

ALC November 2025

FOR QUESTIONS & SUGGESTIONS EMAIL: ALC@COMMUNITYCARECONCEPTS.CA

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3. 9:00-9:45 - Free Exercise class by CCC 10:00-10:45- Free Exercise class by CCC 11:00-12:00 - Coffee Club 1:00-4:00 - Billiards 1:00-4:00 - Monday Movie & Chat	4. 9:00-12:00 - Coffee Club & Billiards 9:00-12:00 - Creation Circle: Fleece Blankets 11:00-12:00 - Garden Club 1:00-2:00 - Learn Together Workshop 2:00-3:00 - Dutch Blitz 3:00-4:00 - Bible Study: Acts	5. 9:00-9:45 - Free Exercise class by CCC 10:00-10:45- Free Exercise class by CCC 11:00-12:00 - Coffee Club 1:00-4:00 - Billiards 1:00-3:30 - TechKnow	6. 9:00-12:00 - Coffee Club & Billiards 9:00-12:00 - Scrapbooking Workshop: Intro to Scrapbooking at the ALC! 9:00-12:00 - Creation Circle 1:00-4:00 - Scrabble & Boggle 2:00-4:00 - Colouring Club	7. 9:00-9:45 - Free Exercise class by CCC 10:00-10:45 - Free Exercise class by CCC 11:00-12:00 - Coffee Club 1:30-3:30 - Friday Craft: Step-by-step Painting with Jill Bossence
10. 9:00-9:45 - Free Exercise class by CCC 10:00-10:45- Free Exercise class by CCC 11:00-12:00 - Coffee Club 1:00-4:00 - Billiards 1:00-4:00 - Monday Movie & Chat	11. 9:00-12:00 - Coffee Club & Billiards 9:00-12:00 - Creation Circle 1:00-2:00 - Learn Together Workshop 2:15-3:30 - Music Bingo: 50s	12. 9:00-9:45 - Free Exercise class by CCC 10:00-10:45- Free Exercise class by CCC 11:00-12:00 - Coffee Club 1:00-3:30 - Billiards 1:00-2:00 - Canva 101: Making Invitations Online	13. 9:00-12:00 - Coffee Club & Billiards 9:00-12:00 - Scrapbooking Workshop: Fall Themed Pages 9:00-12:00 - Creation Circle 11:00 -12:00 - Garden Club 1:00-4:00 - Puzzle Club & Brain Games 2:00-4:00 - Colouring Club	14. 9:00-9:45 - Free Exercise class by CCC 10:00-10:45 - Free Exercise class by CCC 11:00-12:00 - Coffee Club 1:30-3:30 - Friday Craft: Beaded Felt Trinket Bowls
17. 9:00-9:45 - Free Exercise class by CCC 10:00-10:45- Free Exercise class by CCC 11:00-12:00 - Coffee Club 1:00-4:00 - Billiards 1:00-4:00 - Monday Movie & Chat	18. 9:00-12:00 - Coffee Club & Billiards 9:00-12:00 - Creation Circle: Fleece Blankets 11:00 -12:00 - Garden Club 1:00-2:00 - Learn Together Workshop 2:00-3:00 - Yahtzee 3:00-4:00 - Bible Study: Acts	19. ALC Closed - Health Fair Upstairs	20. 9:00-12:00 - Coffee Club & Billiards 9:00-12:00 - Scrapbooking Workshop: Christmas Themed Pages 9:00-12:00 - Creation Circle 9:00-12:00 - Birthday Club 1:00-2:00 - Book Club Discussion 2:00-4:00 - Colouring Club	21. 9:00-9:45 - Free Exercise class by CCC 10:00-10:45 - Free Exercise class by CCC 11:00-12:00 - Coffee Club 1:30-3:30 - Friday Craft: Christmas Card Making
24. 9:00-9:45 - Free Exercise class by CCC 10:00-10:45 - Free Exercise class by CCC 11:00-12:00 - Coffee Club 1:00-4:00 - Billiards 1:00-4:00 - Monday Movie & Chat	25. 9:00-12:00 - Coffee Club & Billiards 9:00-12:00 - Creation Circle 1:00-2:00 - Learn Together Workshop 2:15-3:30 - Music Bingo: One Hit Wonders	26. 9:00-9:45 - Free Exercise class by CCC 10:00-10:45- Free Exercise class by CCC 11:00-12:00 - Coffee Club 1:00-4:00 - Billiards 1:00-3:30 - TechKnow	27. 9:00-12:00 - Coffee Club & Billiards 9:00-12:00 - Scrapbooking Workshop: Fall Themed Pages 9:00-12:00 - Creation Circle 11:00 -12:00 - Garden Club 1:00-4:00 - Cards (Euchre, King's Corner, Etc.) 2:00-4:00 - Colouring Club	28. 9:00-9:45 - Free Exercise class by CCC 10:00-10:45 - Free Exercise class by CCC 11:00-12:00 - Coffee Club 1:30-3:30 - Friday Craft: Pinecone Gnome Ornaments
				RED: Registration Required BLACK: Drop in Program BLUE: Special Series GREEN: Guest Speaker * : Fees Associated

BILLIARDS/SNOOKER

Drop in throughout the week for billiards or snooker at no charge.

SMART GENTLE EXERCISE CLASS BY CCC - FREE

Community Care Concepts invites you to attend a FREE 45 minute gentle exercise class for seniors, to aid in the daily tasks of stretching, lifting and reaching. Each class has a capacity of 25 participants on a first come, first served basis.

COFFEE CLUB

Drop in for coffee, tea, and treats weekday mornings at no charge.

BOOK CLUB DISCUSSION

Join us on November 20th as we discuss *Yellowface* by R.F. Kuang and receive our next book for December.

CONGREGATE DINING

This month's Health Fair will take place on November 19th in place of the Congregate Dining. Pre-registration is required and the meal is to be announced.

CREATION CIRCLE

Calling all creatives! This is time for you to work on your knitting, crocheting, embroidery, or any craft you love. We will also crochet (or knit) various items to donate.

GAMES & CARDS

Step right in for exhilarating card and board games – the fun never stops! Beginners and pros are all welcome here.

GARDEN CLUB

Join us alternate Tuesdays and Thursdays for some indoor gardening. Grow micro-greens, herbs, flowers, and other plants that you can enjoy at home.

GUEST SPEAKER

This month our guest speaker is guest artist Jill Bossence teaching our step-by-step painting class on November 7! Pre-registration is required.

LEARN TOGETHER

This series gives us the opportunity to learn about pieces of history we may be unfamiliar with as well as learn different skills, if desired. If you have a skill or topic you'd like to teach or learn, email us at alc@communitycareconcepts.ca. Topics this month will include "Fun, Little Known History Facts" (November 4), "Canada's Role in WWII" (November 11), "Fashion throughout History Pt. 4" (November 18), "Spies Throughout History" (November 25).

MUSIC BINGO

Join us for bi-weekly on Tuesday afternoons as we revisit some old favourites and discover some new songs.

MONDAY MOVIES & CHAT

Join us as we screen a blockbuster film and indulge in delicious popcorn. This month's movie features are *The Undefeated* (November 3), *28 Days* (November 10), *The Naked Gun 2 1/2* *The Smell of Fear* (November 17), *The Wizard of Oz* (November 24).

PUZZLE CLUB

Calling all puzzle enthusiasts! Join us for our social puzzle time as we work through different puzzles together.

SCRAPBOOKING

Come and scrapbook with friends new and old! We have plenty of supplies so bring your scrapbooks and pictures and come here for the rest.

BIRTHDAY CLUB

Join us for this series where we will celebrate all of the birthdays of the month! Come if it's your birthday or to celebrate others! Refreshments will be provided and you are welcome to bring cards or gifts for the birthday individuals if you wish.

COLOURING CLUB

Connect with friends new and old as we relax with adult colouring books. We provide the colouring pages, just bring yourself! No registration required.

TECH-KNOW

Sign up for guidance with your technological troubles! Register in advance in the ALC on the clipboard for timeslot with a general description of assistance needed.

BIBLE STUDY

Please feel free to join us as we dive deeper into the Word of God as a community every other Tuesday afternoon. All backgrounds are welcome to join; passage is provided!

CANVA 101

This special series is all about learning how to use the online tool Canva! Join us with your laptop or tablet if you prefer (although laptop is best) and learn how to create different designs and projects for your own personal use with others! No registration is required.

CRAFTS & MINI CRAFTS- Please see flyer for examples

PLEASE NOTE: All CCC Crafts require registration in the ALC, through email at alc@communitycareconcepts.ca, or over the phone 519-634-9225 ext. 9340#.

Step by Step Painting with Jill Bossence - Join us as we learn to paint a unique painting with owner of Dundee Doodles, Jill Bossence!

Beaded Felt Trinket Bowls - Come and learn how to use simple craft supplies to make your own little trinket bowls! These would make a great Christmas gift for loved ones.

Christmas Card Making – Create beautiful Christmas cards to share with others as we approach the holiday season.

Pinecone Gnome Ornaments– Turn pinecones into cute little ornaments as we learn to upcycle this natural item into with a fun twist!