

# ALC June 2026



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>1. 9:00-9:45 - Free Exercise class by CCC 10:00-10:45- Free Exercise class by CCC 11:00-12:00 - Coffee Club</p> <p>1:00-4:00 - Billiards 1:00-4:00 - Monday Movie &amp; Chat</p>	<p>2. 9:00-12:00 - Coffee Club &amp; Billiards 9:00-12:00 - Creation Circle 9:00-12:00 - Scrapbooking</p> <p>1:00-2:00 - Learn Together Workshop 2:00-4:00 - Rummikub 2:00-4:00 - Lego Building</p>	<p>3. 9:00-9:45 - Free Exercise class by CCC 10:00-10:45- Free Exercise class by CCC 11:00-12:00 - Coffee Club</p> <p>1:00-4:00 - Billiards 1:00-4:00 - <b>TechKnow</b></p>	<p>4. 9:00-12:00 - Coffee Club &amp; Billiards 9:00-12:00 - Creation Circle 11:00-12:00 - Garden Club</p> <p>1:00-4:00 - Boggle &amp; Card Games 2:00-4:00 - Colouring Club</p>	<p>5. 9:00-9:45 - Free Exercise class by CCC 10:00-10:45 - Free Exercise class by CCC 11:00-12:00 - <b>Guest Speaker: Kelly from Health First Dental Hygiene</b></p> <p>1:00-4:00 - Billiards 1:30-3:30 - <b>Unfinished Craft Projects</b></p>
<p>8. 9:00-9:45 - Free Exercise class by CCC 10:00-10:45- Free Exercise class by CCC 11:00-12:00 - Coffee Club</p> <p>1:00-4:00 - Billiards 1:30-3:30 - Monday Movie &amp; Chat</p>	<p>9. 9:00-12:00 - Coffee Club &amp; Billiards 9:00-12:00 - Creation Circle 9:00-12:00 - Scrapbooking 11:00 -12:00 - Garden Club</p> <p>1:00-2:00 - Learn Together Workshop 2:15-3:30 - Music Bingo: Disney</p>	<p>10 9:00-9:45 - Free Exercise class by CCC 10:00-10:45- Free Exercise class by CCC 11:00-12:00 - <b>Guest Speaker: Lacey - Chat it Out Forum Part 1</b></p> <p>1:00-4:00 - Billiards 1:00-3:30 - <b>Craft: Beaded Windchimes</b></p>	<p>11. 9:00-12:00 - Coffee Club &amp; Billiards 9:00-12:00 - Creation Circle:Fleece Blankets</p> <p>1:00-4:00 - Euchre &amp; Crokinole 2:00-4:00 - Colouring Club</p>	<p>12 9:00-9:45 - Free Exercise class by CCC 10:00-10:45 - Free Exercise class by CCC 11:00-12:00 - <b>Guest Speaker: Lacey - Chat it Out Forum Part 2</b></p> <p>1:30-3:30 - <b>Craft: Step-by-Step Painting with Jill</b></p>
<p>15. 9:00-9:45 - Free Exercise class by CCC 10:00-10:45- Free Exercise class by CCC 11:00-12:00 - Coffee Club</p> <p>1:00-4:00 - Billiards 1:00-4:00 - Monday Movie &amp; Chat</p>	<p>16 9:00-12:00 - Coffee Club &amp; Billiards 9:00-12:00 - Creation Circle 9:00-12:00 - Scrapbooking</p> <p>1:00-2:00 - Learn Together Workshop 2:00-3:00 - Jeopardy 3:00-4:00 - Dutch Blitz &amp; Card Games</p>	<p>17. 9:00-9:45 - Free Exercise class by CCC 10:00-10:45- Free Exercise class by CCC 11:00-12:00 - Coffee Club</p> <p>12:00-2:00 - <b>Congregate Dining*</b> 1:00-4:00 - Billiards 1:00-4:00 - <b>TechKnow</b></p>	<p>18. 9:00-12:00 - Coffee Club &amp; Billiards 9:00-12:00 - Creation Circle 9:00-12:00 - <b>Birthday Club</b> 11:00-12:00 - Garden Club</p> <p>1:00-2:00- Book Club Discussion 2:00-4:00 - Chess &amp; Skipbo 2:00-4:00 - Colouring Club</p>	<p>19. 9:00-9:45 - Free Exercise class by CCC 10:00-10:45 - Free Exercise class by CCC 11:00-12:00 - Coffee Club</p> <p>1:00-4:00 - Billiards 1:30-3:30 - <b>The Homemade Home: Pickled Red Onions</b></p>
<p>22. 9:00-9:45 - Free Exercise class by CCC 10:00-10:45 - Free Exercise class by CCC 11:00-12:00 - <b>Potluck</b></p> <p>1:00-4:00 - Billiards 1:00-4:00 - Monday Movie &amp; Chat</p>	<p>23. 9:00-12:00 - Coffee Club &amp; Billiards 9:00-12:00 - Creation Circle 9:00-12:00 - Scrapbooking 11:00 -12:00 - Garden Club</p> <p>1:00-2:00 - Learn Together Workshop 2:15-3:30 - Music Bingo: Boy Bands</p>	<p>24. 9:00-9:45 - Free Exercise class by CCC 10:00-10:45- Free Exercise class by CCC 11:00-12:00 - <b>Guest Speaker: Manshi from ICC</b></p> <p>1:00-4:00 - Billiards 1:00-3:30 - <b>Craft: Doormat Painting Part 1</b></p>	<p>25. 9:00-12:00 - Coffee Club &amp; Billiards 9:00-12:00 - Creation Circle:Fleece Blankets</p> <p>1:00-2:00 - Puzzle Club 2:00-4:00 - Scrabble 2:00-4:00 - Colouring Club</p>	<p>26. 9:00-9:45 - Free Exercise class by CCC 10:00-10:45 - Free Exercise class by CCC 11:00-12:00 - Coffee Club</p> <p>1:30-3:30 - <b>Craft: Doormat Painting Part 2</b></p>
<p>29. 9:00-9:45 - Free Exercise class by CCC 10:00-10:45 - Free Exercise class by CCC 11:00-12:00 - Coffee Club</p> <p>1:00-4:00 - Billiards 1:00-4:00 - Monday Movie &amp; Chat</p>	<p>30. 9:00-12:00 - Coffee Club &amp; Billiards 9:00-12:00 - Creation Circle 9:00-12:00 - Scrapbooking</p> <p>1:00-2:00 - Learn Together Workshop 2:00-4:00 - Wii Sports 2:00-4:00 - Lego Building</p>			<p><b>RED:</b> Registration Required <b>BLACK:</b> Drop in Program <b>BLUE:</b> Special Series <b>GREEN:</b> Guest Speaker <b>*</b> : Fees Associated</p>

**BILLIARDS/SNOOKER**

Drop in throughout the week for billiards or snooker at no charge.

**SMART GENTLE EXERCISE CLASS BY CCC - FREE**

Community Care Concepts invites you to attend a FREE 45 minute gentle exercise class for seniors, to aid in the daily tasks of stretching, lifting and reaching. Each class has a capacity of 25 participants on a first come, first served basis.

**COFFEE CLUB**

Drop in for coffee, tea, and treats weekday mornings at no charge.

**BOOK CLUB DISCUSSION**

Join us on June 18th as we discuss *Orphan Train* by Christina Baker Kline and receive our next book for July.

**CONGREGATE DINING**

Join us on June 18th for a delicious meal of *Bean Salad, Potato Salad, Sausage on a Bun with Sauerkraut, Rhubarb Crisp with Ice Cream, and Tea & Coffee*. This lunch will be held the **third Wednesday each month** going forward, and pre-registration is required by **noon June 12, 2026**. To sign up, call 519-664-1900 or Toll Free: 1-855-664-1900. The fee for this meal is **\$15**.

**CREATION CIRCLE**

Calling all creatives! This is time for you to work on your knitting, crocheting, embroidery, or any craft you love. We will also crochet (or knit) various items to donate.

**RUMMIKUB, BOGGLE, DUTCH BLITZ, SKIPBO, SCRABBLE, DOMINOES & CARDS**

Step right in for exhilarating card and board games – the fun never stops! Beginners and pros are all welcome here.

**GARDEN CLUB**

Join us alternate Tuesdays and Thursdays for some indoor gardening. Grow micro-greens, herbs, flowers, and other plants that you can enjoy at home.

**GUEST SPEAKER**

Join us on Friday, June 5th as we get to hear Kelly from Health First Dental Hygiene

**LEARN TOGETHER**

This series gives us the opportunity to learn about pieces of history we may be unfamiliar with as well as learn different skills, if desired. If you have a skill or topic you'd like to teach or learn, email us at [alc@communitycareconcepts.ca](mailto:alc@communitycareconcepts.ca). Topics this month will include "History of Cartography" (June 2), "Animal Consciousness" (June 9), "Morse Code" (June 16), "Disappearance of Flight 19" (June 23), "The Mary Celeste" (June 30).

**MUSIC BINGO**

Join us for bi-weekly on Tuesday afternoons as we revisit some old favourites and discover some new songs.

**MONDAY MOVIES & CHAT**

Join us as we screen a blockbuster film and indulge in delicious popcorn. This month's movie features are *Spiderman* (June 1), *Maid in Manhattan* (June 8), *Mission Impossible: Fallout* (June 15), *Sherlock Holmes* (June 22), *Night at the Museum* (June 29).

**PUZZLE CLUB**

Calling all puzzle enthusiasts! Join us for our social puzzle time as we work through different puzzles together.

**SCRAPBOOKING**

Bring your scrapbooks and have a ball scrapbooking with friends new and old! We have plenty of supplies so bring your books and pictures and come here for the rest.

**BIRTHDAY CLUB**

Join us for this new special series where we will celebrate all of the birthdays of the month! Come if it's your birthday or to celebrate everyone else's! Treats and coffee will be provided and you are welcome to bring cards or gifts for the birthday individuals if you wish.

**COLOURING CLUB**

Come and connect with friends new and old as we relax through colouring adult colouring books. We provide the colouring pages, just bring yourself! No registration required.

**TECH-KNOW**

Sign up for guidance with your technological troubles! Register in advance in the ALC on the clipboard for timeslot with a general description of assistance needed.

**CRAFTS & MINI CRAFTS- Please see flyer for examples**

**PLEASE NOTE:** All CCC Crafts require registration in the ALC, through email at [alc@communitycareconcepts.ca](mailto:alc@communitycareconcepts.ca), or over the phone 519-634-9225 ext. 9340#.

**Beaded Windchimes** - Here we will redecorate our outdoor space with these new colourful windchimes

**Step-by-Step Painting with Dundee Doodle** - Join us as we get together and paint a new landscape with Jill!

**Doormat Painting** - Come out and paint these doormats for summer!

Please register through email at [alc@communitycareconcepts.ca](mailto:alc@communitycareconcepts.ca), or over the phone 519-634-9225 ext. 9340#.

**THE HOME MADE HOME**

Looking for ways to make things around your house made by you?! Come join us as we DIY practical projects for the house. Learn new skills, create useful handmade items, and add a personal touch to your home. No experience needed! This month we will be making Pickled Red Onions!

**UNFINISHED CRAFT PROJECTS**

Do you have many crafts on the go? Come and join as we take the time to finish some of those! Bring any unfinished projects and we will provide supplies to help you complete these crafts.

