment? Would joining others for lunch break up a long week? Community Care Concepts is here to help you remain independent and active in your community. We offer a broad range of services:

- Meals on Wheels-both hot and frozen
- Home at Last - transportation and assistance home from local hospitals
- Home Maintenance
- Assisted Transportation
- Friendly Visiting
- Homemaking
- Telephone Reassurance
- Community Luncheons
- Day Programs available at Nithview Community

Contact: For more information or if you are interested in volunteering with Community Care Concepts please call our Trinity Office at 519-662-9526.

Al-Anon

Al-anon is a program of recovery for anyone who has been affected by someone else's drinking. Parents, partners, spouses, adult children of alcoholics, friends and co-workers meet anonymously and confidentially.

We share our experience, strength and hope in order to solve our common problems.

When: Wednesday, 7:30 p.m., year round

Where: Holy Family Church, 329 Huron Street, New Hamburg Wheelchair accessible

Contact: Al-anon Answering Service Information 519-896-5678 <http://al-anon.alateen.on.ca>

Alzheimer Society

Alzheimer Society Waterloo Wellington

A non-profit organization dedicated to providing support for people who have Alzheimer's disease or another dementia and their partners in care.

Support includes:

- Supportive Counseling
- Education Sessions
- Support Groups
- Resources

Rural Support Group:

Please contact a social worker at 519-742-1422 ext. 2012 or by email (ldrudge@alzheimerww.ca) for more information about group meetings.

Website: www.alzheimerww.ca

Assisted Transportation

Kiwanis Transit

A non-profit specialized transit service providing transportation for the physically challenged and the elderly (65+) in Wellesley, Wilmot and Woolwich Townships.

- Medical Appointments
- Shopping
- Therapy
- Meetings Employment
- Day Programs
- Hospital Visits
- Recreation

Contact: 1-800-461-1355 or 519-669-4533

13 Industrial Dr., Unit #C, Elmira, ON N3B 2S1

kiwanistransit@rogers.com www.k-transit.com



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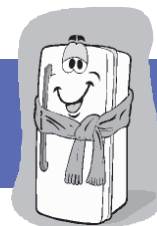
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Trinity Church

Several community-based programs make their home at Trinity Church, New Hamburg. Facilities are wheel-chair accessible. In addition to Interfaith Community Counselling and Creative Beginnings Day Care, the following programs are hosted by Trinity:

AA-Alcoholics Anonymous

Alcoholics Anonymous or "AA" is a group in which people share their common experience and hope. Meetings are open to all.

When: Saturdays, 7:30 p.m., year-round

Where: Trinity Hall, Trinity Lutheran Church

Contact: 519-742-6183

TOPS! Taking Off Pounds Sensibly

TOPS is a non-profit, affordable support group which encourages weight loss and maintenance through sensible eating, exercise and mutual support.

When: Monday evenings, weigh-in 6:00 p.m. followed by a short meeting at 6:30 p.m.

Where: Martin Luther Room, upper level at Trinity Lutheran Church

Contact: Mike Gascon at 519-662-6475

When: Tuesday morning weigh-in 9:00 a.m. followed by a short meeting at 9:30 a.m.

Where: Trinity Hall in basement, access back entrance at Trinity Lutheran Church

Contact: Dorteia Butz 519-662-6066

Website: www.tops.org

Interfaith Community Counselling Centre

Interfaith Community Counselling Centre is a growing non-profit organization offering personal and confidential counselling services to individuals, couples, families and groups. You can help support your community by volunteering in the office or join our dynamic Board of Directors. Enjoy helping out with events, join one of our fabulous committees. While giving back to your community, supporting those in need you can learn new skills, gain experience and meet new people. Come grow with us!

When: Counselling services by appointment, Monday through Friday, 9 a.m. to 8 p.m.

Where: Interfaith Community Counselling Centre, 23B Church St., New Hamburg

Contact: 519 662-3092, fax 519 662-4313, website www.interfaithcounselling.ca

Welcome Wagon

Welcome Wagon visits newcomers to Wilmot Township. The new comers are given civic information as well as gifts from local sponsors plus a warm welcome greeting from the Welcome Wagon hostess. Also, Welcome Wagon does Baby Welcome, for new babies that live in the community. They are given information on baby care, books on baby care, and sponsors give gifts to them.

Contact: 519-591-5963 or email marlene.brenneman@gmail.com for more information.

Employment Services at Wilmot Family Resource Centre

To help with your job search, Wilmot Family Resource Centre is open five days a week and has a job board, access to reference materials, a computer with Internet, faxing services and handouts. On Wednesdays, pre-booked personal appointments with a Career Work Coach from the Conestoga Career Centre are available.

Conestoga Career Centre offers a full range of employment and career-related services to help you succeed including: job search strategies, resume and cover letter help, free resume critique, and information on careers and possible training options available through Employment Ontario.

When: Wednesdays by appointment

Where: Wilmot Family Resource Centre, 1-175 Waterloo Street, New Hamburg

Contact: waterloocarecentre@conestogac.on.ca or by phone at 519-885-0300 ext. 5226

Please specify the preferred location for meeting with a representative from the Conestoga Career Centre. Conestoga provides itinerant services in Elmira, New Hamburg, Wellesley, and throughout Perth and Huron Counties. Contact the Career Centre for an appointment at a location convenient to you.
www.conestogac.on.ca/careercentre/

K-W Access-Ability

K-W Access-Ability is an Information and Resource Centre for Persons with Physical Disabilities.

We offer social, recreational and educational programmes and services. Recreational activities vary according to the time of year - particularly during the Summer, but span a wide range of activities, including lawn bowling, electric wheelchair hockey, crafts, gliding, an art group, picnics, barbeques, dances, a womens group and out of town excursions via our 10 passenger wheelchair accessible bus.

Our **P.H.I.R.S.T. LINK** (PHYSICALLY HANDICAPPED INFORMATION RESOURCE SERVICE ON TECHNOLOGY) programme provides computer instruction, technical support, computer loans and Internet access for persons with physical disabilities. We have a variety of hardware and software on site for our students to use. Contact Ron Fleming, P.H.I.R.S.T. LINK Manager for more details by calling (519) 885-6640, or visit our website at www.kwa.on.ca

The Centre also serves a community resource for information, referrals and consultations on a broad range of relevant issues and concerns. Visit **KW ACCESS-ABILITY**, and explore the possibilities for your own involvement.

Our office is located at 105 University Avenue East, Unit 2, Waterloo. Office hours are Monday to Friday, 9am to 5pm.

For more information call 519-885-6640 or visit www.kwa.on.ca



Wilmot Family Resource Centre

Our vision...

a strong community with healthy families where all individuals are valued and have opportunities to participate and grow.

Our mission...

to respond to the needs of individuals and families within Wilmot and Wellesley communities through resident-centered planning and the provision of innovative programs, services and supports.

contact us:

1-175 Waterloo Street, New Hamburg
info@wilmotfamilyresourcecentre.ca
www.wilmotfamilyresourcecentre.ca
519.662.2731



@WilmotFamilyRC



Family Wellness

Parenting Support
EarlyON Programming
PD Day and Summer Camps
Circle of Security
Positive Family Mental Health Programs
Youth Programs
After school Programs
Family Violence Prevention
Recreational Subsidies
(JumpStart, hockey, camps)
Toy Lending Library
LGBTQ2+ Groups (Coming Soon!)

Community Supports

Employment Support
(Conestoga College)
Service Canada
Family Outreach Program
(House of Friendship)
Speech and Language
(KidsAbility)
Counselling Subsidies
Public Access to Computers & Phone
Thrift Centre Gift Cards
Vision Care
Community Gardens
Advocacy & Referrals

Basic Needs

Food Hampers
(pre-made or self-serve)
Food Cupboard
Lunch Crunch Program
Weekly Community Lunch
Christmas Hampers
Clothing Cupboard
Housing Application Support
Transportation Vouchers
Free Income Tax Services
Backpack Supplies

Special Events

Coldest Night of the Year
(February 22, 2020)

Mental Health Event
(November 20, 2019)

Poor Boy's Luncheon
(September 26, 2019)

Suicide Awareness Day
(September 10, 2019)

Did you know?

In 2018...

35,055 servings of fresh fruit and vegetables were provided to children from families living on low-income

952 articles of free clothing were given to those in need

45,513.27 lbs of donated food was distributed by our food bank

Over 50% of our programs took place "off-site" in our communities!

After School Programs

WFRC Youth Programs

TFZ (Teen Fun Zone) Drop-In

For youth Gr. 5-12!
Enjoy ball hockey, skateboarding/scooter, video games, event nights, board games, etc.

When: Thursday 6-8 p.m.

Where: New Hamburg Arena
(251 Jacob Street)

Cost: Free

Contact:
info@wilmotfamilyresourcecentre.ca or 519-662-2731



Wilmot Recreation Complex Youth Centre

For youth Gr. 5-12!
Drop in, get homework help, socialize and play games (like shuffleboard, pool or PlayStation) in a safe and supervised setting.

When: Tuesdays 6-9 p.m., Fridays 5:30-9:30 p.m., Saturdays 12-5 p.m.

Where: Wilmot Recreation Complex, Optimist Youth Centre

Cost: Free

Contact: info@wilmotfamilyresourcecentre.ca or 519-662-2731

4-H is 4U ...

no cows needed !!

Waterloo 4-H Association offers a variety of learning programs (projects) targeting the personal development of youth aged 9-21. The association also runs the Cloverbud program for 6-8 year olds

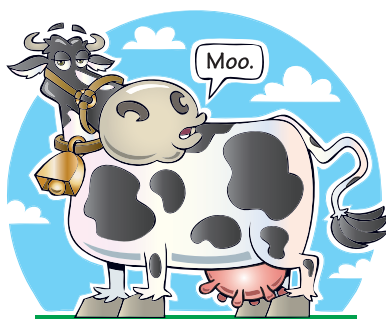
covering a variety of topics, including agriculture, food, crafts, life skills, the environment and science. The program provides many opportunities to "Learn To Do By Doing".

When: Ongoing through out the year

Where: Various locations in Waterloo region

Cost: \$85.00 per year per child

Contact: Cathy Nederend, 519-648-2972



Youth Darts

New Hamburg Youth Darts

When: Sunday mornings 10 a.m. - 12 p.m.

Where: Royal Canadian Legion,
65 Boullee Street, New Hamburg

Cost: \$60.00

We run a great darts program for youth ages 10-18. Each week we play games and work on dart skills. Our youth take part in 2 tournaments a year. We have some competitors that go to the Provincial level each year.

For more information: Shirley Bailey 519-662-4422 or email: anmbailey@bell.net



Junior Gardeners' Program

The **Wilmot Horticultural Society** sponsors a Junior Gardeners' Program for youth in grades 1 to 12.

There are 2 competitions every year. The WHS Youth Competition is held at the May meeting

and includes creative writing, floral arranging and education. These entries then go on to the annual provincial competition hosted by the Ontario Horticultural Association. WHS juniors have won the overall award for 7 consecutive years.

The second program involves growing a garden. WHS provides flower and vegetable seeds to be planted in May. In August, the gardens are judged and prizes are presented at the Society's September Awards night.

We encourage the Junior members to bring entries to the horticultural section at the New Hamburg Fall Fair in September.

If you want more information or are interested in being involved in the Junior Gardeners' Program, please contact:

Sandra Cressman, 519-580-0814 or

Janice Wagler, 519-662-2436 or

email WHS: wilmothortsociety@gmail.com



2019 Gingerbread House Contest

This year's theme:

Christmas Movies



Start a fun new family Christmas tradition! Get in the holiday spirit and get creative!
Join us in celebrating the festive season by submitting your one of a kind gingerbread masterpiece!

Categories...

Family- adults and children
from the same family

Children- ages 8 and under

Youth- ages 9-15

Adults- ages 16 years & older

Elite- For the professionals



Completed houses can be dropped off one night only!

Wednesday, November 27th

drop off between 6:00 - 7:30pm at the

New Apostolic Church, Waterloo St. New Hamburg *Entry
forms completed at that time*

Thursday, November 28 - public viewing from
6:00 - 7:00pm (awards ceremony 7pm)

NO LATE ENTRIES ACCEPTED

Family	Children	Youth	Adult	Elite
1st place - \$150	1st place - \$150	1st place - \$150	1st place - \$150	1st place - \$300
2nd place - \$100	2nd place - \$100	2nd place - \$100	2nd place - \$100	2nd place - \$150
3rd place - \$50	3rd place - \$50	3rd place - \$50	3rd place - \$50	

Thank You Sponsors who make this possible!

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All houses must be removed after awards ceremony: Winning houses displayed at various businesses will be delivered by participants. You will be informed of the location. If you have any questions contact us at wilmotgingerbread@trawna.com

CHECK OUT OUR FACEBOOK PAGE FOR PICTURES AND UPDATES AT
www.facebook.com/wilmotgingerbread

Guiding

Girl Guides of Canada-Guides du Canada has been the leading organization dedicated solely to girls, offering fun and relevant programming to more than 7 million girls across Canada.

Today's Guiding is a safe, inclusive, all-girl environment that invites girls to challenge themselves, find their voice, meet new friends and make a difference in the world. Girl Guides has over 70,000 girls and young women Members, with leadership provided by more than 18,000 dedicated volunteers.

Sparks 5 & 6 years old – learn about sharing friendship as they play, explore and share experiences.

Brownies 7 & 8 years old – explore a growing world around them, as they lend a hand.

Guides 9 – 12 years old - share the challenge of new skills, give service to their communities and learn teamwork.

Pathfinders 12 – 15 years old - practice growing self-reliance and learn life skills.

Rangers 16-18 years old - Thursday nights, starting this fall.

Adult opportunities are also available for women over 18 years old. Share your skills, talents, passions, and interests and help girls achieve greatness

Join us today! 1-800-565-8111 or <http://www.girlguides.ca>
On-line registration is now open for new and returning Girl and Adults,

Cost \$150 + \$4 handling fee (Additional fees may be applied during the year. A fee subsidy may be available.)

Baden Guiding:

Meeting at: St. James Lutheran Church, 66 Mill St. Baden

Sparks: Wednesday 6:30 pm – 7:30 pm

Brownies: Wednesday 6:30 pm – 8:00 pm

Guides: Wednesday 6:30 pm – 8:30 pm

New Dundee Guiding:

Meeting at: New Dundee Community Center, 1028 Queen St, New Dundee

Sparks: Monday 6:30 pm – 7:30 pm

Brownies: Monday 6:30 pm – 8:00 pm

Guides: Monday 6:30 pm – 8:30 pm

New Hamburg Guiding:

Meeting: New Hamburg Community Center and Haysville Community Center

Sparks: Wednesday 6:30 pm – 7:30 pm

Brownies: Wednesday 6:30 pm – 8:00 pm

Guides: Monday 7:00 pm – 8:30 pm

Pathfinders: Monday 7:00 pm – 8:30 pm

Join us for crafts, songs, camping, games and Special Outings throughout the year.

Scouting

New Hamburg Scouting

A program focused on respect for ourselves, respect for others and respect for the earth. Scouting is for boys & girls starting from age 5 to 26. Experience the World in a New Way. Scouting is not just about getting outdoors or helping people and the environment - it's about developing self-confidence, teamwork and leadership skills - 'And It's Fun!'

Beaver Scouts:

Ages 5-7 from 6:15 to 7:15 p.m.

We meet on Thursday nights in the St. George's Anglican Church Hall

Cub Scouts:

Ages 8-10 from 7:30 to 8:45 p.m.

We meet on Thursday nights at the Community Centre

Scouts: Ages 11-15 (please call the number below)

Everyone is welcome. Come learn and play at meetings and at camp. Watch for registration date early September. We have at our disposal our North Waterloo Scout Camp near Everton Ontario; a property of almost 185 acres where camping goes on all year round. We are part of the Central Escarpment Council and North Waterloo Scouting.

Contact: For more information www.scouts.ca

or call Gerald Knight 519 662-6593

email wilmotscouting@gmail.com

*Note: we are looking for a Beaver Cub and Scout Leaders who enjoy camping, the outdoors, and teaching boys/girls about outdoor skills. Must be 18 years of age or older to get our boys from Beavers and Cubs an advancement in our Scouting movement.

St. Agatha & Wellesley District Scouts Canada

There are currently no Scout programs running in St. Agatha or Wellesley. Contact the New Hamburg Scouting group contact numbers or Scouts Canada (toll free) 1-888-726-8876 ext. 225 or on the web at scouts.ca

caBrownies: Monday 6:30 pm – 8:00 pm

Guides: Monday 6:30 pm – 8:30 pm



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500 Dutton Dr., Waterloo
519-884-0800

Trinity Lutheran Church

TYGERS Youth Group

TYGers is a program which offers teenaged youth (Junior TYGers - Grade 6-9; Senior TYGers - Grade 9 and up) the opportunity to participate in a variety of wholesome social activities – bowling, movies, carolling and the like. Parents assist with the transportation and participate as necessary. Hosted by Trinity Church, the program is open to all teenaged youth. Program costs, if any, vary with activity. No one is ever excluded because of financial circumstance.

Location: Trinity Lutheran Church, 23 Church St., New Hamburg or as arranged (facilities are wheelchair accessible)

Contact: Tanya Ramer 519-662-1810 or email mail@telc.ca

Wilmot Centre Missionary Church

Junior Youth

Our purpose at Jr. Youth is to have a crazy good time. We want to create a safe place where you can meet people, make friends, grow with God and have a ton of fun doing some bizarre and great events. We want to create connections - with friends and with out awesome team of sponsors, and for you to create connections with God.

Jr. Youth is for boys and girls in Grades 6-8.

When: Tuesday Evenings, 7:00 - 8:15 p.m., September to April

Where: Wilmot Centre Missionary Church, 2463 Bleams Road

Cost: Per event, as needed, most free

Contact: Call church office for more information at 519-634-8687

Senior Youth

Senior Youth is a place where anyone in high school come together to do some crazy events, grow with God, go on missions trips and discover who you are.

Our purpose is to help create holistic relationships with God and others.

Our goal is to create a place where you can meet people, make friends, grow with God, have a place to be real with others - and grow in each area of your life.

When: Wednesday Evenings, 6:30 - 9:00 p.m.

Where: Wilmot Centre Missionary Church, 2463 Bleams Road

Cost: Per event, as needed, most free

Contact: Call church office for more information at 519-634-8687

Living Water Community Christian Fellowship Church

When: Sunday Morning Worship, 10:45 a.m.

Where: 45 Hinks St., New Hamburg

Shantz Mennonite Church

Shantz Mennonite Kids Club

This is great time for connecting with others and God through stories, games, crafts, and snacks. Youth in grades 1-5 are welcome.

When: First Wednesday of the month from October-April, from 6:30-8 p.m. at the church.

Cost: There are no registration costs.

Contact: Please call Shantz Mennonite Church at 519-634-8712 for more information.

MYF (Mennonite Youth Fellowship)

We have events two times per month for grades 9-12. Activities range from games/recreational nights, devotional times, retreats, service projects etc.

Cost: There are no registration costs.

Contact: Please call Shantz Mennonite Church at 519-634-8712 for more information.

Community Bible Study

Bi-monthly Bible Study on Wednesday mornings at the church.

This program runs September to May.

There is no registration cost.

KOOL-aid (Kid's Offering Outreach Love and Aid) Junior Youth

Activities for youth in grades 6-8 include gym nights, community service projects, potlucks and various fun events. We meet 1-2 times per month all year round.

Cost: There are no registration costs.

Contact: Please call Shantz Mennonite Church at 519-634-8712 for more information.

Community Bible Study

Come and learn more about the Bible with us. We are an interdenominational group which is open to continuous intake. New people are welcome at anytime.

When: October-May

Time: 9:15 a.m.- 11:15 a.m.

Location: Shantz Mennonite Church

Cost: only for materials (optional)

Contact: 634-8712



Steinmann Mennonite Church

KidsLIFE (Grades 1-6)

Kids participate in a variety of activities, having fun, making friends, and learning Bible stories.

When: Every other Wednesday, September to April

Time: 6:00 - 7:30 p.m..

Location: Steinmann Mennonite Church

Cost: Free

Youth (Grades 9-12)

We are all about Faith, Food, and Fellowship. The youth at Steinmann are excited about spending time each month serving in the community, exploring faith, and spending time together. And there's always lots of food!

When: 3 Fridays a month

Time: 7-10pm

Cost: mostly free/as needed for special activities

Contact: call or email the church office for more information: 519.634.8311 office@smchurch.ca

LOGOS

Well rounded program that includes games & recreation, supper, Bible study and worship.

Contact: 519-634-8311

Meet: Wednesdays 5:20-8:00 p.m.,
September - March

Location: Steinmann Mennonite Church

Cost: \$60 for 9 weeks

Ages: Grades 1-12

Bethel's Kids Klub

Kids are invited to join us on Thursday evenings for fun activities and learning at Kids Klub as we play games, do activities, learn practical skills, and hear great stories from the Bible.

Classes for children from JK to Grade 6. begin at 6:00 p.m. and conclude at 7:30 p.m.

Call 519-696-2284 for more information. Registration forms are available at info@bethelnewdundee.org or www.bethelnewdundee.org. Come and join the fun!

When: Thursdays from 6:00 p.m. to 7:30 p.m.

Where: Bethel Missionary Church, 1531 Bridge St., New Dundee

Contact: 519-696-2284



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Everyone should have the opportunity to participate in recreation programs!



Did you know if you have a child 14 years of age and under, and if you have been a resident of the Township of Wilmot for a period of not less than six months, you could be eligible for assistance or subsidy for recreational or cultural activities offered in the Township of Wilmot. The application process is easy and confidential.



For more information call **519.634.8519 x232** or visit **wilmot.ca/financialassistance**

Monday Afternoons 1:00 pm - 3:00 pm
Wednesday Evenings from 6:30 p.m. - 8:30 p.m.

St. Agatha Community Centre
1791 Erb Street, St. Agatha

Memberships are available for purchase at the Wilmot Recreation Complex

10 visit membership (no expiry) \$47.50 + HST

**** Note memberships must be purchased in advance; first visit is FREE ****



Pickleball is a paddle sport that combines Badminton, Tennis and Ping Pong.
We welcome all levels of players and have all the necessary equipment to come and try it out!
This informal play is designed to incorporate the mix of beginner, intermediate and advanced players.
Two Courts available and is designed to play in singles or doubles. This Program is on-going.
Not scheduled on Long Weekends or during Election periods or the Month of April.

Please contact the Recreation Programmer at
lacey.smith@wilmot.ca

Take a splash this Fall or Winter!

The City of Waterloo Swimplex offers swim lesson programs from parent and tot through to leadership courses including beginner swim lessons for teens and adults!

PLUS specialty waterfit classes including Aqua Cycle, Pre/Postnatal Waterfit, Waterfitness 101 and Seniors' Waterfitness.

Fall swim lesson registration on now
2 sessions to choose from!

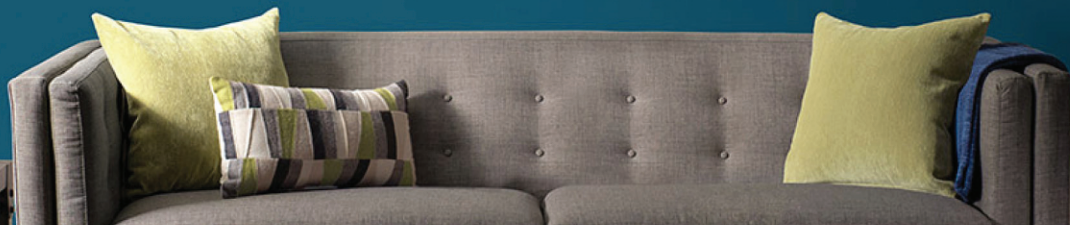
Thinking ahead to the **Winter session**...
lessons begin the week of January 6, 2020.

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waterloo.ca/swim



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How to Book Facilities

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Tracy Loch, Curator..... 519-634-8444

Wilmot Township Facility Bookings 519-634-9225

Haysville Community Centre
Mannheim Park & Community Room
New Dundee Community Centre
New Hamburg Arena Floor or Community Centre
New Hamburg Municipal Building (Ernie Ritz Room)
New Hamburg Parks
Petersburg Park
St. Agatha Community Centre
Wilmot Community Room (Twp. Office)

Wilmot Aquatic Centre

Angela Bylsma-Anderson 519-634-9225

Waterloo Region District School Board

Facilities ext. 4356 519-570-0300

Waterloo Catholic School Board

Facilities ext. 2356 519-578-3677

Schools

Baden Public School 519-634-9320

Canadian Independent College 519-634-9255

Forest Glen Public School 519-662-2830

Grandview Public School 519-662-1881

Holy Family Separate School 519-662-1734

New Dundee Public School 519-696-2296

Open Door Learning Centre 519-885-0800

Our Lady of Mount Carmel Academy

Private Catholic School 519-634-4932

St. Agatha Catholic School 519-747-1801

Sir Adam Beck School 519-634-8757

Waterloo-Oxford District Secondary

School 519-634-5441

Waterloo Region District School Board 519-570-0300

Waterloo Catholic District School Board
..... ext. 2356 519-578-3677

REGION OF WATERLOO LIBRARY Region of Waterloo

Headquarters

Katherine Seredynska ext. 3228 519-575-4590

Local Branches: www.rwl.library.on.ca

Baden 519-634-8933

New Dundee 519-696-3041

New Hamburg 519-662-1112

Youth Associations/Groups/Activities

Sparks, Brownies, Guides, Pathfinders & Rangers

Anne Fischer 519-696-3183

Janice Bechamp 519-390-3423

Beavers

New Hamburg - Catriana Pruett 519-662-2674

Cubs

Gerald Knight 519-662-6593

Scouts

Baden - Peter Miller 519-634-5540

Scouts Canada 1-888-855-3336

..... or www.scouts.ca

Youth Associations/Groups/Activities

Baden Minor Softball - Elaine Mason 519-634-1043

Bethel Missionary Church Kids' Klub 519-696-2284

Centre Stage Dance Studio Inc.

Donna Bender 519-662-3444

Creative Beginnings Childcare Centre

Baden 519-634-5223

Sir Adam Beck 519-634-4915

Innovative Dance Studio 519-214-3338

Junior Youth Club - Steinmann Church 519-634-8311

kidsLink 519-746-5437

Lifelight Youth 519-662-3234

Mothers of Preschoolers

..... office@nithvalleymennonite.com

New Dundee Minor Softball - Rick Berry 519-696-2537

New Hamburg and Area Cooperative Pre-School

Pre-School (Haysville) 519-662-4655

New Hamburg Figure Skating Club

- Karen Buhlman 519-634-9337

New Hamburg Softball Association

Dwight Brenneman 519-500-4281

Nithvalley Ecoboosters

Tom Knezevich

tom.knezevich@gmail.com 519-662-1464

Pioneer Boys & Girls Club - Greg Mills 519-634-8687

Riverside Lanes Youth Bowling Club 519-662-1938

TYGers - Tanya Ramer 519-662-1810

Uproar Youth Ministries - Ken Jacob 519-662-3234

Venture Club - Steinmann Mennonite Church 519-634-8311

Waterloo Region 4-H Association

Kim McKenzie 1-877-661-6667

Other Areas Contact: 4H Ontario 1-877-410-6748

Waterloo Rural Child Care

Lorie MacDonald 519-620-0553

Wellesley Cooperative Preschool 519-656-3132

Wilmot Aquatic Aces Swim Club info@acesswim.ca

Wilmot District Soccer Club 519-998-2729

..... info@wilmotsoccer.com

Wilmot Family Resource Centre 519-662-2731

Jr. Wilmot Rugby - David Harder

president@wilmotrugby.com www.wilmotwarthogs.com

Youth Club - Steinmann Church 519-634-8311

Service Clubs

Baden Chamber of Commerce

Elaine Bechthold 519-634-5205

Board of Trade

New Dundee - John Scott 519-696-2832

New Hamburg - Steve Wagler 519-662-4673

Lioness' Club New Hamburg - Joan Bilinsky 519-662-2275

Lions Club New Hamburg - Jim Arkell 519-662-1199

St. Agatha - Bert Lichti 519-634-8411

Optimist Club

Baden - Chris Watamanuk 519-634-8338

New Dundee - info@newdundeoptimists.ca

New Hamburg - Doug Miller 519-662-2623

Mannheim - Carl Davey 519-570-1889

Petersburg - Warren Bechthold 519-634-8925

Wilmot - Darlene Vorstenbosch 519-591-7760

Women's Institutes

New Dundee - Pauline Stirling 519-696-2682

Groups/Associations/Activities

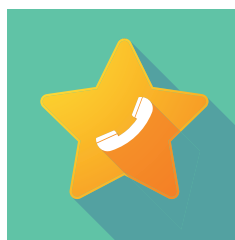
Alcoholics Anonymous	519-742-6183
Aldaview Services	519-662-5174
Alpha Course - Pastor Ken Jacob	519-662-3234
Avon Trail Hiking Club	www.avontrail.ca
Baden Community Association	226-747-7559
Castle Kilbride Tours, Ground and Livingston Square Tracy Loch, Curator.....	519-634-8444
Catholic Womens' League Holy Family – Church	519-662-1744
St. Agatha – Church	519-747-1212
Fung Loy Kok Taoist Tai Chi	519-273-5416
Pat Good.....	519- 272-1886
German Canadian Hunting and Fishing Association Dave Mendler	519-634-8491
ATV Club (Great Lakes) - Keith Bowen.....	519-662-4789
Grand Valley Woodcarvers Association Zenon Gawel	519-578-8323
Greenwood Rod & Gun	519-699-5931
Ken Dietrich.....	519-747-3011
Greenwood Snowmobile Club - Ken Dietrich	519-747-3011
Heritage Wilmot - Tracy Loch - Chair	519-634-8444
Inter County Men's Slopitch - Jim Yeck	519-454-8273
Interfaith Community Counselling Centre	519-662-3092
K-W Access-Ability	519-885-6640
K-W Khaki Club	519-656-2271
Mennonite Central Committee	519-745-8458
.....	or 1-800-313-6226
Mennonite Relief Sale John Reimer	519-662-4315
Moparfest	519-342-1284
Baden Road Race The Waterloo Running Series Llyd Schmidt	226-750-0017
New Hamburg Concert Band Steve Wagler	519-662-1644
New Hamburg Firebirds Junior "C" Hockey Bernie Shantz	519-662-2253
New Hamburg Karate Club - Richard Hesch	519-662-4364
New Hamburg Men's Slo Pitch Brad MacDonald	519-662-2566
New Hamburg Skating Club - Karen	519-634-9337
Nith Valley Singers (Children & Adult Choirs) Alfred Kunz	519-662-3291
Nith Valley Sno Surfers - Sean Bond	519-699-5460
Plattsville Curling Club - Brian Brown	519-662-2023
To book the curling club facility contact Pat Hall - pjhall@rogers.com	519-684-7267
Riverside Bowling Lanes	519-662-1938
Royal Canadian Legion New Hamburg Branch #532.....	519-662-3770
Brad Sword	519-634-5732
Wilmot Employment Services Tanja Gancevich (x5616)	519-772-4605
tanjag@convestogac.on.ca	

Groups/Associations/Activities

The Community Players	1-800-827-7524
Trillium Miniaturist Club - Jeannette Nelson	519-885-1732
Trinity Gentle Friends Reading Group Kathryn Ritz	519-662-2960
TYGers - Anne Anderson	519-662-1810
Welcome Wagon	519-591-5963
marlene.brenneman@gmail.com	
Wilmot Agricultural Society	519-501-7242
Wilmot Centre Co-ed Volleyball	519-634-8687
Wilmot Girls Hockey Association President, Yolanda Galambos-Deep	519-498-5637
Registrar, Christine Honderich	519-500-0358
Wilmot Healthy Communities Coalition Ashley Fournier	519-771-7222
whcc.nh@gmail.com www.whcc-healthywilmot.org	
Wilmot Heritage Fire Brigades Blain Bechthold	519-634-8153
Wilmot Horticultural Society Judy Yutzi (President)	519-662-2006
Yvonne Zyma (Secretary)	519-662-6778
Sandra Cressman (Jr. Gardeners)	519-662-2030
Janice Wagler (Jr. Gardeners)	519-662-2436
Wilmot Jujitsu - Neil Calhoun	519-590-4946
Wilmot Lacrosse	519-634-8153
Wilmot Rugby Minor Football Club - David Harder president@wilmotrugby.com www.wilmotwarthogs.com	
Wilmot Rod & Gun	519-634-8252
Wilmot Rotary Brian Bennett	519-301-5620
Susan Douglas	519-662-3206

Seniors' Clubs and Agencies

Community Care Concepts	519-664-1900
Toll Free	1-855-664-1900
Joy Fellowship, Wellesley - Don Leiskau	519-662-9016
Kiwanis Transit	1-800-461-1355 or 519-669-4533
.....	or kiwanistransit@rogers.com
Nithview Community - Tara Kleine	519-662-2280
Restless Seniors - Joan Fulton	519-662-4821
Guy Sisco	519-662-2077
Riverside Lanes Seniors Club	519-662-1938
St. Agatha Seniors - Bert Lichti	519-634-8411
Wilmot Seniors Shuffleboard - Guy Sisco ..	519-662-2077
George Schmitt	519-696-3037
Wilmot Seniors - Anne Koebel.....	519-662-2192
Wilmot Woodworking & Craft Shop	519-634-5357



If you require a correction or update to our Community page listings, please contact Crystal Brennerman at 519-634-8444



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Cook's Pharmacy, New Hamburg

Meet our Pharmacist ERIC HENDERSON:

Eric was born and raised in Chatham, Ontario and graduated with a Bachelor of Science in Pharmacy from the University of Toronto in 2008. Eric has been working at Cook's Pharmacy since early 2018 and really enjoys the small town feel of New Hamburg. Eric feels the clients of Cook's Pharmacy have been very gracious in accepting him as part of the community. Eric enjoys being a Pharmacist because he has the opportunity to get to know so many different people on a 'first name basis', and because our clients put so much faith in us, sometimes during difficult times in their own lives. When not at work Eric can usually be found on the golf course, at the arena or watching his beloved Montreal Canadiens.














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Sunday: Closed



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