

	Wilmot YAC Agenda	
	Date: April 12, 2021	
	Time: 7:00pm-8:30pm	
	Meeting Minutes: Haley	
Topics To Cover		Meeting Minutes
1. Welcome & Reminders & Intro to new member :)		Welcome our new YAC member, Tavia!
2. Wellness Night - Time Management		<p>Rose, Thorn and Bud Ice Breaker Write down the 4 activities that you think you do the most in a week: Sleep, exercise, school, work, time with friends, family, watching TV, walking, Video Games, workouts, cleaning, eating, Stretching, swimming, playing on phone. A good way to find out what you are doing in a day is to do a time Audit (set an alarm.timer for every 30 minutes and write down what you are doing at that time). Kahoot: Time Management - how many hours of sleep do you get per night? Approximately 4-10 hours. Discussed how to focus on one thing at a time e.g. homework.</p>
3. Youth Week Breakout Rooms (7:45pm)		Each group is to complete their Youth Week Event spreadsheet (all missing information has been highlighted by facilitators). Make sure to provide URL for all supplies and the quantity of each one! Especially important as lockdown may make gathering supplies and materials more difficult.

<p>4. Group Check In & confirming all Supplies (8:25pm)</p>	<p>Free Yoga Night - came up with the brilliant idea of Lulu Lemon E-giftcards, touch base with Mariyah regarding reusable water bottles and finishing touches. Currently, there are 4 participants registered.</p> <p>Painter's Alley - URL link for supplies is still needed, unless it was due to Staple's website technical difficulties. Currently, there are 5 participants registered.</p> <p>Balloon Platoon - Double checked it was 8 balloons and 1 balloon pump per household. Currently, there are 3 participants registered.</p> <p>Beat Shazam - Need URL links for individually packaged muffins and to determine if Spotify giftcards are regular or e-giftcards.</p> <p>Movie Night - Double checked popcorn buckets from PartyCity and snacks are still a go. Members were also reminded to register for all events they would like to participate in so facilitators can make one drop off per house for materials.</p>				
<p>5. Next Meeting: Monday April 19, 2021</p>	<p>Next week, each group will be working on their upcoming social media posts for each of their events!</p>				

