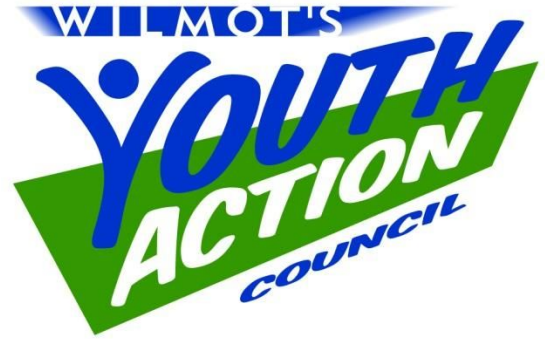


# Meeting Agenda

Date: October 7, 2019

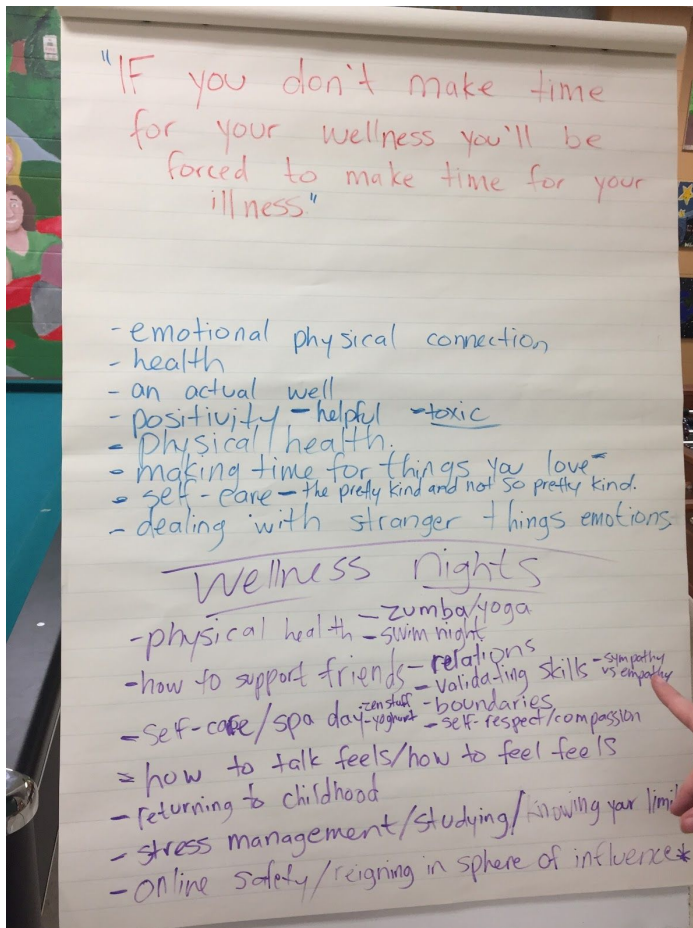
Time: 7-9pm



## Agenda Items

### Topics to cover:

- Welcome
  - Welcome ICC Rep
- Paperwork and Applications
  - Executive Applications due to KW
- T-shirts and hoodies
  - Collection to KW
- Oktoberfest in the 'Burg is this Saturday, we are still looking for one more person from 12-4pm or 2 people to split the shift.
  - LK, LS, JD and AM
- Wellness Night Planning with ICC rep



- Physical Health
  - Zumba & yoga
  - Swimming Night
- how to support Friends
- Self Care / Spa Day
- How to talk feelings and how to feel the feelings
- returning to childhood
- Stress Management
- Online safety/ reigning in sphere of influence\*

- October Event Planning
  - budget confirmation and blue material list for purchase
  - decorations confirmed
- NO MEETING NEXT WEEK

Action Items from Agenda:

1. *LK to create/add John to the sweater list*
2. *LS to print the flyers; morgan to pick them up this Thursday to deliver to YAC members on Friday at WO*
3. *LS & LK to Follow up with BW/ICC*

Status Updates on Action Items: