

FOR QUESTIONS & SUGGESTIONS EMAIL: ALC@COMMUNITYCARECONCEPTS.CA

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>2. 9:00-9:45 - Free Exercise class by CCC 10:00-10:45- Free Exercise class by CCC 11:00-12:00 - Coffee Club</p> <p>1:00-4:00 - Billiards 1:00-4:00 - Monday Movie & Chat</p>	<p>3. 9:00-12:00 - Coffee Club & Billiards 9:00-12:00 - Creation Circle</p> <p>1:00-2:00 - Learn Together Workshop 2:15-3:30 - Music Bingo: Vacation Edition</p>	<p>4. 9:00-9:45 - Free Exercise class by CCC 10:00-10:45- Free Exercise class by CCC 11:00-12:00 - Coffee Club</p> <p>1:00-3:30 - Billiards 1:00-4:00 - Euchre & Crokinole</p>	<p>5. 9:00-12:00 - Coffee Club & Billiards 9:00-12:00 - Creation Circle 11:00 -12:00 - Garden Club</p> <p>1:00-4:00 - Phase 10, Scrabble, & Boggle 2:00-4:00 - Colouring Club</p>	<p>6. 9:00-9:45 - Free Exercise class by CCC 10:00-10:45 - Free Exercise class by CCC 11:00-12:00 - Coffee Club</p> <p>1:30-3:30 - Friday Craft: Step-by-step Painting with Jill</p>
<p>9. 9:00-9:45 - Free Exercise class by CCC 10:00-10:45- Free Exercise class by CCC 11:00-12:00 - Coffee Club</p> <p>1:00-4:00 - Billiards 1:00-4:00 - Monday Movie & Chat</p>	<p>10. 9:00-12:00 - Coffee Club & Billiards 9:00-12:00 - Creation Circle 11:00 -12:00 - Garden Club</p> <p>1:00-2:00 - Learn Together Workshop 2:00-3:00 - Rummikub 3:00-4:00 - Bible Study</p>	<p>11. 9:00-9:45 - Free Exercise class by CCC 10:00-10:45- Free Exercise class by CCC 11:00-12:00 - Coffee Club</p> <p>1:00-3:30 - Billiards 1:00-4:00 - TechKnow</p>	<p>12. 9:00-12:00 - Coffee Club & Billiards 9:00-12:00 - Scrapbooking Workshop 9:00-12:00 - Creation Circle</p> <p>1:00-4:00 - Puzzle Club, Brain Games & Wii Sports! 2:00-4:00 - Colouring Club</p>	<p>13. 9:00-9:45 - Free Exercise class by CCC 10:00-10:45 - Free Exercise class by CCC 11:00-12:00 - Coffee Club</p> <p>1:30-3:30 - Friday Craft: Egg Carton Easter Portraits</p>
<p>16. 9:00-9:45 - Free Exercise class by CCC 10:00-10:45- Free Exercise class by CCC 11:00-12:00 - Coffee Club</p> <p>1:00-4:00 - Billiards 1:00-4:00 - Monday Movie & Chat</p>	<p>17. 9:00-12:00 - Coffee Club & Billiards 9:00-12:00 - Creation Circle</p> <p>1:00-2:00 - Learn Together Workshop 2:15-3:30 - Music Bingo: One Hit Wonders</p>	<p>18. 9:00-9:45 - Free Exercise class by CCC 10:00-10:45- Free Exercise class by CCC 11:00-12:00 - Coffee Club 12:00-2:00 - Congregate Dining*</p> <p>1:00-3:30 - Billiards 1:30-3:00 - Euchre, King's Corner, Seven</p>	<p>19. 9:00-12:00 - Coffee Club & Billiards 9:00-12:00 - Scrapbooking Workshop 9:00-12:00 - Creation Circle 9:00-12:00 - Birthday Club</p> <p>11:00-12:00 - Garden Club</p> <p>1:00-2:00 - Book Club Discussion 2:00-4:00 - Colouring Club</p>	<p>20. 9:00-9:45 - Free Exercise class by CCC 10:00-10:45 - Free Exercise class by CCC 11:00-12:00 - Coffee Club</p> <p>1:30-3:30 - Friday Craft: T-shirt Tote Bag</p>
<p>23. 9:00-9:45 - Free Exercise class by CCC 10:00-10:45 - Free Exercise class by CCC 11:00-12:00 - Coffee Club</p> <p>1:00-4:00 - Billiards 1:00-4:00 - Monday Movie & Chat</p>	<p>24. 9:00-12:00 - Coffee Club & Billiards 9:00-12:00 - Creation Circle 11:00-12:00 - Garden Club</p> <p>1:00-2:00 - Learn Together Workshop 2:00-3:00 - Yahtzee 3:00-4:00 - Bible Study</p>	<p>25. 9:00-9:45 - Free Exercise class by CCC 10:00-10:45 - Free Exercise class by CCC 11:00-12:00 - Coffee Club 11:00-12:00 -</p> <p>1:00-3:30 - Billiards 1:00 - 4:00 - TechKnow</p>	<p>26. 9:00-12:00 - Coffee Club & Billiards 9:00-12:00 - Scrapbooking Workshop 9:00-12:00 - Creation Circle</p> <p>1:00 - 4:00 - Card & Board Games 2:00 - 4:00 - Colouring Club</p>	<p>27. 9:00-9:45 - Free Exercise class by CCC 10:00-10:45 - Free Exercise class by CCC 11:00-12:00 - Coffee Club 11:00-12:00 - Ken from Wilmot Seniors Woodworking & Craft Shop</p> <p>1:30-3:30 - Friday Craft: Mini Painted Birdhouses</p>
<p>30. 9:00-9:45 - Free Exercise class by CCC 10:00-10:45 - Free Exercise class by CCC 11:00-12:00 - Coffee Club</p> <p>1:00-4:00 - Billiards 1:00-4:00 - Monday Movie & Chat</p>	<p>31. 9:00-12:00 - Coffee Club & Billiards 9:00-12:00 - Creation Circle</p> <p>1:00-2:00 - Learn Together Workshop 2:15-3:30 - Music Bingo: Variety</p>			<p>RED: Registration Required BLACK: Drop in Program BLUE: Special Series GREEN: Guest Speaker</p> <p>* : Fees Associated</p>

BILLIARDS/SNOOKER

Drop in throughout the week for billiards or snooker at no charge.

SMART GENTLE EXERCISE CLASS BY CCC - FREE

Community Care Concepts invites you to attend a FREE 45 minute gentle exercise class for seniors, to aid in the daily tasks of stretching, lifting and reaching. **Each class has a capacity of 25 participants on a first come, first served basis.**

COFFEE CLUB

Drop in for coffee, tea, and treats weekday mornings at no charge.

BOOK CLUB DISCUSSION

Join us on March 19th as we discuss *The Rosie Project* by Graeme Simsion and receive our next book for April.

CONGREGATE DINING

Please join us on March 18th for a delicious meal of *Caesar Salad, Lasagna, Garlic Bread, Chocolate Brownie with Ice Cream and Chocolate Sauce, Tea & Coffee*. This lunch will be held the third Wednesday each month and registration is required by noon March 13th, 2026. To sign up, call 519-664-1900 or Toll Free: 1-855-664-1900. **The fee for this meal is \$15.**

CREATION CIRCLE

Calling all creatives! This is time for you to work on your knitting, crocheting, embroidery, or any craft you love. We will also crochet (or knit) various items to donate.

GAMES & CARDS

Step right in for exhilarating card and board games – the fun never stops! Beginners and pros are all welcome here.

GARDEN CLUB

Join us alternate Tuesdays and Thursdays for some indoor gardening. Grow micro-greens, herbs, flowers, and other plants that you can enjoy at home.

GUEST SPEAKER

Join us as Ken from Wilmot Seniors Woodworking & Craft Shop joins us and tells us more about the Centre! No registration is required.

LEARN TOGETHER

This series gives us the opportunity to learn about pieces of history we may be unfamiliar with as well as learn different skills, if desired. If you have a skill or topic you'd like to teach or learn, email us at alc@communitycareconcepts.ca. Topics this month will include "The History of Fashion Pt. 5" (March 3), "Interesting Hobbies You May Not Know About" (March 10), "Canada's Role in WW2" (March 17), "The Renaissance Period" (March 24). "The Slave Trade Throughout History" (March 31).

MUSIC BINGO

Join us for bi-weekly on Tuesday afternoons as we revisit some old favourites and discover some new songs.

MONDAY MOVIE & CHAT

Come and enjoy a movie with some refreshments among friends new and old! This month's movies are *9 to 5* (March 2), *The Wizard of Oz* (March 9), *Heart Breakers* (March 16), *Hercules* (March 23), *The Good Night* (March 30).

PUZZLE CLUB

Calling all puzzle enthusiasts! Join us for our social puzzle time as we work through different puzzles together.

SCRAPBOOKING

Come and scrapbook with friends new and old! We have plenty of supplies so bring your scrapbooks and pictures and come here for the rest.

BIRTHDAY CLUB

Join us for this series where we will celebrate all of the birthdays of the month! Come if it's your birthday or to celebrate others! Refreshments will be provided and you are welcome to bring cards or gifts for the birthday individuals if you wish.

COLOURING CLUB

Connect with friends new and old as we relax with adult colouring books. We provide the colouring pages, just bring yourself! No registration required.

TECH-KNOW

Sign up for guidance with your technological troubles! Register in advance in the ALC on the clipboard for a timeslot with a general description of assistance needed.

BIBLE STUDY

Please feel free to join us as we dive deeper into the Word of God as a community every other Tuesday afternoon. All backgrounds are welcome to join; passage is provided!

Wii SPORTS

Have you ever wanted to try your hand at some of the newer video games? Here is the place to give them a try! Feel like a pro athlete with Wii Sports, or try other games that we can discover together.

CRAFTS & MINI CRAFTS– Please see flyer for examples

PLEASE NOTE: All CCC Crafts require registration in the ALC, through email at alc@communitycareconcepts, or over the phone 519-634-9225 ext. 9340#.

Step-by-step Painting with Jill- Have a great time painting a scene with Dundee Doodle's Jill Bossense! She will lead us in a beautiful scene with trees and a mountain range in the distance.

Egg Carton Easter Portraits - Upcycle egg cartons to create cute, festive Easter bunny portraits for you or your loved ones' home!

T-shirt Tote Bags- Here we will transform generic t-shirts into customized tote bags! T-shirts are provided.

Mini Painted Birdhouses - Prepare for spring with these cute, miniature birdhouses/feeders to add extra charm to your home!