DECEMBER ALC 2026

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1 9:00-12:00 Coffee Club and Billiards 9:00-12:00 - Creation Circle 9:00-12:00 - Scrapbooking and Puzzle Club 1:00-2:00 - Learn Together 2:00-3:00 - Story Writing Workshop 3:00-4:00 - Scrabble and Jeapardy	2 9:00-9:45 - Free Exercise class by CCC 10:00-10:45 - Free Exercise class by CCC 11:00-12:00 - Coffee Club 1:00-4:00 - Billiards 1:30-3:30 - Tech Basics and Tech Help	3 9:00-12:00 Coffee Club and Billiards 9:00-12:00 - Creation Circle 9:00-12:00 - Scrapbooking and Puzzle Club 1:00-4:00 - Euchre and Card Games 2:00-4:00 - Scrabble and Jeapardy	4 9:00-9:45 - Free Exercise class by CCC 10:00-10:45 - Free Exercise class by CCC 11:00-12:00 - Coffee Club 1:00-4:00 - Billiards 1:30-3:30 - Craft: Christmas Cards
7 9:00-9:45 - Free Exercise class by CCC 10:00-10:45 - Free Exercise class by CCC 11:00-12:00 - Coffee Club 1:00-4:00 - Billiards 1:00-4:00 - Movie and Chat	8 9:00-12:00 Coffee Club and Billiards 9:00-12:00 -Creation Circle and Garden Club 9:00-12:00 - Scrapbooking and Puzzle Club 1:15-2:30: Music Bingo: Canadian Tunes 2:45-3:45 - Learn Together	9 9:00-9:45 - Free Exercise class by CCC 10:00-10:45 - Free Exercise class by CCC 11:00-12:00 - Coffee Club and Guest Speaker: Dr. Dlugokecki - Chiropractor 1:00-4:00 - Billiards 1:00-3:00 - Show and Share	10 9:00-12:00 Royal Tea Club and Billiards 9:00-12:00 -Creation Circle and Garden Club 9:00-12:00 - Scrapbooking and Puzzle Club 1:00-2:00 - Word Searches, crossword and suduko 2:00-4:00 - Easy Meals for One Part 3	11 9:00-9:45 - Free Exercise class by CCC 10:00-10:45 - Free Exercise class by CCC 11:00-12:00 - Coffee Club 1:30-3:30 - Craft: Step-By-Step Painting with Dundee Doodle
14 9:00-9:45 - Free Exercise class by CCC 10:00-10:45 - Free Exercise class by CCC 11:00-12:00 - Coffee Club 1:00-4:00 - Billiards 1:30-3:30 - Milk Bag Mats	15 9:00-12:00 Coffee Club and Billiards 9:00-12:00 - Creation Circle: Fleece Blanket 9:00-12:00 - Scrapbooking and Puzzle Club 1:00-2:00 -Line Dancing 2:00-3:00 - Learn Together 3:00-4:00 - Scrabble and Jeapardy	**16** 9:00-9:45 - Free Exercise class by CCC 10:00-10:45 - Free Exercise class by CCC 11:00-12:00 - Coffee Club 12:00-2:00 - *Congregate Dining 1:00-4:00 - Billiards 1:30-3:30 - Tech Basics and Tech Help	17 9:00-12:00 Coffee Club and Billiards 9:00-12:00 - Creation Circle 9:00-12:00 - Birthday Club 9:00-12:00 - Scrapbooking and Puzzle Club 1:00-2:00 - Book Club 2:00-4:00 - Scrabble and Boggle	18 9:00-9:45 - Free Exercise class by CCC 10:00-10:45 - Free Exercise class by CCC 11:00-12:00 - Coffee Club Guest Speaker: Winter Birds of Southern Ontario 1:00-4:00 - Billiards 1:30-3:30 - Craft: Paper Snowflakes
21 9:00-9:45 - Free Exercise class by CCC 10:00-10:45 - Free Exercise class by CCC 11:00-12:00 - Coffee Club 1:00-4:00 - Billiards 1:00-4:00 - Movie and Chat	22 9:00-12:00 Coffee Club and Billiards 9:00-12:00 -Creation Circle and Garden Club 9:00-12:00 - Scrapbooking and Puzzle Club 1:15-2:30: Music Bingo: Christmas Carols 2:45-3:45 - Learn Together	23 9:00-9:45 - Free Exercise class by CCC 10:00-10:45 - Free Exercise class by CCC 11:00-1:00 - Christmas Potluck and White Elephant 1:00-4:00 - Billiards 1:30-3:30 - Craft: Pinecone Bird Feeders	24 **ALC CLOSED** **MERRY CHRISTMAS AND HOLIDAY BREAK!!!**	25 **ALC CLOSED** **MERRY CHRISTMAS AND HOLIDAY BREAK!!!**
28 **ALC CLOSED**	29 **ALC CLOSED**	30 **ALC CLOSED**	Due to accessability, the legend in the box to the right, will have changes coming in the New Year	**RED:** Registration Required **BLACK:** Drop in Program **BLUE:** Special Series **GREEN:** Guest Speaker ***** : Fees Associated

DECEMBER ALC 2026

BILLIARDS/SNOOKER
Drop in throughout the week for billiards or snooker at no charge.
SMART GENTLE EXERCISE CLASS BY CCC - FREE
Community Care Concepts invites you to attend a FREE 45 minute gentle exercise class for seniors, to aid in the daily tasks of stretching, lifting and reaching. Each class has a capacity of 25 participants on a first come, first served basis.
COFFEE CLUB
Drop in for coffee, tea, and treats weekday mornings at no charge.
BOOK CLUB DISCUSSION
Join us on Dec. 17th as we discuss The Forgotten Garden by Kate Morton and receive our next book for Jan.
CONGREGATE DINING
Join us on Dec. 16th for a delicious meal of coleslaw, turkey and gravy, cranberry sauce, mashed potatoes, dressing, turnip, cherry cheesecake, tea and coffee! This lunch will be served the third Wednesday of each month going forward and pre-registration is required by noon on Dec. 11th. To sign up call, 519-664-1900 or toll free 1-855-664-1900. The fee for this meal is $15.
CREATION CIRCLE
Calling all creatives! This is time for you to work on your knitting, crocheting, embroidery, or any craft you love. We will also crochet (or knit) various items to donate.
GAMES
Step right in for exhilarating card and board games – the fun never stops! Beginners and pros are all welcome here. Games include: RUMMIKUB, BOGGLE, DUTCH BLITZ, SKIPBO, SCRABBLE, DOMINOES, JEA & CARDS
GARDEN CLUB
Join us alternate Tuesdays and Thursdays for some indoor gardening. Grow microgreens, herbs, flowers, and other plants that you can enjoy at home.
GUEST SPEAKER
Join us on Wednesday, Dec. 9th to hear from Dr. Josh Dlugokeckie about the importance of chiropractics!
Join us Friday, December 18th to learn about winter time birds in Ontario from Waterloo Region Nature!
LEARN TOGETHER
This series gives us the opportunity to learn about pieces of history we may be unfamiliar with as well as learn different skills, if desired. If you have a skill or topic you'd like to teach or learn, please email us! Topics this month will include a four part documentary of Canada's Nature "Canada: A Year in the Wild - Autumn" (December 1st), "Canada: A Year in the Wild - Winter" (December 8th), "Canada: A Year in the Wild - Spring" (December 15th), "Canada: A Year in the Wild - Summer" (December 22nd)
MUSIC BINGO
Join us for bi-weekly on Tuesday afternoons as we revisit some old favourites and discover some new songs. Canadian Tunes (December 8th) and Christmas Carols (December 22nd)
MONDAY MOVIES & CHAT
Join us as we screen a blockbuster film and indulge in delicious popcorn. This months movie features are *Elf* (December 7th) and *White Christmas* (December 21st).
LINE DANCING –New series featuring modified line dancing moves and great music!

PUZZLE CLUB
Calling all puzzle enthusiasts! Join us for our social puzzle time as we work through different puzzles together.
SCRAPBOOKING
Bring your scrapbooks and have a ball scrapbooking with friends new and old! We have plenty of supplies so bring your books and pictures and come here for the rest.
BIRTHDAY CLUB
Join us for this special series where we will celebrate all of the birthdays of the month! Come if its your birthday or to celebrate everyone else's! Treats and coffee will be provided and you are welcome to bring cards or gifts for the birthday individuals if you wish.
COLOURING CLUB
Come and connect with friends new and old as we relax through colouring adult colouring books. We provide the colouring pages, just bring yourself! No registration required.
TECH BASICS AND TECH HELP (PREVIOUSLY TECH KNOW)
Feel free to drop into the ALC to learn different aspects of technology from sending emails to learning the differences between brands!
CRAFTS & MINI CRAFTS– Please see flyer for examples
PLEASE NOTE: All CCC Crafts require registration in the ALC, through email at alc@communitycareconcepts, or over the phone 519-634-9225 ext. 9340#.
Christmas Cards (December 4th)- Join us to create some festive holiday cards with special greetings and messages!
Step by step painting with Dundee Doodle (December 11th) - Join us for a fun afternoon of painting with Jill from Dundee Doodle!
Paper Snowflakes (December 18th)- Join us to make some decorative paper snowflakes to decorate for the winter season!
Pinecone Bird Feeders (December 23rd) - Join us to make little snacks for birds in the winter season. Great for bird watching!
MILK BAG MATS
Join us as we come together to create these milk bag mats that will be donated to help those in need. These mats provide comfort, insulation, and protection for people facing difficult circumstances. Everyone is welcome!
ROYAL TEA CLUB
Join us for some tea and treats for tea club every second Thursday of the month! Dress up and have some fun socializing with tea cups and tea pots!
SHOW AND SHARE
Join us and share about an item or belonging that you are proud of, or makes you happy or that you want to show off!
EASY MEALS FOR ONE
Join us to learn simple, easy meals for one! This month: Pinwheel wraps!
SHORT WORKSHOP
Join us as we create short stories and share together!
Christmas Potluck and White Elephant - Join us for a Christmas potluck and small gift exchange! Feel free to bring a dessert, dish or just yourselves! If you would like to participate in the white elephant gift exchange, the theme is to find the most unique item at a thrift store for $10 or less!

ACTIVE LIVING CENTRE (55+)
519-634-9225 EXT. 9340#
For questions & suggestions email: alc@communitycareconcepts.ca