

FOR QUESTIONS & SUGGESTIONS EMAIL: ALC@COMMUNITYCARECONCEPTS.CA

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>RED: Registration Required BLACK: Drop in Program BLUE: Special Series GREEN: Guest Speaker</p> <p>* : Fees Associated</p>		<p>1. 9:00-9:45 - Free Exercise class by CCC 10:00-10:45- Free Exercise class by CCC 11:00-12:00 - Coffee Club</p> <p>1:00-3:30 - Billiards 1:00-4:00 - Euchre & Crokinole</p>	<p>2. 9:00-12:00 - Coffee Club & Billiards 9:00-12:00 - Scrapbooking Workshop 9:00-12:00 - Creation Circle 11:00 -12:00 - Garden Club</p> <p>1:00-4:00 - Skipbo, King's Corner, & Scrabble 2:00-4:00 - Colouring Club</p>	<p>3.</p> <p>ALC CLOSED - Good Friday</p>
<p>6.</p> <p>ALC CLOSED - Easter Monday</p>	<p>7. 9:00-12:00 - Coffee Club & Billiards 9:00-12:00 - Creation Circle 11:00 -12:00 - Garden Club</p> <p>1:00-2:00 - Learn Together Workshop 2:00-3:00 - Phase 10 & Mancala 3:00-4:00 - Bible Study</p>	<p>8. 9:00-9:45 - Free Exercise class by CCC 10:00-10:45- Free Exercise class by CCC 11:00-12:00 - Coffee Club</p> <p>1:00-3:30 - Billiards 1:00-4:00 - TechKnow</p>	<p>9. 9:00-12:00 - Coffee Club & Billiards 9:00-12:00 - Scrapbooking Workshop 9:00-12:00 - Creation Circle</p> <p>1:00-4:00 - Puzzle Club, Brain Games & Wii Sports! 2:00-4:00 - Colouring Club</p>	<p>10. 9:00-9:45 - Free Exercise class by CCC 10:00-10:45 - Free Exercise class by CCC 11:00-12:00 - Coffee Club</p> <p>1:30-3:30 - Friday Craft: Painted Flower Pots</p>
<p>13. 9:00-9:45 - Free Exercise class by CCC 10:00-10:45- Free Exercise class by CCC 11:00-12:00 - Coffee Club</p> <p>1:00-4:00 - Billiards 1:00-4:00 - Monday Movie & Chat</p>	<p>14 9:00-12:00 - Coffee Club & Billiards 9:00-12:00 - Creation Circle: Doll Making</p> <p>1:00-2:00 - Learn Together Workshop 2:15-3:30 - Music Bingo: Powerhouse Women</p>	<p>15. 9:00-9:45 - Free Exercise class by CCC 10:00-10:45- Free Exercise class by CCC 11:00-12:00 - Coffee Club 12:00-2:00 - Congregate Dining*</p> <p>1:00-3:30 - Billiards 1:30-3:00 - Brain Games</p>	<p>16. 9:00-12:00 - Coffee Club & Billiards 9:00-12:00 - Scrapbooking Workshop 9:00-12:00 - Creation Circle 9:00-12:00 - Birthday Club 11:00-12:00 - Garden Club</p> <p>1:00-2:00 - Book Club Discussion 2:00-4:00 - Colouring Club</p>	<p>17. 9:00-9:45 - Free Exercise class by CCC 10:00-10:45 - Free Exercise class by CCC 11:00-12:00 - Coffee Club</p> <p>1:30-3:30 - Friday Craft: Popsicle Stick Garden Markers</p>
<p>20. 9:00-9:45 - Free Exercise class by CCC 10:00-10:45 - Free Exercise class by CCC 11:00-12:00 - Coffee Club</p> <p>1:00-4:00 - Billiards 1:00-4:00 - Monday Movie & Chat</p>	<p>21. 9:00-12:00 - Coffee Club & Billiards 9:00-12:00 - Creation Circle 11:00-12:00 - Garden Club</p> <p>1:00-2:00 - Learn Together Workshop 2:00-3:00 - Boggle 3:00-4:00 - Bible Study</p>	<p>22. 9:00-9:45 - Free Exercise class by CCC 10:00-10:45 - Free Exercise class by CCC 11:00-12:00 - Coffee Club 11:00-12:00 - Potluck</p> <p>1:00-3:30 - Billiards 1:00 - 4:00 - TechKnow</p>	<p>23. 9:00-12:00 - Coffee Club & Billiards 9:00-12:00 - Scrapbooking Workshop 9:00-12:00 - Creation Circle</p> <p>1:00 - 4:00 - Card & Board Games 2:00 - 4:00 - Colouring Club</p>	<p>24. 9:00-9:45 - Free Exercise class by CCC 10:00-10:45 - Free Exercise class by CCC 11:00-12:00 - Coffee Club</p> <p>1:30-3:30 - Friday Craft: Painted Light Switch Covers</p>
<p>27. 9:00-9:45 - Free Exercise class by CCC 10:00-10:45 - Free Exercise class by CCC 11:00-12:00 - Coffee Club</p> <p>1:00-4:00 - Billiards 1:00-4:00 - Monday Movie & Chat</p>	<p>28. 9:00-12:00 - Coffee Club & Billiards 9:00-12:00 - Creation Circle: Doll Making</p> <p>1:00-2:00 - Learn Together Workshop 2:15-3:30 - Music Bingo: 70s music</p>	<p>29. 9:00-9:45 - Free Exercise class by CCC 10:00-10:45 - Free Exercise class by CCC 11:00-12:00 - Coffee Club 11:00-12:00 - Chris and Natalie from Arnold Hearing 1:00-3:30 - Billiards 1:00-4:00 - Mancala, Chess, & Skipbo</p>	<p>30. 9:00-12:00 - Coffee Club & Billiards 9:00-12:00 - Scrapbooking Workshop 9:00-12:00 - Creation Circle 11:00-12:00 - Garden Club</p> <p>1:00 - 4:00 - Rummikub, Phase 10, & Scrabble 2:00 - 4:00 - Colouring Club</p>	

BILLIARDS/SNOOKER

Drop in throughout the week for billiards or snooker at no charge.

SMART GENTLE EXERCISE CLASS BY CCC - FREE

Community Care Concepts invites you to attend a FREE 45 minute gentle exercise class for seniors, to aid in the daily tasks of stretching, lifting and reaching. **Each class has a capacity of 25 participants on a first come, first served basis.**

COFFEE CLUB

Drop in for coffee, tea, and treats weekday mornings at no charge.

BOOK CLUB DISCUSSION

Join us on April 16th as we discuss *The Wind Will Catch You* by Michelle Theall and receive our next book for May.

CONGREGATE DINING

Please join us on April 15th for a delicious meal of *Romaine Mandarin Orange Salad, Ham, Scalloped Potatoes, Corn, Lemon Dessert, Tea & Coffee*. This lunch will be held the third Wednesday each month and registration is required by noon April 10th, 2026. To sign up, call 519-664-1900 or Toll Free: 1-855-664-1900. **The fee for this meal is \$15.**

CREATION CIRCLE

Calling all creatives! This is time for you to work on your knitting, crocheting, embroidery, or any craft you love. We will also make various items to donate, such as dolls and fleece blankets. No pre-registration required.

GAMES & CARDS

Step right in for exhilarating card and board games – the fun never stops! Beginners and pros are all welcome here.

GARDEN CLUB

Join us alternate Tuesdays and Thursdays for some indoor gardening. Grow micro-greens, herbs, flowers, and other plants that you can enjoy at home.

GUEST SPEAKER

Join us as Chris and Natalie from Arnold Hearing join us to tell us about the importance of hearing health in combination with overall health! No registration is required.

LEARN TOGETHER

This series gives us the opportunity to learn about pieces of history we may be unfamiliar with as well as learn different skills, if desired. If you have a skill or topic you'd like to teach or learn, email us at alc@communitycareconcepts.ca. Topics this month will include "Virtual Tour of the Canadian Museum of History" (April 7), "Alexander the Great" (April 14), "Gladiators in Ancient Rome" (April 21), "Leif Eriksson and other Vikings" (April 28).

MUSIC BINGO

Join us for bi-weekly on Tuesday afternoons as we revisit some old favourites and discover some new songs.

MONDAY MOVIE & CHAT

Come and enjoy a movie with some refreshments among friends new and old! This month's movies are *Beyond Borders* (April 13), *I Spy* (April 20), *The Day After Tomorrow* (April 27).

PUZZLE CLUB

Calling all puzzle enthusiasts! Join us for our social puzzle time as we work through different puzzles together.

SCRAPBOOKING

Come and scrapbook with friends new and old! We have plenty of supplies so bring your scrapbooks and pictures and come here for the rest.

BIRTHDAY CLUB

Join us for this series where we will celebrate all of the birthdays of the month! Come if it's your birthday or to celebrate others! Refreshments will be provided and you are welcome to bring cards or gifts for the birthday individuals if you wish.

COLOURING CLUB

Connect with friends new and old as we relax with adult colouring books. We provide the colouring pages, just bring yourself! No registration required.

TECH-KNOW

Sign up for guidance with your technological troubles! Register in advance in the ALC on the clipboard for a timeslot with a general description of assistance needed.

BIBLE STUDY

Please feel free to join us as we dive deeper into the Word of God as a community every other Tuesday afternoon. All backgrounds are welcome to join; passage is provided!

Wii SPORTS

Have you ever wanted to try your hand at some of the newer video games? Here is the place to give them a try! Feel like a pro athlete with Wii Sports, or try other games that we can discover together.

POTLUCK

Join us on Wednesday, April 22nd as we enjoy great food with one another, potluck style! Please sign up with what dish you are bringing in advance so we can ensure a well-balanced and delicious meal together.

CRAFTS - Please see in-person flyers for examples

PLEASE NOTE: All CCC Crafts require registration in the ALC, through email at alc@communitycareconcepts.ca or over the phone 519-634-9225 ext. 9340#.

Painted Flower Pots- Here we will prepare for spring with some beautifully decorated flower pots!

Popsicle Stick Garden Markers- Join us as we create labels for our garden items with popsicle sticks!

Painted Light Switch Covers- Here we will transform generic light switch covers into whimsical decor for our homes!